

Curriculum Vitae

Konstantinos Tziomalos, MSc, MD, PhD

Date of birth: 23/5/1974

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Academic degrees

5/2007	Doctor of Philosophy on “Endothelial dysfunction in patients with cardiovascular diseases – the role of nitric oxide”. Medical School of the Aristotle University of Thessaloniki, Greece. Supported by a scholarship from the State Scholarships Foundation. Grade: Excellent.
2003	Postgraduate Diploma [Master of Science] in “Medical Investigational Technology”. Program of Postgraduate Studies of the Medical School of the Aristotle University of Thessaloniki, Greece. Grade: Excellent.
1998	Medical Degree, Medical School, Aristotle University of Thessaloniki, Greece. Grade: 8.78 / 10 (excellent).

Professional experience

9/2014	Visiting Academic at the Department of Clinical Biochemistry (Vascular Prevention Clinic), Royal Free Campus, University College London Medical School, University College London (UCL), London, United Kingdom. Funded by the Life Long Learning Programme, Erasmus Staff Training.
4/2014-today	Assistant Professor in Internal Medicine at the 1 st Propedeutic Department of Internal Medicine, Medical School, Aristotle University of Thessaloniki, AHEPA Hospital, Thessaloniki, Greece.
6/2010-4/2014	Lecturer in Internal Medicine at the 1 st Propedeutic Department of Internal Medicine, Medical School, Aristotle University of Thessaloniki, AHEPA Hospital, Thessaloniki, Greece.
6/2013	Visiting Academic at the Stroke and Dementia Research Centre, St George's Hospital, St George's University of London, London, United Kingdom. Funded by the Life Long Learning Programme, Erasmus Staff Training.
4/2012	Visiting Academic at the Department of Neurology, University of Zürich, Zürich, Switzerland. Funded by the Life Long Learning Programme, Erasmus Staff Training.
8/2011	Visiting Academic at the Department of Clinical Pharmacology, St. Thomas' Hospital, King's College, London, United Kingdom. Funded by the Life Long Training Programme, Erasmus Staff Training.

8/2009-6/2010	Consultant in Internal Medicine at the 1 st Propedeutic Department of Internal Medicine, Medical School, Aristotle University of Thessaloniki, AHEPA Hospital, Thessaloniki, Greece.
8/2008-7/2009	Honorary Clinical Research Fellow at the Department of Clinical Biochemistry (Vascular Prevention Clinic), Royal Free Campus, University College London Medical School, University College London (UCL), London, United Kingdom. Supported by a grant from the Hellenic Atherosclerosis Society.
9/2007-7/2008	Post-doctorate research fellow at the Stem Cell Institute and Cardiovascular Research Laboratory, Division of Cardiology, Miller School of Medicine, University of Miami, USA. Supported by a grant from the Hellenic Antihypertensive Society.
4/2007-8/2007	Honorary Clinical Research Fellow at the Department of Clinical Biochemistry (Vascular Prevention Clinic), Royal Free Campus, University College London Medical School, University College London (UCL), London, United Kingdom. Supported by a grant from the Hellenic Atherosclerosis Society.
10/2001-7/2006	Resident in Internal Medicine at the 2 nd Propedeutic Department of Internal Medicine, Aristotle University, Hippokration Hospital, Thessaloniki, Greece.
4/2000-7/2001	Physician in the Hellenic Armed Forces Medical Corps.
12/1998-12/1999	Physician at the District Practice of Emmanuel Pappas, Serres, Greece.
9/1998-11/1998	Resident in Internal Medicine at the General Hospital of Serres, Greece.

Professional affiliations

- General Medical Council

Membership in Learned Societies

International Societies

- European Atherosclerosis Society

Hellenic Societies

- Hellenic Atherosclerosis Society (member of the Working Group on Hypertension (2007-2009), member of the Administrative Council (2010-2012), Special Secretary (2012-2016), General Secretary since 2016)
- Hellenic Society of Medical Education (member of the Administrative Council (2013-2015), Treasurer since 2015)
- Society of Internal Medicine of Northern Greece (Coordinator of the Working Group on Metabolism, Lipids and Atherosclerosis since 2010)
- Hellenic Society of Hypertension
- Hellenic Endocrine Society
- Hellenic Society of Basic and Clinical Pharmacology

Membership in Editorial Boards

International Journals

- 1) Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy (Associate Editor since 2018)
- 2) BMC Public Health (Associate Editor since 2010)
- 3) Frontiers in Cardiovascular Medicine (Associate Editor for Atherosclerosis and Vascular Medicine since 2017)
- 4) Frontiers in Endocrinology (Associate Editor for Obesity since 2019)
- 5) Frontiers in Nutrition (Associate Editor for Obesity since 2019)
- 6) Frontiers in Public Health (Associate Editor for Obesity since 2019)
- 7) Vascular Health and Risk Management (Associate Editor since 2016)
- 8) Current Hypertension Reviews (Associate Editor since 2016)
- 9) Integrated Blood Pressure Control (Associate Editor since 2017)
- 10) Cardiovascular Continuum (Section Editor for Stroke since 2013)
- 11) Diabetes Therapy
- 12) Hippokratia
- 13) Cardiology Research
- 14) World Journal of Diabetes
- 15) American Journal of Clinical and Experimental Obstetrics and Gynecology
- 16) Clinical Medicine Insights: Therapeutics
- 17) Diabetes & Obesity International Journal (Associate Editor since 2016)
- 18) Edorium Journal of Endocrinology
- 19) Hellenic Journal of Atherosclerosis (Section Editor for Stroke Prevention since 2016)
- 20) International Journal of Medicine and Medical Sciences
- 21) Journal of Clinical Research Letters
- 22) Journal of Translational Internal Medicine
- 23) Open Journal of Nephrology
- 24) Research in Endocrinology
- 25) Signpost Open Access Journal of Pathobiology and Toxicology
- 26) The Open Cancer Journal
- 27) The Open Diabetes Journal
- 28) The Open Hypertension Journal
- 29) The Open Pharmacology Journal
- 30) The Open Drug Safety Journal

Hellenic Journal

- 1) Aristotle University Medical Journal
- 2) Hellenic Diabetological Chronicle
- 3) Fitness and Nutrition (Associate Editor since 1/1/2017)

Foreign languages

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| English: | Fluently (Proficiency of Cambridge). |
| French: | Very well (Certificat degree). |

Scholarships / Awards

1. Plaudit for excellence in research (for the total impact factor of publications during 2017) from the Dean of the School of Health Sciences of the Aristotle University of Thessaloniki. May 2018.
2. Plaudit for excellence in research (for the first prize in national and international congresses during 2017) from the Dean of the School of Health Sciences of the Aristotle University of Thessaloniki. May 2018.
3. Plaudit for the presentation titled “Familial hypercholesterolemia and cardiovascular disease: preliminary data from the HELLAS-FH registry» presented at the 8th Hellenic Congress of the Institute for the Study Research and Education on Diabetes Mellitus and Metabolic Diseases. Athens. March 2018.
4. Plaudit for the oral presentation titled “Cardiovascular profile and treatment of patients with familial hypercholesterolemia: preliminary findings from the HELLAS-FH registry”, presented in the 7th Congress of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2017.
5. Plaudit for the oral presentation titled “Diabetes mellitus is not associated with the incidence or outcome of pneumonia in patients with acute ischemic stroke”, presented in the 31st Hellenic Congress of the Hellenic Society for the Study and Education of Diabetes Mellitus, held in Thessaloniki, Greece, on November 2017.
6. Plaudit for excellence in research (for the total impact factor of publications during 2016) from the Dean of the School of Health Sciences of the Aristotle University of Thessaloniki. March 2017.
7. Plaudit for excellence in research (for the total number of publications in peer-reviewed journals during 2016) from the Dean of the School of Health Sciences of the Aristotle University of Thessaloniki. March 2017.
8. Plaudit for the most important distinctions of the faculty of the Aristotle University of Thessaloniki from the Rector of the Aristotle University of Thessaloniki. January 2016.
9. Plaudit for excellence in research from the Dean of the School of Health Sciences of the Aristotle University of Thessaloniki. November 2015.
10. Plaudit for the oral presentation entitled “Acute and long-term effects of continuous positive airway pressure treatment on daytime and nighttime urinary albumin excretion in hypertensive patients with obstructive sleep apnoea syndrome”, presented in the 29th Northern Hellenic Medical Congress, held in Thessaloniki, Greece. March 2014.
11. Plaudit for the oral presentation entitled “Association between blood pressure at admission and stroke severity and outcome”, presented in the 5th Greek National Stroke Conference, held in Thessaloniki, Greece. March 2013.
12. “D. Ikkos” award for the paper entitled “Insulin resistance and endocrine characteristics of the different phenotypes of the polycystic ovary syndrome: a prospective study”. 39th Hellenic Congress of Endocrinology and Metabolism. Athens, Greece. April 2012.
13. Plaudit for the poster entitled “Safety and impact on cardiovascular events of long-term statin treatment in patients with coronary heart disease and abnormal liver tests: a *post hoc* analysis of the GREACE Study”, presented in the 2nd Hellenic Congress on Atherosclerosis, held in Ioannina, Greece. October 2010.

14. Plaudit for the oral presentation entitled “The effects of buflomedil on peripheral microangiopathy in patients with type 2 diabetes mellitus and without overt micro- or macroangiopathy”, presented in the 23rd Congress of the Diabetologic Society of Northern Greece, held in Thessaloniki, Greece. November 2009.
15. Grant from the Hellenic Atherosclerosis Society for training as a Clinical Research Fellow at the Department of Clinical Biochemistry (Vascular Prevention Clinic), Royal Free Campus, University College London Medical School, University College London (UCL), London, United Kingdom. December 2008.
16. Grant from the Hellenic Antihypertensive Society for training as a post-doctorate research fellow at the Stem Cell Institute and Cardiovascular Research Laboratory, Division of Cardiology, Miller School of Medicine, University of Miami, USA. January 2007.
17. Grant from the Hellenic Atherosclerosis Society for training as a Clinical Research Fellow at the Department of Clinical Biochemistry (Vascular Prevention Clinic), Royal Free Campus, University College London Medical School, University College London (UCL), London, United Kingdom. December 2006.
18. Plaudit for the poster entitled “Correlation between the type and degree of alcohol consumption and the incidence of metabolic syndrome, diabetes mellitus, coronary heart disease, stroke, and peripheral artery disease in men and women”, presented in the 2nd Hellenic Congress on Atherosclerosis, held in Athens, Greece. November 2006.
19. 1st Price for the oral presentation entitled “Lipid-transfer proteins in obese women during weight loss and their effects on HDL cholesterol subfractions”, presented in the 6th Hellenic Congress on Obesity, held in Thessaloniki, Greece. September 2006.
20. 2nd Price for the oral presentation entitled “Refractory ascites in a patient with haemosiderosis and dyserythropoietic anemia”, presented in Current topics on Gastroenterology, held in Thessaloniki, Greece. January 2005.
21. Grant from the European Society of Hypertension as a young investigator for the poster “Evaluation of inter-arm differences in blood pressure”, presented in the 14th European Meeting on Hypertension, held in Paris, France. June 2004.
22. Scholarship from the Hellenic Institution of National Scholarships for excellent scholarly achievements in the Master of Science in “Medical Investigational Technology” from the Program of Postgraduate Studies of the Medical School of the Aristotle University of Thessaloniki, Greece. 2002-2003.
23. Four consecutive annual scholarships from the Institution of Labor for excellent scholarly achievements at the 3rd, 4th, 5th and 6th year of studies in Medical School. 1995-1998.
24. Four consecutive annual scholarships from the State Scholarships Foundation for excellent scholarly achievements at the 2nd, 3rd, 4th and 5th year of studies in Medical School. 1994-1997.
25. Six consecutive annual scholarships from the Hellenic Sugar Industry for excellent scholarly achievements at the 1st, 2nd, 3rd, 4th, 5th and 6th year of studies in Medical School. 1993-1998.

