

Curriculum Vitae

Prof. Assimina Galli-Tsinopoulou MD, PhD

Date of birth: 24.02.1962

Affiliation: 2nd Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece, AHEPA University General Hospital, Stilponos Kyriakidi 1, 54636 Thessaloniki, Greece

E-mail: agalli@auth.gr gallitsin@gmail.com

Phone: +302310994801, +302310994802

ORCID: 0000-0002-8503-3893

Present position

- Professor in Paediatrics - Paediatric Endocrinology, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece
- Head of 2nd Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece at AHEPA University General Hospital
- Head and Coordinator of the Paediatric Endocrinology & Diabetology Unit, 2nd Department of Paediatrics, Faculty of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece at AHEPA University General Hospital
- ECTS Coordinator of the Erasmus Programme for incoming medical students, School of Medicine, Faculty of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece
- Coordinator of the Postgraduate elective course entitled "Adolescent Medicine"

Discipline

Paediatrics - Paediatric Endocrinology - Paediatric and Adolescent Diabetes

Membership in Scientific Councils

- President of the Paediatric Society of Northern Greece
- Secretary of the Greek Society of Adolescent Medicine
- Secretary of the Greek Society for Research and Treatment of Human Papilloma Virus (HPV)

Membership in Professional and Scientific Societies/Associations

- Medic

- al Association of Thessaloniki
- Paediatric Society of Northern Greece
- Hellenic Paediatric Society
- Hellenic Society for Paediatric and Adolescent Endocrinology
- Hellenic Society for Adolescent Medicine
- Diabetes Association of Northern Greece
- Hellenic Endocrine Society
- Hellenic Diabetes Association
- Hellenic Medical Association for Obesity
- Hellenic Society for Research and Treatment of Human Papilloma Virus
- Greek Society for Developmental and Behavioural Paediatrics and Adolescent Medicine
- Endocrine Society (ENDO)
- European Society for Paediatric Endocrinology (ESPE)
- International Society for Paediatric and Adolescent Diabetes (ISPAD)
- European Childhood Obesity Group (ECOG)

Undergraduate studies

- 1986 Degree in Medicine (MD)
School of Medicine, Faculty of Health Sciences
Aristotle University of Thessaloniki, Greece

Doctorate Diploma, PhD

- 1990 Doctorate Diploma, PhD
Faculty of Medicine, Ludwig Maximilian University of Munich, Germany
Paediatric Endocrinology

Postgraduate training

- Specialty in Paediatrics
- Specialization in Paediatric Endocrinology and Paediatric/Adolescent Diabetes
- Emphasis on Adolescent Medicine
- Specialized Training in Organization and Management of Health Services

Training - Specialization in Paediatric endocrinology

- She was specialized as a postdoctoral researcher from 10.1990 to 06.1991 (9 months) in Paediatric Endocrinology at the Department of Endocrinology and Outpatient Unit of the Paediatric Hospital (*von Haunersches Kinderspital*) of Ludwig Maximilian University Munich, Germany.
- From 01.1994 to 01.1995 (12 months) she was specialized in Diabetology at the Diabetology Centre of the 1st Department of Internal Medicine, School of

- Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece at the AHEPA University General Hospital.
- From 07.2000 to 02.2001 (7 months) she was trained with postgraduate leave as a Consultant in National Health System in Paediatric Endocrinology - Diabetology at the Endocrinology Department of the Paediatric Hospital (*von Haunersches Kinderspital*) of Ludwig Maximilian University Munich, Germany.
 - Total training in Paediatric Endocrinology and Diabetology 2 years and 4 months, 1 year and 4 months abroad and 1 year in Greece.
 - In the framework of the Scientific Cooperation Agreements between the Aristotle University of Thessaloniki, Greece and other European Universities, she visited the Departments of Endocrinology of the Paediatric Clinics of the University of Cologne (Prof. Eckhard Schönau 10.2004-11.2004) and University Leipzig (Prof. Wieland Kiess 12.2009 and 12.2011), Germany.
 - In 2008, as part of her interest in Adolescent Medicine, she attended Intensive Education on Adolescent Health and Adolescent Care at the University of Lausanne (*European Training in Effective Adolescent Care and Health: EuTEACH*), Switzerland in collaboration with the World Health Organization.