Publication in journals indexed in PubMed

1. Polychronopoulos G, **Tziomalos K**. What special considerations must be made for the pharmacotherapeutic management of heterozygous familial hypercholesterolemia? *Expert Opin Pharmacother.* 2019 Apr 1:1-6 [Epub ahead of print].
2. **Tziomalos K**. Nonalcoholic Fatty Liver Disease: Current Concepts. *Curr Pharm Des.* 2018;24(38):4564-4565.
3. Bouziana S, **Tziomalos K**, Goulas A, Vyzantiadis TA, Papadopoulou M, Panderi A, Hatzitolios AI. Effects of major adipokines and the -420 C>G resistin gene polymorphism on the long-term outcome of patients with acute ischemic stroke. *Int J Neurosci.* 2019 Mar 18:1-12 [Epub ahead of print].
4. Dinas K, Vavoulidis E, Pratilas GC, Basonidis A, Liberis A, Zepiridis L, Sotiriadis A, Papaevangelou D, Stathopoulou A, Leimoni E, Pantazis K, **Tziomalos K**, Aletras V, Tsiotras G. Greek gynecology healthcare professionals towards quality management systems. *Int J Health Care Qual Assur.* 2019 Feb 11;32(1):164-175.
5. Papagiannis A, Alkagiet S, **Tziomalos K**. The role of mineralocorticoid receptor antagonists in the management of heart failure with preserved ejection fraction. *Curr Pharm Des.* 2019 Feb 19 [Epub ahead of print].
6. Kefala G, **Tziomalos K**. Apoptosis signal-regulating kinase-1 as a therapeutic target in nonalcoholic fatty liver disease. *Expert Rev Gastroenterol Hepatol.* 2019 Mar;13(3):189-191.
7. Milonas D, **Tziomalos K**. Experimental therapies targeting apolipoprotein C-III for the treatment of hyperlipidemia – spotlight on volanesorsen. *Expert Opin Investig Drugs.* 2019 Apr;28(4):389-394.
8. Milonas D, Didangelos T, Hatzitolios AI, **Tziomalos K**. Incretin-based antihyperglycemic agents for the management of acute ischemic stroke in patients with diabetes mellitus: a review. *Diabetes Ther.* 2019 Apr;10(2):429-435.
9. Stogiannou D, Protopapas A, Protopapas A, **Tziomalos K**. Is propofol the optimal sedative in gastrointestinal endoscopy? *Acta Gastroenterol Belg.* 2018 Oct-Dec;81(4):520-524.
10. Neokosmidis G, **Tziomalos K**. The role of cenicriviroc in the management of nonalcoholic fatty liver disease. *World J Gastroenterol.* 2018 Dec 28;24(48):5415-5417.
11. **Tziomalos K**, Neokosmidis G, Mavromatidis G, Dinas K. Novel insights in the prevention of perinatal transmission of hepatitis B. *World J Hepatol.* 2018 Nov 27;10(11):795-798.
12. Siskos D, **Tziomalos K**. The role of statins in the management of patients undergoing coronary artery bypass grafting. *Diseases.* 2018 Nov 11;6(4). pii: E102.
13. EAS Familial Hypercholesterolaemia Studies Collaboration; EAS Familial Hypercholesterolaemia Studies Collaboration (FHSC) Investigators. Overview of the current status of familial hypercholesterolaemia care in over 60 countries - The EAS Familial Hypercholesterolaemia Studies Collaboration (FHSC). *Atherosclerosis.* 2018 Oct;277:234-255.
14. Rizos CV, Elisaf MS, Skoumas I, **Tziomalos K**, Kotsis V, Rallidis L, Garoufi A, Athyros VG, Skalidis E, Kolovou G, Koutagiar I, Papagianni M, Antza C,

- Katsiki N, Ganotakis E, Liberopoulos EN. Characteristics and management of 1093 patients with clinical diagnosis of familial hypercholesterolemia in Greece: Data from the Hellenic Familial Hypercholesterolemia Registry (HELLAS-FH). *Atherosclerosis*. 2018 Oct;277:308-313.
15. Chatzopoulos G, **Tziomalos K**. The challenge of gender-specific pharmacotherapy for stroke prevention and treatment. *Expert Opin Pharmacother*. 2018 Dec;19(17):1849-1851.
 16. Papagianni M, **Tziomalos K**. Nonalcoholic fatty liver disease in patients with HIV infection. *AIDS Rev*. 2018;20(3):171-173.
 17. Valanikas E, Dinas K, **Tziomalos K**. Cancer prevention in patients with human immunodeficiency virus infection. *World J Clin Oncol*. 2018 Sep 14;9(5):71-73.
 18. Stournaras E, Neokosmidis G, Stogiannou D, Protopapas A, **Tziomalos K**. Effects of antiviral treatment on the risk of hepatocellular cancer in patients with chronic viral hepatitis. *Eur J Gastroenterol Hepatol*. 2018 Nov;30(11):1277-1282.
 19. Mantsiou C, **Tziomalos K**. Strategies to achieve low-density lipoprotein cholesterol targets in high-risk patients. *Curr Med Res Opin*. 2018 Oct;34(10):1713-1715.
 20. Alkagiet S, Papagiannis A, **Tziomalos K**. Associations between nonalcoholic fatty liver disease and ischemic stroke. *World J Hepatol*. 2018 Jul 27;10(7):474-478.
 21. Papagianni M, **Tziomalos K**. Obesity in patients with HIV infection: epidemiology, consequences and treatment options. *Expert Rev Endocrinol Metab*. 2016 Sep;11(5):395-402.
 22. Papagianni M, **Tziomalos K**. Effects of obesity on the outcome of pneumonia. *Expert Rev Endocrinol Metab*. 2017 Sep;12(5):315-320.
 23. Charalampidou S, Simitsopoulou M, Skoura L, **Tziomalos K**, Koulourida V, Goulis DG. Soluble receptor for advanced glycation end products in male infertility. *Hippokratia*. 2017 Jan-Mar;21(1):19-24.
 24. Papagianni M, Metallidis S, **Tziomalos K**. Novel insights in the management of dyslipidemia in patients with HIV infection. *Current Pharmacology Reports* 2018;4:112-119.
 25. Papagianni M, **Tziomalos K**, Kostaki S, Angelopoulou SM, Christou K, Bouziana SD, Vergou M, Didangelos T, Savopoulos C, Hatzitolios AI. Treatment with mannitol is associated with increased risk for in-hospital mortality in patients with acute ischemic stroke and cerebral edema. *Am J Cardiovasc Drugs*. 2018 Oct;18(5):397-403.
 26. **Tziomalos K**, Sofogianni A, Angelopoulou SM, Christou K, Kostaki S, Papagianni M, Satsoglou S, Spanou M, Savopoulos C, Hatzitolios AI. Left ventricular hypertrophy assessed by electrocardiogram is associated with more severe stroke and with higher in-hospital mortality in patients with acute ischemic stroke. *Atherosclerosis*. 2018 May 17;274:206-211.
 27. Alkagiet S, **Tziomalos K**. Should all hypertensive patients be screened for primary aldosteronism? *Curr Hypertens Rev*. 2019;15(1):54-56.
 28. Didangelos T, Moralidis E, Karlafti E, **Tziomalos K**, Margaritidis C, Kontoninas Z, Stergiou I, Boulbou M, Papagianni M, Papanastasiou E, Hatzitolios AI. A Comparative Assessment of Cardiovascular Autonomic Reflex Testing and Cardiac (123)I-Metaiodobenzylguanidine Imaging in

- Patients with Type 1 Diabetes Mellitus without Complications or Cardiovascular Risk Factors. *Int J Endocrinol.* 2018 Mar 12;2018:5607208.
29. Didangelos T, Koliakos G, Kouzi K, Arsos G, Kotzampassi K, **Tziomalos K**, Karamanos D, Hatzitolios AI. Accelerated healing of a diabetic foot ulcer using autologous stromal vascular fraction suspended in platelet-rich plasma. *Regen Med.* 2018 Apr;13(3):277-281.
 30. Satsoglou S, **Tziomalos K**. Fixed-dose combinations: a valuable tool to improve adherence to antihypertensive treatment. *J Clin Hypertens (Greenwich).* 2018 May;20(5):908-909.
 31. **Tziomalos K**, Dinas K. Obesity and outcome of assisted reproduction in patients with polycystic ovary syndrome. *Front Endocrinol (Lausanne).* 2018 Apr 4;9:149.
 32. Papagianni M, Metallidis S, **Tziomalos K**. Herpes Zoster and Diabetes Mellitus: A Review. *Diabetes Ther.* 2018 Apr;9(2):545-550.
 33. Lazaridou S, Dinas K, **Tziomalos K**. Prevalence, pathogenesis and management of prediabetes and type 2 diabetes mellitus in patients with polycystic ovary syndrome. *Hormones (Athens).* 2017 Oct;16(4):373-380.
 34. Milonas D, **Tziomalos K**. Sodium-glucose cotransporter 2 inhibitors and ischemic stroke. *Cardiovasc Hematol Disord Drug Targets.* 2018;18(2):134-138.
 35. Papagianni M, **Tziomalos K**. Non-alcoholic fatty liver disease: an emerging predictor of stroke risk, severity and outcome. *Eur J Neurol.* 2018 Apr;25(4):610-611.
 36. Sofogianni A, Alkagiet S, **Tziomalos K**. Lipoprotein-associated phospholipase A2 and coronary heart disease. *Curr Pharm Des.* 2018;24(3):291-296.
 37. Rizos CV, Athyros V, Bilianou E, Chrousos G, Garoufi A, Kolovou G, Kotsis V, Rallidis L, Skalidis E, Skoumas I, **Tziomalos K**, Liberopoulos EN. An insight into familial hypercholesterolemia in Greece: rationale and design of the Hellenic Familial Hypercholesterolemia Registry (HELLAS-FH). *Hormones (Athens).* 2017 Jul;16(3):306-312.
 38. Bouziana SD, **Tziomalos K**, Goulas A, Vyzantiadis TA, Panderi A, Hatzitolios AI. Major adipokines and the -420 C>G resistin gene polymorphism as predictors of acute ischemic stroke severity and in-hospital outcome. *J Stroke Cerebrovasc Dis.* 2018 Apr;27(4):963-970.
 39. Papagianni M, **Tziomalos K**. Healthcare reform in China: challenges and opportunities. *Curr Med Res Opin.* 2018 May;34(5):821-823.
 40. Polychronopoulos G, **Tziomalos K**. Novel treatment options for the management of heterozygous familial hypercholesterolemia. *Expert Rev Clin Pharmacol.* 2017 Dec;10(12):1375-1381.
 41. **Tziomalos K**, Georgaraki M, Bouziana SD, Spanou M, Kostaki S, Angelopoulou S, Papadopoulou M, Christou K, Savopoulos C, Hatzitolios AI. Impaired kidney function evaluated with the Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) equation is associated with more severe acute ischemic stroke. *Vasc Med.* 2017 Oct;22(5):432-434.
 42. Avgerinos K, **Tziomalos K**. Effects of glucose-lowering agents on ischemic stroke. *World J Diabetes.* 2017 Jun 15;8(6):270-277.
 43. Macut D, Božić-Antić I, Bjekić-Macut J, **Tziomalos K**. MANAGEMENT OF ENDOCRINE DISEASE: Polycystic ovary syndrome and nonalcoholic fatty liver disease. *Eur J Endocrinol.* 2017 Sep;177(3):R145-R158.

44. Boutari C, Lefkos P, Athyros VG, Karagiannis A, **Tziomalos K.** Nonalcoholic fatty liver disease vs. nonalcoholic steatohepatitis: pathological and clinical implications. *Curr Vasc Pharmacol.* 2018;16(3):214-218.
45. Kolanis S, Pilavakis M, Sofogianni A, **Tziomalos K.** Is there a role for continuous positive airway pressure treatment in the management of obstructive sleep apnea-related hypertension? *Curr Hypertens Rev.* 2017;13(2):89-92.
46. Imprailos KP, Stavropoulos K, Doumas M, **Tziomalos K.**, Karagiannis A, Athyros VG. Sexual dysfunction, cardiovascular risk and effects of pharmacotherapy. *Curr Vasc Pharmacol.* 2018 Jan 26;16(2):130-142.
47. Athyros VG, Alexandrides TK, Bilianou H, Cholongitas E, Doumas M, Ganotakis ES, Goudevenos J, Elisaf MS, Germanidis G, Giouleme O, Karagiannis A, Karvounis C, Katsiki N, Kotsis V, Kountouras J, Liberopoulos E, Pitsavos C, Polyzos S, Rallidis LS, Richter D, Tsapras AG, Tselepis AD, Tsiofis K, **Tziomalos K.**, Tzotzas T, Vasiliadis TG, Vlachopoulos C, Mikhailidis DP, Mantzoros C. The use of statins alone, or in combination with pioglitazone and other drugs, for the treatment of non-alcoholic fatty liver disease/non-alcoholic steatohepatitis and related cardiovascular risk. An Expert Panel Statement. *Metabolism.* 2017 Jun;71:17-32.
48. **Tziomalos K.**, Giampatzis V, Bouziana SD, Spanou M, Kostaki S, Papadopoulou M, Angelopoulou S, Margariti E, Savopoulos C, Hatzitolios AI. Effect of antihypertensive treatment on the long-term outcome of patients discharged after acute ischemic stroke. *Clin Exp Hypertens.* 2017;39(3):246-250.
49. Alkagiet S, **Tziomalos K.**. Vascular calcification: the role of microRNAs. *Biomol Concepts.* 2017 May 24;8(2):119-123.
50. Panagiotou G, Komninou D, Anagnostis P, Linardos G, Karoglou E, Somali M, Duntas L, Kita M, **Tziomalos K.**, Pazaitou-Panayiotou K. Association between lifestyle and anthropometric parameters and thyroid nodule features. *Endocrine.* 2017 Jun;56(3):560-567.
51. Didangelos T, **Tziomalos K.**, Margaritidis C, Kontoninas Z, Stergiou I, Tsotoulidis S, Karlafti E, Mourouglakis A, Hatzitolios AI. Efficacy of administration of an angiotensin converting enzyme inhibitor for two years on autonomic and peripheral neuropathy in patients with diabetes mellitus. *J Diabetes Res.* 2017;2017:6719239.
52. Karras SN, Persynaki A, Petroczi A, Barkans E, Mulrooney H, Kypraiou M, Tzotzas T, **Tziomalos K.**, Kotsa K, Tsiodudas AA, Pichard C, Naughton DP. Health benefits and consequences of the Eastern Orthodox fasting in monks of Mount Athos: a cross-sectional study. *Eur J Clin Nutr.* 2017 Jun;71(6):743-749.
53. Milonas D, **Tziomalos K.**. Blood pressure variability: does it predict the outcome of acute ischemic stroke? *Am J Hypertens.* 2017 May 1;30(5):476-477.
54. **Tziomalos K.**. The role of proprotein convertase subtilisin-kexin type 9 inhibitors in the management of dyslipidemia. *Curr Pharm Des.* 2017;23(10):1495-1499.
55. Ioannidou E, Tseriotis VS, **Tziomalos K.**. Role of lipid-lowering agents in the management of diabetic retinopathy. *World J Diabetes.* 2017 Jan 15;8(1):1-6.
56. Hassapidou M, Tzotzas T, Makri E, Pagkalos I, Kaklamanos I, Kapantais E, Abrahamian A, Polymeris A, **Tziomalos K.** Prevalence and geographic

- variation of abdominal obesity in 7- and 9-year-old children in Greece; World Health Organization Childhood Obesity Surveillance Initiative 2010. *BMC Public Health.* 2017 Jan 28;17(1):126.
57. Athyros VG, **Tziomalos K**, Doumas M, Sfikas G, Karagiannis A. The effect of proprotein convertase subtilisin-kexin type 9 and its inhibition on glucose metabolism and cardiovascular risk. We should do better the second time after statins. *Curr Pharm Des.* 2017;23(10):1477-1483.
 58. **Tziomalos K**, Dimitriou P, Bouziana SD, Spanou M, Kostaki S, Angelopoulou SM, Papadopoulou M, Giampatzis V, Savopoulos C, Hatzitolios AI. Stress hyperglycemia and acute ischemic stroke in-hospital outcome. *Metabolism.* 2017 Feb;67:99-105.
 59. **Tziomalos K**. Barriers to insulin treatment in patients with type 2 diabetes mellitus. *Expert Opin Pharmacother.* 2017 Feb;18(3):233-234.
 60. **Tziomalos K**. High-density lipoprotein: quantity or quality? *J Thorac Dis.* 2016 Nov;8(11):2975-2977.
 61. Makri E, Cholongitas E, **Tziomalos K**. The emerging role of obeticholic acid in the management of nonalcoholic fatty liver disease. *World J Gastroenterol.* 2016 Nov 7;22(41):9039-9043.
 62. **Tziomalos K**, Gkougkourelas I, Sarantopoulos A, Bekiari E, Makri E, Raptis N, Tselios K, Pantoura M, Hatzitolios AI, Boura P. Arterial stiffness and peripheral arterial disease in patients with systemic lupus erythematosus. *Rheumatol Int.* 2017 Feb;37(2):293-298.
 63. Makri E, **Tziomalos K**. Prevalence, etiology and management of nonalcoholic fatty liver disease in patients with polycystic ovary syndrome. *Minerva Endocrinol.* 2017 Jun;42(2):122-131.
 64. **Tziomalos K**, Giampatzis V, Bouziana SD, Spanou M, Kostaki S, Papadopoulou M, Angelopoulou SM, Tsopozidi M, Savopoulos C, Hatzitolios AI. Prognostic significance of major lipids in patients with acute ischemic stroke. *Metab Brain Dis.* 2017 Apr;32(2):395-400.
 65. **Tziomalos K**. Cardiovascular risk in the different phenotypes of polycystic ovary syndrome. *Curr Pharm Des.* 2016;22(36):5547-5553.
 66. **Tziomalos K**. Adherence to antihyperglycemic treatment: a work in progress. *Expert Opin Pharmacother.* 2016 Aug;17(12):1579-1580.
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109. **Tziomalos K**, Karagiannis A, Krikis N, Sfikas G, Dona K, Zamboulis C. Evaluation of inter-arm differences in blood pressure". Poster. 14th European Meeting on Hypertension. Paris, France. June 2004.
110. Perifanis V, Vyzantiadis T, Vakalopoulou S, **Tziomalos K**, Koussi A, Garypidou V, Athanassiou-Metaxa M, Harsoulis F. Zoledronic acid in the treatment of thalassemia-associated osteoporosis. Oral presentation. 9th International conference on Thalassaemia and the Haemoglobinopathies & 11th International TIF conference for Parents and Thalassaeics. Palermo, Italy. October 2003.
111. Perifanis V, Vakalopoulou S, Vasiliadis T, **Tziomalos K**, Theodoridou S, Garypidou V. Primary prophylaxis with lamivudine in chronic HBsAg carriers with haematological malignancies. Poster. 8th Congress of the European Hematology Association. Lyon, France. June 2003.
112. Perifanis V, Verrou E, **Tziomalos K**, Vakalopoulou S, Venizelos I, Garypidou V. Treatment of anaemia related to myelodysplastic syndromes with erythropoietin: a trial in 32 patients. Poster. 7th International Symposium on Myelodysplastic Syndromes. Paris, France. May 2003.

Hellenic Congresses

- 1) **Tziomalos K**, Ztriva E, Polychronopoulos G, Kostaki S, Milonas D, Veneti S, Pilalas D, Sofogianni A, Satsoglou S, Savopoulos C, Hatzitolios AI. Malnutrition and outcome of patients with acute ischemic stroke. Oral presentation. 34th Medical Congress of Northern Greece. Thessaloniki, Greece. March 2019.

- 2) **Tziomalos K**, Erythropoulou-Kaltsidou A, Chatzopoulos G, Valanikas E, Margariti E, Panagiotou G, Kontana A, Vergou M, Kostourou D, Savopoulos C, Hatzitolios AI. Prognostic value of bilirubin in patients with acute ischemic stroke. Oral presentation. 34th Medical Congress of Northern Greece. Thessaloniki, Greece. March 2019.
- 3) Rizos C, Garoufi A, Elisaf M, Kolovou G, Athyros V, Skoumas J, Kotsis V, Rallidis L, **Tziomalos K**, Skalidis E, Attilakos A, Katsiki N, Koutagiar I, Antza C, Kiouri E, Boufidou A, Loulakakis M, Sakkas N, Liberopoulos E. Children and adolescents with familial hypercholesterolemia: newer data of cardiometabolic profile from the Hellenic Registry HELLAS-FH. Oral presentation. 8th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2018.
- 4) Rizos C, Elisaf M, Skoumas J, **Tziomalos K**, Rallidis L, Kotsis V, Athyros V, Skalidis E, Kolovou G, Garoufi A, Koutagiar I, Boufidou A, Kiouri E, Antza C, Katsiki N, Zacharis E, Attilakos A, Liberopoulos E. Cardiovascular disease and familial hypercholesterolemia: newer data from the Hellenic Registry HELLAS-FH. Oral presentation. 8th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2018.
- 5) **Tziomalos K**, Katrini K, Papagianni M, Christou K, Golfinopoulou C, Aggelopoulou SM, Sofogianni A, Savopoulos C, Hatzitolios A, Chroni A. Reduced antioxidant capacity of HDL is associated with more severe acute ischemic stroke. Oral presentation. 8th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2018.
- 6) **Tziomalos K**, Katrini K, Papagianni M, Christou K, Golfinopoulou C, Aggelopoulou SM, Mantziou C, Savopoulos C, Hatzitolios A, Chroni A. Paradoxical association between the activity of paraoxonase and in-hospital mortality in patients with acute ischemic stroke. Poster. 8th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2018.
- 7) **Tziomalos K**, Katrini K, Papagianni M, Christou K, Golfinopoulou C, Aggelopoulou SM, Ztriva E, Savopoulos C, Hatzitolios A, Chroni A. Reduced antioxidant capacity of HDL is associated with increased mortality during the first year after acute ischemic stroke. Poster. 8th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2018.
- 8) Rizos C, Elisaf M, Skoumas J, **Tziomalos K**, Rallidis L, Kotsis V, Athyros V, Skalidis E, Kolovou G, Garoufi A, Koutagiar I, Boufidou A, Kiouri E, Antza C, Katsiki N, Zacharis E, Attilakos A, Anastasiou G, Liberopoulos E. Adult patients with familial hypercholesterolemia: newer data of cardiometabolic profile from the Hellenic Registry HELLAS-FH. Poster. 8th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2018.
- 9) Rizos C, Elisaf M, Skoumas J, **Tziomalos K**, Rallidis L, Kotsis V, Athyros V, Skalidis E, Kolovou G, Garoufi A, Koutagiar I, Boufidou A, Kiouri E, Antza C, Katsiki N, Zacharis E, Attilakos A, Liberopoulos E. Familial hypercholesterolemia and type 2 diabetes mellitus: data from the Hellenic Registry HELLAS-FH. Poster. 8th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2018.
- 10) Rizos C, Elisaf M, Skoumas J, **Tziomalos K**, Kotsis V, Rallidis L, Garoufi A, Athyros V, Skalidis E, Kolovou G, Koutagiar I, Papagianni M, Antza C, Katsiki N, Liberopoulos E. Differences between the genders regarding cardiovascular risk and lipid profile in patients with familial