Work experience

- She provided her health care services in all stages of professional development without interruption.
- She served as a General Practitioner, Rural Medical Service-Primary Healthy Care, Health Care Facility of Eretria, Larissa, Greece (04.1987-04.1988).
- She provided her health care services for 5 years as a scientific collaborator at the 4th Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece at AHEPA University General Hospital (01.1994-01.1999).
- In January 1999, she started to work as a Consultant for the National Health System at the 4th Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece at AHEPA University General Hospital and she provided her health care services until August 2002 (3 years and 6 months).
- From August 2002 to November 2007 (5 years and 3 months) she served as Lecturer in Paediatrics with emphasis on Paediatric Endocrinology, from November 2007 to February 2014 (6 years and 3 months) as Assistant Professor of Paediatrics-Paediatric Endocrinology and from February 2014 to June 2018 (4 years and 4 months) as Associate Professor of Paediatrics-Paediatric Endocrinology at the 4th Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece at Papageorgiou General Hospital. In February 2018 she was elected Professor of Paediatrics-Paediatric Endocrinology and in June 2018 she took over duties.
- Since September 2019, she is the Head of the 2nd Department of Paediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece at the AHEPA University General Hospital.

Supervision of doctoral dissertations and postgraduate theses

- She is the first supervisor in 9 doctoral dissertations and a member of three-member and seven-member committees of the School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece;
- She participated in 10 diploma theses of the Postgraduate Study Program of the School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece “Medical Research Methodology”; in 7 of them as the first supervisor.
- Within the Postgraduate Program "Care for Diabetes" of the Department of Nursing, School of Health and Welfare Professions, Alexander Technological Educational Institute of Thessaloniki, Greece she participated in 6 diploma theses, in 5 of them as the first supervisor.

Research project

Her research interests focus on Paediatric Endocrinology and especially on the study of growth hormone, hyperinsulinaemia, obesity and diabetes. Her research work consists of the preparation of her doctoral dissertation, her participation in a research program on the growth hormone receptor, her participation in the International Clinical Study KIGS, her participation in the clinical study Inflammatory Bowel Disease and Growth Hormone Therapy. She has participated in 3 European Multicentre Research Programs (1 for the genetics of type 1 diabetes, 1 for Obesity Genetics, 1 for the influence of forest in health - Forest, Trees, and Human Health and Well Being, COST E39, supported by the EU Framework Program 2006). She is scientifically responsible for research programs managed by the Research Program of the Special Account for Research Funds (S.A.R.F.) of Aristotle University of Thessaloniki, Greece. She was scientifically responsible for the program entitled "Integrated System of Health Promotion Actions of the Municipality of Ampelokipi-Menemeni for the fight against obesity and eating disorders in adolescents", which is part of the Operational Program for Human Development 2007 of the European Union (Completion of project 2015).

Clinical Trials Participation

NovoNordisk NN9924-4437: “Efficacy and safety of oral semaglutide versus placebo both in combination with metformin and/or basal insulin in children and adolescents with type 2 diabetes- PIONEER TEENS” . Principal Investigator: Assimina Galli-Tsinopoulou, Sub-investigator: Eleni P Kotanidou

Author work

She has participated in many International and Greek conferences with one or more lectures or presentations of scientific works, which were published as abstracts in International and Greek journals.

Her published works are classified as follows:

- 1 Doctoral dissertation
- 89 publications - full papers in foreign language journals (87 indexed in pubmed)
<https://pubmed.ncbi.nlm.nih.gov/?term=a+galli-tsinopoulou>
- 44 publications - full papers in Greek journals
- 14 publications - full papers in volumes of proceedings of Greek conferences
- 32 chapters in books

Her work has gained international recognition, as there are a total of 1115 citations in Citations Scopus. The H-index in Scopus is 21. The full papers published in international journals have been conducted entirely at the Aristotle University of Thessaloniki, Greece and the citations do not refer to multicentre studies or self-citations.

Awards-Distinctions

To date she has been awarded 20 awards (19 Greek and 1 international), 1 prize and 1 commendation for scientific work. Among the awards, the Athens Academy Award (2003, Natural Sciences) is remarkable.