- hypercholesterolemia: data from the Hellenic Registry HELLAS-FH. Poster. 8th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2018.
- 11) **Tziomalos K**, Katrini K, Papagianni M, Christou K, Golfinopoulou C, Aggelopoulou SM, Kontana A, Savopoulos C, Hatzitolios A, Chroni A. The activity of paraoxonase is not associated with the long-term outcome of patients with acute ischemic stroke. Poster. 8th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2018.
- 12) Giannoulaki P, Kotzakioulafi E, Karlafti E, Kontoninas Z, **Tziomalos K**, Margaritidis C, Tantsi N, Hatzitolios AI, Didangelos T. Nutritional education improves glycemic control and quality of life in patients with type 1 diabetes mellitus. Oral presentation. 31st Hellenic Congress of the Hellenic Society for the Study and Education of Diabetes Mellitus. Thessaloniki. November 2018.
- 13) **Tziomalos K**, Katrini K, Kontana A, Golfinopoulou C, Didangelos T, Savopoulos C, Hatzitolios AI, Chroni A. Diabetes mellitus is associated with reduced activity of paraoxonase in patients with acute ischemic stroke. Oral presentation. 31st Hellenic Congress of the Hellenic Society for the Study and Education of Diabetes Mellitus. Thessaloniki. November 2018.
- 14) Karlafti E, Didangelos T, **Tziomalos K**, Kontoninas Z, Margaritidis C, Krikis N, Hatzitolios AI. Improvement of painful diabetic neuropathy after treatment for 3 months with a supplement containing hyperoxide dismutase, a-lipoic acid, vitamin B12 and acetyl-1-carnitine. Oral presentation. 31st Hellenic Congress of the Hellenic Society for the Study and Education of Diabetes Mellitus. Thessaloniki. November 2018.
- 15) Giannoulaki P, Kotzakioulafi E, Karlafti E, Kontoninas Z, **Tziomalos K**, Gioti C, Chatzipantazi S, Hatzitolios AI, Didangelos T. Achievement of optimal glycemic control is associated with blood glucose levels of symptomatic hypoglycemia in patients with type 1 diabetes mellitus. Oral presentation. 31st Hellenic Congress of the Hellenic Society for the Study and Education of Diabetes Mellitus. Thessaloniki. November 2018.
- 16) Giannoulaki P, Didangelos T, Karlafti E, Kotzakioulafi E, Kontoninas Z, **Tziomalos K**, Hatzitolios AI. Improvement of glycemic control after 3 months use of insulin pump with a system of continuous recording of glucose levels and inhibition of the prediction of hypoglycemia sustained for 18 months in patients with type 1 diabetes mellitus. Oral presentation. 31st Hellenic Congress of the Hellenic Society for the Study and Education of Diabetes Mellitus. Thessaloniki. November 2018.
- 17) Papagianni M, **Tziomalos K**, Christou K, Aggelopoulou SM, Kostaki S, Vergou M, Panagiotou G, Didangelos T, Savopoulos C, Hatzitolios AI. Prognostic factors of the outcome of acute ischemic stroke in patients with type 2 diabetes mellitus. Oral presentation. 33rd Medical Congress of Northern Greece. Thessaloniki. March 2018.
- 18) Papagianni M, **Tziomalos K**, Kostaki S, Aggelopoulou SM, Christou K, Ztriva E, Milonas D, Kostourou DT, Savopoulos C, Hatzitolios AI. Pyelonephritis reflects the severity of stroke but does not affect prognosis in patients with acute ischemic stroke. Oral presentation. 33rd Medical Congress of Northern Greece. Thessaloniki. March 2018.
- 19) Papagianni M, **Tziomalos K**, Kostaki S, Aggelopoulou SM, Christou K, Sofogianni A, Alkagiet S, Chatzopoulos G, Savopoulos C, Hatzitolios AI. Obesity is an independent risk factor for pneumonia in patients with acute

- ischemic stroke. Oral presentation. 33rd Medical Congress of Northern Greece. Thessaloniki. March 2018.
- 20) Papagianni M, **Tziomalos K**, Christou K, Aggelopoulou SM, Kostaki S, Paschala A, Fahouri E, Mantziou C, Savopoulos C, Hatzitolios AI. Prognostic factors of the outcome of acute ischemic stroke in patients with hypertension. Oral presentation. 33rd Medical Congress of Northern Greece. Thessaloniki. March 2018.
- 21) Papagianni M, **Tziomalos K**, Kostaki S, Aggelopoulou SM, Christou K, Pilalas D, Valanikas E, Didangelos T, Savopoulos C, Hatzitolios AI. Diabetes mellitus is not associated with the incidence or outcome of pneumonia in patients with acute ischemic stroke. Oral presentation. 33rd Medical Congress of Northern Greece. Thessaloniki. March 2018.
- 22) Papagianni M, **Tziomalos K**, Kostaki S, Aggelopoulou SM, Christou K, Satsoglou S, Papagiannis A, Polychronopoulos G, Savopoulos C, Hatzitolios AI. Pneumonia increases mortality in patients with acute ischemic stroke independently of stroke severity. Oral presentation. 33rd Medical Congress of Northern Greece. Thessaloniki. March 2018.
- 23) Papagianni M, **Tziomalos K**, Christou K, Aggelopoulou SM, Kostaki S, Polychronopoulos G, Ztriva E, Chatzopoulos G, Savopoulos C, Hatzitolios AI. Prognostic factors of the outcome of acute ischemic stroke in patients with hypertension. Poster. 18th Hellenic Congress on Hypertension. Athens. March 2018.
- 24) Papagianni M, **Tziomalos K**, Christou K, Aggelopoulou SM, Kostaki S, Papagiannis A, Satsoglou S, Didangelos T, Savopoulos C, Hatzitolios AI. Prognostic factors of the outcome of acute ischemic stroke in patients with type 2 diabetes mellitus. Oral presentation. 16th Hellenic Congress on Diabetes. Athens. March 2018.
- 25) Rizos C, Barkas F, Athyros V, Antza C, Elisaf M, Zacharis E, Katsiki N, Kiouri E, Kolovou G, Kotsis V, Rallidis L, Skalidis E, Skoumas J, **Tziomalos K**, Liberopoulos E. Patients with familial hypercholesterolemia and carbohydrate metabolism: preliminary data from the HELLAS-FH registry. Oral presentation. 16th Hellenic Congress on Diabetes. Athens. March 2018.
- 26) Rizos C, Athyros V, Garoufi A, Elisaf M, Kolovou G, Kotsis V, Bilianou E, Rallidis L, Skalidis E, Skoumas I, **Tziomalos K**, Chrouzos G, Liberopoulos E. Cardiovascular profile and treatment of patients with familial hypercholesterolemia: preliminary findings from the HELLAS-FH registry. Oral presentation. 7th Congress of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2017.
- 27) Papagianni M, **Tziomalos K**, Kostaki S, Aggelopoulou SM, Christou K, Sofogianni A, Alkagiet S, Chatzopoulos G, Savopoulos C, Hatzitolios AI. Obesity is an independent risk factor for pneumonia in patients with acute ischemic stroke. Poster. 7th Congress of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2017.
- 28) Papagianni M, **Tziomalos K**, Kostaki S, Aggelopoulou SM, Christou K, Satsoglou S, Papagiannis A, Polychronopoulos G, Savopoulos C, Hatzitolios AI. Pneumonia increases mortality in patients with acute ischemic stroke independently of stroke severity. Poster. 7th Congress of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2017.
- 29) Papagianni M, **Tziomalos K**, Kostaki S, Aggelopoulou SM, Christou K, Kostourou DT, Milonas D, Ztriva E, Savopoulos C, Hatzitolios AI.

- Pyelonephritis reflects the severity of stroke but does not affect prognosis in patients with acute ischemic stroke. Poster. 7th Congress of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2017.
- 30) Dimitriou P, **Tziomalos K**, Christou K, Kostaki S, Angelopoulou SM, Papagianni M, Ztriva E, Chatzopoulos G, Savopoulos C, Hatzitolios AI. Factors associated with delayed presentation at the emergency department in patients with acute ischemic stroke. Poster. 7th Congress of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2017.
- 31) Didangelos T, **Tziomalos K**, Margaritidis C, Kontoninas Z, Stergiou I, Tsotoulidis S, Karlafti E, Mourougakis A, Hatzitolios A. Effect of treatment with quinapril for 2 years on autonomic and peripheral neuropathy. Oral presentation. 31st Hellenic Congress of the Hellenic Society for the Study and Education of Diabetes Mellitus. Thessaloniki. November 2017.
- 32) Papagianni M, **Tziomalos K**, Kostaki S, Angelopoulou S, Christou K, Didangelos T, Savopoulos C, Hatzitolios A. Diabetes mellitus is not associated with the incidence or outcome of pneumonia in patients with acute ischemic stroke. Oral presentation. 31st Hellenic Congress of the Hellenic Society for the Study and Education of Diabetes Mellitus. Thessaloniki. November 2017.
- 33) Didangelos T, Kontoninas Z, **Tziomalos K**, Margaritidis C, Stergiou I, Tsotoulidis S, Karlafti E, Mourougakis A, Hatzitolios A. Efficacy and safety of insulin degludec/liraglutide fixed combination in adult patients with type 2 diabetes mellitus inadequately controlled with oral antidiabetic agents, GLP-1 RA and/or insulin. Oral presentation. 31st Hellenic Congress of the Hellenic Society for the Study and Education of Diabetes Mellitus. Thessaloniki. November 2017.
- 34) **Tziomalos K**, Moschidis O. Exploratory multidimensional evaluation of the severity and outcome of acute ischemic stroke. 9th Hellenic Congress on Data Analysis. Thessaloniki. September 2017.
- 35) **Tziomalos K**, Bouziana SD, Spanou M, Kostaki S, Angelopoulou S, Christou K, Sofogianni A, Alkagiet S, Savopoulos C, Hatzitolios AI. Paradoxical association between left ventricular hypertrophy and better functional outcome of acute ischemic stroke. Poster. 17th Hellenic Congress of Hypertension. Thessaloniki. April 2017.
- 36) Gougourelas I, **Tziomalos K**, Sarantopoulos A, Mytilinaou M, Boura P. Association between macro- and microvascular disease in patients with systemic sclerosis. Oral presentation. 32nd Medical Congress of Northern Greece. Thessaloniki. March 2017.
- 37) Giampatzis V, **Tziomalos K**, Bouziana SD, Spanou M, Kostaki S, Angelopoulou S, Christou K, Savopoulos C, Hatzitolios A. Effects of prior treatment with novel oral anticoagulants on the severity and in-hospital outcome of patients with atrial fibrillation and acute ischemic stroke. Oral presentation. 32nd Medical Congress of Northern Greece. Thessaloniki. March 2017.
- 38) Boutari C, Georgianou E, Pappas P, Doumas M, **Tziomalos K**, Athyros V. Arterial stiffness correlates with the severity of hepatic fibrosis in patients with nonalcoholic fatty liver disease. Oral presentation. 32nd Medical Congress of Northern Greece. Thessaloniki. March 2017.
- 39) **Tziomalos K**, Bouziana SD, Spanou M, Kostaki S, Angelopoulou S, Christou K, Sofogianni A, Didangelos T, Savopoulos C, Hatzitolios A. Association

- between diabetic nephropathy and acute ischemic stroke severity and outcome. Oral presentation. 15th Hellenic Congress on Diabetes. Athens. March 2017.
- 40) Tsotoulidis S, Kontoninas Z, Boulbou M, Margaritidis C, Kelegouris I, Papanastasiou K, **Tziomalos K**, Didangelos T. Effects of per os administration of vitamin B12 on neuropathy in patients with type 2 diabetes mellitus and low vitamin B12 levels who are treated with metformin for at least 4 years. Poster. 15th Hellenic Congress on Diabetes. Athens. March 2017.
- 41) **Tziomalos K**, Lazaridou S, Bouziana SD, Spanou M, Kostaki S, Angelopoulou S, Christou K, Sofogianni A, Savopoulos C, Hatzitolios AI. Subclinical hypothyroidism is associated with adverse functional outcome in patients with acute ischemic stroke. Oral presentation. 3rd Panhellenic Congress on Continuing Education in Internal Medicine. Thessaloniki, Greece. February 2017.
- 42) Bouziana SD, **Tziomalos K**, Goulas A, Vyzantiadis T, Papadopoulou M, Panderi A, Hatzitolios A. The role of major adipokines in the long-term outcome of patients with acute ischemic stroke. Oral presentation. 3rd Panhellenic Congress on Continuing Education in Internal Medicine. Thessaloniki, Greece. February 2017.
- 43) Efstathiou D, Garagounis S, Agastinioti E, Ayasra Z, Sofogianni A, Alkagiet S, Polychronopoulos G, **Tziomalos K**, Hatzitolios A. A patient with hypoalbuminemia, persistent diarrhea syndrome and diffuse ostalgia. Poster. 3rd Panhellenic Congress on Continuing Education in Internal Medicine. Thessaloniki, Greece. February 2017.
- 44) **Tziomalos K**, Bouziana SD, Spanou M, Kostaki S, Papadopoulou M, Angelopoulou S, Tsopozidi M, Christou K, Savopoulos C, Hatzitolios AI. Prognostic value of mean platelet volume in patients with acute ischemic stroke. Poster. 6th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2016.
- 45) **Tziomalos K**, Georgaraki M, Bouziana SD, Spanou M, Kostaki S, Angelopoulou S, Papadopoulou M, Christou K, Savopoulos C, Hatzitolios AI. Chronic kidney disease is associated with the severity of acute ischemic stroke. Poster. 6th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2016.
- 46) Tsotoulidis S, Kontoninas Z, Mpoulopou M, Margaritidis C, Kelegouris I, **Tziomalos K**, Didangelos T. Efficacy of per os vitamin B12 in patients with type 2 diabetes mellitus treated with metformin for at least 4 years. Oral presentation. 30th Congress of the Diabetologic Society of Northern Greece. Thessaloniki. November 2016.
- 47) Didangelos T, **Tziomalos K**, Mourougakis A, Karlafti E, Stogiannou D, Alkagiet S, Sofogianni A, Hatzitolios A. Safety and efficacy of insulin degludec in patients with type 1 diabetes mellitus. Oral presentation. 30th Congress of the Diabetologic Society of Northern Greece. Thessaloniki. November 2016.
- 48) Lazaridou S, Peidis K, **Tziomalos K**, Arnaoutoglou M, Kyriakogianni H, Spilioti M, Orologas A. A patient with spongiform encephalopathy (Creutzfeldt-Jakob disease). Oral presentation. 31st Medical Congress of Northern Greece. Thessaloniki. April 2016.
- 49) **Tziomalos K**, Giampatzis V, Bouziana SD, Spanou M, Kostaki S, Papadopoulou M, Angelopoulou S, Margariti E, Savopoulos C, Hatzitolios AI. Effects of antihypertensive agents on the long-term outcome of patients with

- acute ischemic stroke. Oral presentation. 31st Medical Congress of Northern Greece. Thessaloniki. April 2016.
- 50) **Tziomalos K**, Dimitriou P, Bouziana SD, Spanou M, Kostaki S, Angelopoulou S, Papadopoulou M, Giampatzis V, Savopoulos C, Hatzitolios AI. Prognostic significance of stress hyperglycemia in acute ischemic stroke. Oral presentation. 8th International Congress of Internal Medicine of Central Greece. Larisa. March 2016.
- 51) **Tziomalos K**, Dimitriou P, Bouziana SD, Spanou M, Kostaki S, Angelopoulou S, Papadopoulou M, Giampatzis V, Savopoulos C, Hatzitolios AI. Prognostic significance of stress hyperglycemia in acute ischemic stroke. Oral presentation. 6th Hellenic Congress of Cerebrovascular Diseases. Thessaloniki. March 2016.
- 52) **Tziomalos K**, Bouziana SD, Spanou M, Kostaki S, Angelopoulou S, Papadopoulou M, Giampatzis V, Tsopozidi M, Savopoulos C, Hatzitolios AI. Association between pulse pressure and in-hospital outcome of acute ischemic stroke. Oral presentation. 16th Hellenic Congress of Hypertension. Athens. March 2016.
- 53) **Tziomalos K**, Gougourelas I, Sarantopoulos A, Bekiari E, Makri E, Raptis N, Tselios K, Pantoura M, Hatzitolios AI, Boura P. Arterial stiffness and peripheral arterial disease in systemic lupus erythematosus. Oral presentation. 2nd Hellenic Congress of Continuous Education in Internal Medicine. Thessaloniki. February 2016.
- 54) Bouziana S, **Tziomalos K**, Goulas A, Vyzantiadis TA, Panderi A, Hatzitolios AI. The role of major adipokines and the -420 C>G resistin gene polymorphism in acute ischemic stroke severity and in-hospital outcome. Poster. 2nd Hellenic Congress of Continuous Education in Internal Medicine. Thessaloniki. February 2016.
- 55) **Tziomalos K**, Gougourelas I, Sarantopoulos A, Bekiari E, Raptis N, Makri E, Tselios K, Pantoura M, Hatzitolios AI, Boura P. Arterial stiffness and peripheral arterial disease in systemic sclerosis. Poster. 2nd Hellenic Congress of Continuous Education in Internal Medicine. Thessaloniki. February 2016.
- 56) Kakaletsis N, Milionis H, Ntaios G, Panagopoulou IA, Karagiannaki A, Makaritsis K, Tegos T, **Tziomalos K**, Savopoulos C, Hatzitolios AI. Delays in prehospital and in-hospital management of acute ischemic stroke. Poster. 2nd Hellenic Congress of Continuous Education in Internal Medicine. Thessaloniki. February 2016.
- 57) Sachinidis A, **Tziomalos K**, Kostaki S, Angelopoulou S, Hatzitolios AI, Polychronopoulos E, Panagiotakos D. Adherence to the Mediterranean diet and acute ischemic stroke severity and outcome. Poster. 6th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2015.
- 58) **Tziomalos K**, Gougourelas I, Sarantopoulos A, Tselios K, Pantoura M, Bekiari E, Hatzitolios AI, Boura P. Macrovascular complications in patients with systemic lupus erythematosus or systemic sclerosis. Poster. 6th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2015.
- 59) **Tziomalos K**, Bouziana SD, Spanou M, Kostaki S, Papadopoulou M, Giampatzis V, Angelopoulou S, Tsopozidi M, Savopoulos C, Hatzitolios AI. Effects of different thiazide diuretics on cardiovascular events in patients with a recent hospitalization for acute ischemic stroke. Poster. 6th Symposium of

- the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2015.
- 60) **Tziomalos K**, Bouziana SD, Spanou M, Kostaki S, Papadopoulou M, Giampatzis V, Angelopoulos S, Tsopozidi M, Savopoulos C, Hatzitolios AI. Effects of prior treatment with clopidogrel on acute non-cardioembolic ischemic stroke severity and outcome. Poster. 6th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2015.
- 61) **Tziomalos K**, Bouziana SD, Spanou M, Kostaki S, Papadopoulou M, Giampatzis V, Savopoulos C, Hatzitolios AI. Severity and outcome of acute ischemic stroke in patients with type 2 diabetes mellitus and in patients with coronary heart disease. Oral presentation. 29th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2015.
- 62) **Tziomalos K**, Bouziana SD, Spanou M, Kostaki S, Papadopoulou M, Giampatzis V, Angelopoulos S, Tsopozidi M, Savopoulos C, Hatzitolios AI. Associations between dyslipidemia and acute ischemic stroke severity and in-hospital outcome. Oral presentation. 30th Northern Greece Medical Congress. Thessaloniki. March 2015.
- 63) **Tziomalos K**, Bouziana SD, Spanou M, Kostaki S, Papadopoulou M, Giampatzis V, Angelopoulos S, Tsopozidi M, Savopoulos C, Hatzitolios AI. Comparative effects of calcium channel blockers and thiazide diuretics on the severity and in-hospital outcome of acute ischemic stroke in patients with type 2 diabetes mellitus. Poster. 14th Hellenic Congress on Diabetes. Athens. March 2015.
- 64) **Tziomalos K**, Bouziana SD, Spanou M, Kostaki S, Papadopoulou M, Giampatzis V, Tsopozidi M, Angelopoulos S, Savopoulos C, Hatzitolios AI. Antiplatelet treatment in patients who have an ischemic stroke while taking aspirin. Poster. 7th International Congress of Internal Medicine of Central Greece. Larisa. March 2015.
- 65) **Tziomalos K**, Bouziana SD, Spanou M, Kostaki S, Papadopoulou M, Giampatzis V, Angelopoulos S, Konstantara F, Savopoulos C, Hatzitolios AI. Association between body mass index and the effects of antihypertensive agents on the long-term outcome of patients with ischemic stroke. Oral presentation. 15th Hellenic Congress of Hypertension. Thessaloniki, Greece. March 2015.
- 66) **Tziomalos K**, Bouziana SD, Spanou M, Papadopoulou M, Giampatzis V, Dourliou V, Kazantzidou P, Kostaki S, Tsopozidi M, Savopoulos C, Hatzitolios AI. Effects of anticoagulant treatment on acute ischemic stroke severity and outcome in patients with atrial fibrillation. Oral presentation. 6th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2014.
- 67) **Tziomalos K**, Bouziana SD, Spanou M, Papadopoulou M, Giampatzis V, Dourliou V, Kazantzidou P, Kostaki S, Tsopozidi M, Savopoulos C, Hatzitolios AI. Blood pressure variability and in-hospital outcome of acute ischemic stroke. Poster. 6th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2014.
- 68) **Tziomalos K**, Bouziana SD, Spanou M, Papadopoulou M, Giampatzis V, Kazantzidou P, Dourliou V, Kostaki S, Tsopozidi M, Savopoulos C, Hatzitolios AI. Effectiveness of anticoagulant treatment in everyday clinical practice in patients with atrial fibrillation and acute ischemic stroke. Poster. 6th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2014.

- 69) **Tziomalos K**, Bouziana SD, Spanou M, Papadopoulou M, Giampatzis V, Kazantzidou P, Dourliou V, Kostaki S, Tsopozidi M, Savopoulos C, Hatzitolios AI. Angiotensin receptor blockers improve functional outcome and reduce all-cause mortality in patients with acute ischemic stroke. Poster. 6th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2014.
- 70) **Tziomalos K**, Bouziana SD, Spanou M, Papadopoulou M, Giampatzis V, Kazantzidou P, Dourliou V, Kostaki S, Tsopozidi M, Savopoulos C, Hatzitolios AI. Effects of antidiabetic treatment on functional outcome and cardiovascular morbidity in patients with acute ischemic stroke. Poster. 6th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2014.
- 71) **Tziomalos K**, Bouziana SD, Spanou M, Kostaki S, Papadopoulou M, Giampatzis V, Papagianni M, Dourliou V, Tsopozidi M, Savopoulos C, Hatzitolios AI. The role of manitol in patients with acute ischemic stroke. Poster. 6th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2014.
- 72) Kakaletsis N, Milionis H, Ntaios G, Chouvarda I, Chytas A, Tziomalos K, Filos D, **Tziomalos K**, Savopoulos C, Hatzitolios AI. Effects of beta-blockers on blood pressure variability in acute ischemic stroke. Oral presentation. 6th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2014.
- 73) **Tziomalos K**, Bouziana SD, Spanou M, Papadopoulou M, Kostaki S, Tsopozidi M, Savopoulos C, Hatzitolios A. Association between type 2 diabetes mellitus and long-term functional outcome in patients with acute ischemic stroke. Oral presentation. 28th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2014.
- 74) Krassas GE, Pontikidis N, **Tziomalos K**, Tzotzas T, Zosin I, Vlad M, Luger A, Gessl A, Marculescu R, Toscano V, Morgante S, Papini E, Pirags V, Kondrade I, Muller S, Schomburg L, Hofmann P, Kohrle J. Selenium, selenoprotein P and urine iodine levels in patients with autoimmune and non-autoimmune thyroid diseases: the first study of the endocrinology and metabolism specialty of the European Union of Medical Specialties (UEMS). Oral presentation. 41st Hellenic Congress of Endocrinology and Metabolism. Port Heli, Greece. May 2014.
- 75) Daskalopoulou EG, **Tziomalos K**, Fytas P, Pataka A, Dombros NV. Acute and long-term effects of continuous positive airway pressure treatment on daytime and nighttime urinary albumin excretion in hypertensive patients with obstructive sleep apnoea syndrome. Oral presentation. 29th Northern Hellenic Medical Congress. Thessaloniki, Greece. March 2014.
- 76) Papazoglou N, **Tziomalos K**, Makridis H, Karamchos K, Didangelos T, Hatzitolios AI. Epidemiology of causes of death. Epidemiology of deaths due to neoplasms in the Prefecture of Pieria. Population study between 1991-2010. Oral presentation. 29th Northern Hellenic Medical Congress. Thessaloniki, Greece. March 2014.
- 77) **Tziomalos K**, Bouziana S, Spanou M, Papadopoulou M, Giampatzis V, Kazantzidou P, Dourliou V, Kostaki S, Savopoulos C, Hatzitolios AI. Comparative effect of less- and more aggressive statin treatment in patients with acute ischemic stroke. Oral presentation. 6th Internal Medicine Congress of Central Greece. Larisa, Greece. March 2014.
- 78) Kakaletsis N, Ntaios G, Milionis H, Savopoulos C, Makaritsis K, **Tziomalos K**, Dalekos GN, Elisaf M, Hatzitolios AI. Circadian blood pressure and heart rate patterns in acute ischemic stroke and their relationship with short-term

- mortality: preliminary results. Oral presentation. 6th Internal Medicine Congress of Central Greece. Larisa, Greece. March 2014.
- 79) Papadimitriou K, Hassapidou M, Pagkalos I, **Tziomalos K**, Tzotzas T. Results of the nutritional intervention program “Alliance for health-NUTRITION”. Oral presentation. 10th Hellenic Congress of Obesity. Athens, Greece. February 2014.
- 80) **Tziomalos K**, Giampatzis V, Bouziana S, Spanou M, Pavlidis A, Papadopoulou M, Boutari C, Magkou D, Savopoulos C, Hatzitolios AI. Impact of prior treatment with different statins on acute ischemic stroke severity and functional outcome. Poster. 5th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. November 2013.
- 81) Vraka K, Dampali R, Bouziana S, Spanou M, Giampatzis V, Kazantzidou P, Kostaki S, **Tziomalos K**, Savopoulos C, Hatzitolios AI. Awareness of symptoms and risk factors for stroke in the general population in Greece. Poster. 5th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. November 2013.
- 82) **Tziomalos K**, Giampatzis V, Bouziana S, Spanou M, Papadopoulou M, Kostaki S, Magkou D, Iliadis F, Savopoulos C, Hatzitolios AI. Prognostic significance of nonalcoholic fatty liver disease in patients with acute ischemic stroke. Poster. 5th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. November 2013.
- 83) **Tziomalos K**, Bouziana S, Spanou M, Kazantzidou P, Iliadis F, Didangelos T, Savopoulos C, Hatzitolios AI. Impact of undiagnosed and established type 2 diabetes mellitus on ischemic stroke severity and outcome. Oral presentation. 27th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2013.
- 84) **Tziomalos K**, Bouziana S, Pavlidis A, Spanou M, Giampatzis V, Papadopoulou M, Giannakidou F, Iliadis F, Didangelos T, Savopoulos C, Hatzitolios AI. Prior treatment with dipeptidyl-peptidase IV inhibitors is associated with better outcome in acute ischemic stroke. 13th Hellenic Congress on Diabetes. Athens, Greece. March 2013.
- 85) **Tziomalos K**, Giampatzis V, Bouziana S, Pavlidis A, Spanou M, Papadopoulou M, Kagelidis I, Bozikas A, Savopoulos C, Hatzitolios AI. Prognostic value of ankle-brachial index in patients with acute ischemic stroke. 5th Internal Medicine Congress of Central Greece. Larisa, Greece. March 2013.
- 86) **Tziomalos K**, Bouziana S, Spanou M, Pavlidis A, Giampatzis V, Papadopoulou M, Kagelidis I, Magkou D, Tegos T, Savopoulos C, Hatzitolios AI. Association between blood pressure at admission and stroke severity and outcome. Oral presentation. 5th Greek National Stroke Conference. Thessaloniki, Greece. March 2013.
- 87) **Tziomalos K**, Bouziana S, Pavlidis A, Spanou M, Giampatzis V, Boutari C, Kagelidis I, Papadopoulou M, Papakala E, Savopoulos C, Hatzitolios AI. Effects of prior antihypertensive treatment on stroke severity and outcome. Oral presentation, 14th Hellenic Congress on Hypertension. Thessaloniki, Greece. March 2013.
- 88) Didangelos T, **Tziomalos K**, Iliadis F, Margaritidis C, Merakis I, Divani M, Hatzitolios AI. Efficacy and safety of fenofibrate/ezetimibe combination in patients with type 2 diabetes mellitus and combined dyslipidemia. Poster. 5th Hellenic Congress on Atherosclerosis. Athens, Greece. November 2012.

- 89) **Tziomalos K**, Bouziana S, Giampatzis V, Pavlidis A, Spanou M, Papadopoulou M, Doumarapis E, Kakaletsis N, Iliadis F, Savopoulos C, Hatzitolios AI. Predictive role of arterial stiffness in patients with acute ischemic stroke. Oral presentation. 5th Hellenic Congress on Atherosclerosis. Athens, Greece. November 2012.
- 90) **Tziomalos K**, Bouziana S, Sidera P, Mpougatsa V, Pavlidis A, Papadopoulou M, Giampatzis V, Spanou M, Didangelos T, Savopoulos C, Hatzitolios AI. Predictors of in-hospital outcome in patients with acute ischemic stroke. Poster. 5th Hellenic Congress on Atherosclerosis. Athens, Greece. November 2012.
- 91) **Tziomalos K**, Bouziana S, Pavlidis A, Giampatzis V, Mpougatsa V, Sidera P, Moussiadis D, Koulara P, Perifanis V, Savopoulos C, Hatzitolios AI. Effects of previous antiplatelet treatment on the outcome of patients with acute ischemic stroke. Poster. 5th Hellenic Congress on Atherosclerosis. Athens, Greece. November 2012.
- 92) Panidis D, **Tziomalos K**, Papadakis E, Kandaraki EA, Tsourdi EA, Katsikis I. Prevalence of metabolic syndrome in women with polycystic ovary syndrome. Oral presentation. 39th Hellenic Congress of Endocrinology and Metabolism. Athens, Greece. April 2012.
- 93) Panidis D, **Tziomalos K**, Misichronis G, Papadakis E, Karkanaki A, Kandaraki EA, Tsourdi EA, Katsikis I. The effect of age on the phenotype and the endocrine, metabolic and ultrasonographic features of the polycystic ovary syndrome. Oral presentation. 39th Hellenic Congress of Endocrinology and Metabolism. Athens, Greece. April 2012.
- 94) Mathiopoulou L, Mandanas S, Panagiotou G, Mpountina M, Doumala E, Iliadou P, Mitsakis P, **Tziomalos K**, Chrysoulidou A, Pazaitou-Panagiotou K. Effects of anthropometric characteristics and dietary habits on the incidence of thyroid cancer. Oral presentation. 39th Hellenic Congress of Endocrinology and Metabolism. Athens, Greece. April 2012.
- 95) Chrysoulidou A, Vassiliadis T, Iliadou P, Mitsakis P, Mathiopoulou L, Mandanas S, Mpountina M, **Tziomalos K**, Abrahamian A, Pazaitou-Panagiotou K. Histological characteristics of thyroid cancer in children and adolescents. Oral presentation. 39th Hellenic Congress of Endocrinology and Metabolism. Athens, Greece. April 2012.
- 96) Tzotzas T, Liappi M, **Tziomalos K**, Papadopoulou F, Bougoulia M, Kintiraki E, Tapanas G, Karras S, Krassas G, Efthimiou I. Metabolic syndrome during the management of acromegaly. Oral presentation. 39th Hellenic Congress of Endocrinology and Metabolism. Athens, Greece. April 2012.
- 97) Mandanas S, Panagiotou G, Mpountina M, Doumala E, Iliadou P, Mathiopoulou L, Mitsakis P, **Tziomalos K**, Chrysoulidou A, Pazaitou-Panagiotou K. The effect of waist to hip ratio and height on the incidence of thyroid cancer. Oral presentation. 9th Hellenic Medical Congress of Obesity. Athens, Greece. March 2012.
- 98) Polymeris A, **Tziomalos K**, Chatzis P, Papadakis E, Katsikis I, Panidis D. The role of obesity and polycystic ovary syndrome in the prevalence of metabolic syndrome. Oral presentation. 9th Hellenic Medical Congress of Obesity. Athens, Greece. March 2012.
- 99) Tzotzas T, Liappi M, **Tziomalos K**, Pontikidis N, Kaltsas T, Papadopoulou F, Bougoulia M, Krassas G, Efthimiou I. Obesity and metabolic syndrome during

- the management of acromegaly. Oral presentation. 9th Hellenic Medical Congress of Obesity. Athens, Greece. March 2012.
- 100) Panidis D, **Tziomalos K**, Papadakis E, Mikhailidis K, Tantanasis T, Katsikis I. Prevalence of metabolic syndrome in women with polycystic ovary syndrome. Oral presentation. 27th Northern Hellenic Medical Congress. Thessaloniki, Greece. March 2012.
- 101) **Tziomalos K**, Iliadis F, Goutzioulis A, Karagianni D, Skoutas D, Didangelos T, Papazoglou N. Epidemiology of deaths of women due to breast and gynecologic cancer in the Prefecture of Pieria between 1991-2010. Oral presentation. 27th Northern Hellenic Medical Congress. Thessaloniki, Greece. March 2012.
- 102) **Tziomalos K**, Bouziana S, Sidera P, Mpougatsa V, Pavlidis A, Dourliou V, Giampatzis V, Kagelidis I, Agapakis D, Fotiadis S, Savopoulos C, Hatzitolios AI. Effects of prior treatment with statins on the severity and outcome of ischemic stroke. Oral presentation. 4th Internal Medicine Congress of Central Greece. Larisa, Greece. March 2012.
- 103) **Tziomalos K**, Baltatzi M, Bouziana S, Tsoutsikas V, Kirkineska L, Hatzopoulos A, Sidera P, Mpougatsa V, Pavlidis A, Apostolopoulou M, Dimitroula C, Savopoulos C, Hatzitolios AI. Effects of antihypertensive treatment on anthropometric and metabolic parameters in everyday clinical practice. Oral presentation. 4th Internal Medicine Congress of Central Greece. Larisa, Greece. March 2012.
- 104) **Tziomalos K**, Baltatzi M, Pavlidis A, Koulousios K, Dourliou V, Hatzopoulos A, Mpougatsa V, Kirkineska L, Myrou A, Savopoulos C, Hatzitolios AI. The effects of the major classes of antihypertensive agents on the lipid profile. Poster. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
- 105) Athyros VG, Karagiannis A, Ganotakis ES, Paletas K, Nicolaou V, Bacharoudis G, **Tziomalos K**, Alexandrides T, Liberopoulos EN, Mikhailidis DP; for the ATTEMPT Collaborative Group. Association between the changes in renal function and serum uric acid levels during multifactorial intervention and clinical outcome in patients with metabolic syndrome. A post hoc analysis of the ATTEMPT study. Poster. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
- 106) Athyros VG, Hatzitolios AI, Karagiannis A, Katsiki N, **Tziomalos K**, Petridis D, Savopoulos C, Didangelos TD, Kakafika A, Mikhailidis DP. Improving the implementation of current guidelines for the management of four major coronary artery disease risk factors by veering old habits. The IMPERATIVE renal analysis. Oral presentation. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
- 107) Athyros VG, Elisaf M, Alexandridis T, Achimastos A, Ganotakis ES, Bilianou E, Karagiannis A, Liberopoulos EN, **Tziomalos K**, Mikhailidis DP; for the ATTEMPT Collaborative Group. The long-term impact of multifactorial treatment on the incidence of new onset diabetes and related cardiovascular events in patients with metabolic syndrome. A post hoc analysis of the ATTEMPT study. Oral presentation. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.

- 108) Athyros VG, Pitsavos C, Giouleme O, Ganotakis ES, Achimastos A, Elisaf M, **Tziomalos K**, Petridis D, Karagiannis A, Mikhailidis DP; for the ATTEMPT Collaborative Group. Safety and impact on cardiovascular events of long-term multifactorial treatment in patients with metabolic syndrome and abnormal liver function tests: a post hoc analysis of the ATTEMPT study. Oral presentation. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
- 109) Athyros VG, Ganotakis ES, Kolovou G, Nikolaou V, Achimastos A, Bilianou E, Alexandrides T, Karagiannis A, Paletas K, Liberopoulos EN, **Tziomalos K**, Petridis D, Kakafika A, Elisaf MS, Mikhailidis DP; for the ATTEMPT Collaborative. Assessing the treatment effect in metabolic syndrome without perceptible diabetes (ATTEMPT). A prospective-randomized study in middle aged men and women. Oral presentation. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
- 110) **Tziomalos K**, Baltatzi M, Apostolopoulou M, Efthimiou I, Psianou K, Magkou D, Bouziana S, Katsiki N, Ntaios G, Savopoulos C, Hatzitolios AI. Risk factors for ischemic stroke in hypertensive patients. Oral presentation. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
- 111) **Tziomalos K**, Baltatzi M, Raptis I, Hatzopoulos A, Pavlidis A, Dourliou V, Koulousios K, Sidera P, Myrou A, Savopoulos C, Hatzitolios AI. Estimated cardiovascular risk in hypertensive patients. Oral presentation. 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2011.
- 112) **Tziomalos K**, Bouziana S, Pavlidis A, Dourliou V, Koulousios K, Giampatzis V, Kagelidis I, Didangelos T, Savopoulos C, Hatzitolios AI. Stroke severity in patients with type 2 diabetes mellitus. Oral presentation. 25th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2011.
- 113) Tzotzas T, Liappi M, **Tziomalos K**, Pontikidis N, Karampataki M, Kaltsas T, Apostolopoulou D, Efthimiou I. The effects of the management of acromegaly on type 2 diabetes mellitus and the metabolic syndrome. Oral presentation. 25th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2011.
- 114) Tzotzas T, Karras S, Kaltsas T, **Tziomalos K**, Kelepouris Z, Papadopoulou F, Lagrost L, Efthimiou I. The role of cholesterol ester transfer protein in the increase of HDL-cholesterol levels in diabetic patients during treatment with nicotinic acid. Oral presentation. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.
- 115) Koiou A, **Tziomalos K**, Dinas K, Katsikis I, Vosnakis C, Delkos D, Kandaraki E, Tsourdi E, Koios G, Panidis D. The effects of weight loss and metformin on serum vaspin levels in women with polycystic ovary syndrome. Oral presentation. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.
- 116) Panidis D, **Tziomalos K**, Koiou A, Kandaraki EA, Tsourdi E, Delkos D, Katsikis I, Papadakis E, Koios G. The effect of obesity and polycystic ovary syndrome on serum lipocalin-2 levels. Oral presentation. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.

- 117) Koiou A, **Tziomalos K**, Katsikis I, Vosnakis C, Kandaraki EA, Tsourdi EA, Delkos D, Papadakis E, Karkanaki A, Panidis D. Platelet microparticles are elevated in the plasma of patients with the phenotypes of polycystic ovary syndrome introduced in 1990 and correlate with serum testosterone levels. Oral presentation. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.
- 118) Spanos N, **Tziomalos K**, Koiou A, Karkanaki A, Kandaraki EA, Delkos D, Tsourdi E, Katsikis I, Papadakis E, Panidis D. Adipokines, insulin resistance and hyperandrogenemia in overweight/obese women with polycystic ovary syndrome: the effects of weight loss. Oral presentation. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.
- 119) Pazaitou-Panagiotou K, Iliadou PK, ChrysoulidouA, Doumala E, Mpountina M, Mitsakis P, Fotareli A, Mathiopoulou L, **Tziomalos K**. Epidemiology of thyroid cancer in Northern Greece during the last 40 years: change in histological features and increase in incidence. Poster. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.
- 120) Krassas GE, Pontikidis N, Memi E, Bougoulia M, **Tziomalos K**, Mpomporidis K. Serum selenium levels in euthyroid patients with mild ophthalmopathy. Poster. 38th Hellenic Congress of Endocrinology. Thessaloniki, Greece. April 2011.
- 121) **Tziomalos K**, Baltatz M, Pavlidis A, Koulousios K, Dourliou V, Hatzopoulos A, Mpougatsa V, Kirkineska L, Savopoulos C, Hatzitolios AI. Angiotensin converting enzyme inhibitors or angiotensin receptor blockers as first-line treatment in hypertensive patients? 12th Hellenic Congress on Hypertension. Athens, Greece. March 2011.
- 122) Koiou A, Dinas K, **Tziomalos K**, Toulis K, Kandaraki EA, Kalaitzakis E, Katsikis I, Panidis D. The phenotypes of polycystic ovary syndrome defined by the 1990 diagnostic criteria are associated with higher serum vaspin levels than the phenotypes introduced by the 2003 criteria. Oral presentation. 3rd Hellenic Congress of Gynecological Endocrinology. Athens, Greece. January 2011.
- 123) **Tziomalos K**, Baltatz M, Pavlidis A, Koulousios K, Dourliou V, Hatzopoulos A, Mpougatsa V, Kirkineska L, Savopoulos C, Hatzitolios A. Combination antihypertensive treatment: renin-angiotensin-aldosterone system inhibitors with diuretics or with calcium channel blockers? Oral presentation. 3rd Internal Medicine Congress of Central Greece. Larisa, Greece. March 2011.
- 124) Tzotzas T, Karras S, Kaltsas T, Kelepouris Z, **Tziomalos K**, Papadopoulou F, Memi E, Liappi M, Efthimiou I. Safety and tolerability of nicotinic acid/laropiprant in patients with type 2 diabetes mellitus and dyslipidemia. Oral presentation. 24th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2010.
- 125) **Tziomalos K**, Baltatz M, Savopoulos C, Efthimiou I, Psianou K, Iliadis F, Didangelos T, Hatzitolios A. Impaired fasting glucose is highly prevalent among hypertensive patients but does not appear to increase cardiovascular risk. Oral presentation. 24th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2010.
- 126) Athyros VG, **Tziomalos K**, Gossios TD, Griva T, Anagnostis P, Kargiotis K, Pagourelias ED, Theocharidou E, Karagiannis A, Mikhailidis DP. Safety and impact on cardiovascular events of long-term statin treatment in

- patients with coronary heart disease and abnormal liver tests: a *post hoc* analysis of the GREACE Study. Poster. 4th Hellenic Congress on Atherosclerosis. Ioannina, Greece. October 2010.
- 127) Mpaltatzi M, Savopoulos C, Koliakos G, Katsiki N, **Tziomalos K**, Karlafti E, Hatzitolios A. Correlation between neuropeptide Y and left ventricular hypertrophy and peripheral arterial disease in hypertensive patients. Poster. 4th Hellenic Congress on Atherosclerosis. Ioannina, Greece. October 2010.
- 128) **Tziomalos K**, Baltatzi M, Efthimiou I, Psianou K, Papastergiou N, Magkou D, Zervopoulos G, Karlafti E, Savopoulos C, Hatzitolios A. Prevalence Of Chronic Kidney Disease In Hypertensive Patients With Coronary Heart Disease. Poster. 4th Hellenic Congress on Atherosclerosis. Ioannina, Greece. October 2010.
- 129) **Tziomalos K**, Psianou K, Konstantakou A, Raptis I, Hatzopoulos A, Iordanidou I, Nikopoulou A, Ntaios G, Adamidou A, Savopoulos C, Hatzitolios AI. Rates of administration of the indicated anticoagulant treatment in patients with atrial fibrillation. Oral presentation. 2nd Congress of Internal Medicine of Central Greece. Larisa, Greece. March 2010.
- 130) Katsiki N, Baltatzi M, Savopoulos C, **Tziomalos K**, Karlafti E, Apostolopoulou M, Myrou A, Pervos I, Hatzitolios A. Efficacy and safety of combined antihypertensive and hypolipidemic treatment in high-risk patients. Poster. 6th Annual Congress of the Atherosclerosis Society of Northern Greece. Thessaloniki, Greece. March 2010.
- 131) Athyros V, Hatzitolios A, Karagiannis A, Didangelos T, Iliadis F, Dolgyras S, Vosnakidis T, Vassiliadis P, Malias I, **Tziomalos K**, Samouilidou M, Mikhailidis D. Initiative for a new diabetes therapeutic approach in a Mediterranean country. Poster. 3rd Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2009.
- 132) Hatzitolios A, Athyros V, Karagiannis A, Savopoulos C, Charalampous C, Kyriakidis G, Milidis T, Papathanakis C, Mpitli A, Vogiatzis I, Ntaios G, Katsiki N, Simeonidis A, **Tziomalos K**, Mikhailidis D. Implementation of strategy for the management of overt dyslipidemia. Poster. 3rd Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2009.
- 133) Karagiannis A, Hatzitolios A, Athyros V, Deligianni K, Charalampous C, Papathanakis C, Theodosiou G, Drakidis T, Hatzikaloudi V, Kamilali C, Matsiras S, Matziris A, Savopoulos C, Baltatzi M, Rudolf J, **Tziomalos K**, Mikhailidis D. Implementation of guidelines for the management of arterial hypertension. Poster. 3rd Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens, Greece. December 2009.
- 134) Tsantilas D, Hatzitolios A, **Tziomalos K**, Didangelos T, Papadimitriou D, Karamitsos D. The effects of buflomedil on peripheral microangiopathy in patients with type 2 diabetes mellitus and without overt micro- or macroangiopathy. Oral presentation. 23rd Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2009.
- 135) **Tziomalos K**, Papastergiou N, Psianou K, Raptis I, Merakis I, Siehou E, Pavlidis A, Ntaios G, Adamidou A, Savopoulos C, Hatzitolios AI. Proportion of patients with ischemic stroke receiving statins". Poster. 4th Greek National Stroke Conference. Alexandroupolis, Greece. October 2009.

- 136) **Tziomalos K**, Psianou K, Papastergiou N, Raptis I, Merakis I, Siehou E, Pavlidis A, Ntaios G, Adamidou A, Savopoulos C, Hatzitolios AI. Statin treatment and reaching low density lipoprotein cholesterol targets in elderly patients with coronary heart disease, ischemic stroke and/or type 2 diabetes mellitus". Poster. 15th Hellenic Congress on Internal Medicine. Athens, Greece. October 2009.
- 137) Anagnostis P, Pagourelas E, Kakafika A, **Tziomalos K**, Papageorgiou A, Athyros V, Karagiannis A. Comparison of eplerenone and spironolactone in the treatment of patients with primary aldosteronism. Oral presentation. 3rd Hellenic Congress on Atherosclerosis. Athens, Greece. December 2008.
- 138) Athyros V, Mikhailidis D, Liberopoulos E, Kakafika A, Karagiannis A, Papageorgiou A, **Tziomalos K**, Ganotakis E, Elisaf M. Effect of statin treatment on renal function and serum uric acid levels and their relation to vascular events in patients with coronary heart disease and metabolic syndrome: A subgroup analysis of the GREek Atorvastatin and Coronary heart disease Evaluation (GREACE) Study. Oral presentation. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 139) Athyros V, Liberopoulos E, Mikhailidis D, Papageorgiou A, Ganotakis E, **Tziomalos K**, Kakafika A, Karagiannis A, Labropoulos S, Elisaf M. Correlation between the type and degree of alcohol consumption and the incidence of metabolic syndrome, diabetes mellitus, coronary heart disease, stroke, and peripheral artery disease in men and women. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 140) Karagiannis A, **Tziomalos K**, Sileli M, Savvatianos S, Kakafika A, Gosios T, Krikis N, Tsimperidis A, Rentzis S, Moschou E, Xochelis M, Athyros V. Increased uric acid levels represent an independent risk factor of in-hospital fatality in patients with acute stroke. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 141) Sampanis C, **Tziomalos K**, Zografou I, Kountana E, Kakavas N, Douloumpakas I, Pyrpasopoulou A, Koumaras C, Mathiopoulou L, Balaska A, Karagiannis A. The effects of pioglitazone on heart function in patients with type 2 diabetes. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 142) Sampanis C, **Tziomalos K**, Zografou I, Kountana E, Kakavas N, Kontotasios K, Stergiopoulos S, Anagnostis P, Simouliou E, Balaska A, Karagiannis A. Pleiotropic actions of pioglitazone in patients with type 2 diabetes. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 143) Karagiannis A, Semertzidis P, **Tziomalos K**, Kakafika A, Sileli M, Kountana E, Skaperdas A, Florentin M, Athyros V. Increased incidence of ischemic stroke during winter. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 144) Athyros V, Ganotakis E, Bathianaki M, Monedas M, Goudevenos I, Papageorgiou A, Papathanasiou A, Kakafika A, Liberopoulos E, **Tziomalos K**, Karagiannis A, Mikhailidis D, Elisaf M. Awareness, treatment and control of the metabolic syndrome and its parameters: A multicenter Greek study. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 145) Athyros V, Mikhailidis D, Didangelos T, Giouleme O, Liberopoulos E, Karagiannis A, Kakafika A, **Tziomalos K**, Burroughs AK, Elisaf M. Effect of

- multifactorial treatment on non-alcoholic fatty liver disease in metabolic syndrome: a randomised study. Poster. 2nd Hellenic Congress on Atherosclerosis. Athens, Greece. November 2006.
- 146) Tzotzas T, Triantos A, **Tziomalos K**, Kaklamanou M, Pidonia-Manika I, Lagrost L. Lipid-transfer proteins in obese women during weight loss and their effects on HDL cholesterol subfractions. Oral presentation. 6th Hellenic Congress on Obesity. Thessaloniki, Greece. September 2006.
- 147) Vakalopoulou S, Perifanis V, Lefkou E, **Tziomalos K**, Garipidou V. Inherited hypo- or afibrinogenemia: genetic identification of three cases. Oral presentation. 16th Hellenic Congress on Hematology. Thessaloniki, Greece. November 2005.
- 148) Poulakos P, Panagiotou A, Mpantios S, **Tziomalos K**, Voliotis K. Diagnosis of hereditary spherocytosis in an elderly patient with hemolytic crisis due to tuberculous pericarditis. Poster. 16th Hellenic Congress on Hematology. Thessaloniki, Greece. November 2005.
- 149) Sampanis C, Koulas G, Zografou I, Semertzidis P, Tsahouridis A, Karagiannis A, **Tziomalos K**, Zamboulis C. Differences in blood pressure control in patients with type 2 diabetes between primary care and a Center for Diabetes Management of a tertiary hospital. Oral presentation. 19th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2005.
- 150) Koulas G, Sampanis C, **Tziomalos K**, Athanasiadou Z, Dogrammatzi F, Panagiotidou D, Machera K, Zamboulis C. Comparative study of seven blood glucose meters in patients with type 2 diabetes. Oral presentation. 19th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2005.
- 151) Sampanis C, **Tziomalos K**, Kountana E, Kakavas N, Zografou I, Koulas G, Karagiannis A, Zamboulis C. Effects of pioglitazone on heart function and left ventricular mass in patients with type 2 diabetes. Oral presentation. 19th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2005.
- 152) Sampanis C, **Tziomalos K**, Zografou I, Koulas G, Kountana E, Balaska A, Karagiannis A, Zamboulis C. Effects of pioglitazone on the metabolic control in patients with type 2 diabetes. Oral presentation. 19th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2005.
- 153) Vassiliadis T, Patsiaoura K, **Tziomalos K**, Giourtzis T, Giouleme O, Grammatikos N, Rizopoulou D, Nikolaidis N, Katsinelos P, Orfanou-Koumerkeridou E, Evgenidis N. Pegylated interferon- α 2b added to ongoing lamivudine therapy in patients with lamivudine-resistant chronic hepatitis B. Poster. 25th Hellenic Congress on Gastroenterology. Thessaloniki, Greece. October 2005.
- 154) Vassiliadis T, Garipidou V, Perifanis V, **Tziomalos K**, Giouleme O, Patsiaoura K, Avramidis M, Nikolaidis N, Vakalopoulou S, Tsitouridis I, Antoniadis A, Semertzidis P, Kioumi A, Premetis E, Evgenidis N. Successful management with splenectomy of intractable ascites due to congenital dyserythropoietic anemia type II-induced cirrhosis. Poster. 25th Hellenic Congress on Gastroenterology. Thessaloniki, Greece. October 2005.
- 155) Hasapis M, Koroniou M, Kollias I, Ntona K, **Tziomalos K**, Pyrpasopoulou A, Vakalopoulou S, Garipidou V, Karagiannis A, Zamboulis

- C. Thrombocytopenia caused by Cytomegolovirus infection in a pregnant woman with systemic lupus erythematosus. Oral presentation. 3rd Scientific Congress of the Medical School of the Aristotle University of Thessaloniki. Thessaloniki, Greece. April 2005.
- 156) Hasapis M, Koroniou M, Kollias I, **Tziomalos K**, Ntona K, Kartali N, Zafiriadou E, Karagiannis A, Zamboulis C. Coexistence of bilateral renal artery stenosis and primary aldosteronism in a diabetic patient. Oral presentation. 20th Northern Hellenic Medical Congress. Thessaloniki, Greece. April 2005.
- 157) **Tziomalos K**. Refractory ascites in a patient with haemosiderosis and dyserythropoietic anemia. Oral presentation. Current topics on Gastroenterology. Thessaloniki, Greece. January 2005.
- 158) Karagiannis A, Balaska A, **Tziomalos K**, Krikis N, Gerasimidis T, Karamanos D, Papageorgiou A, Zamboulis C. The association between angiotensin converting enzyme gene polymorphism and peripheral arterial disease. Poster. 1st Hellenic Congress on Atherosclerosis. Athens, Greece. December 2004.
- 159) Karagiannis A, Avramidis M, Balaska A, **Tziomalos K**, Sfikas G, Vyzantiadis A, Zamboulis C. Plasma B-type natriuretic peptide as a marker of left ventricular hypertrophy in patients with essential hypertension. Poster. 1st Hellenic Congress on Atherosclerosis. Athens, Greece. December 2004.
- 160) Karagiannis A, Balaska A, **Tziomalos K**, Kakafika A, Tokalaki-Nikolaïdou L, Papageorgiou A, Zamboulis C. Lack of an association between angiotensin converting enzyme gene insertion/deletion polymorphism and ischaemic stroke. Poster. 1st Hellenic Congress on Atherosclerosis. Athens, Greece. December 2004.
- 161) Perifanis V, Kartsios C, **Tziomalos K**, Kousi A, Tsatra I, Vlachaki E, Karyda S, Patsiaoura K, Athanasiou-Metaxa M. The significance of liver biopsy in patients with beta thalassaemia. A single-center fifteen-year experience. Oral presentation. 15th Hellenic Congress on Hematology. Athens, Greece. November 2004.
- 162) Sfikas G, **Tziomalos K**, Perifanis V, Vakalopoulou S, Kakafika A, Sotiriadis D, Venizelos I, Garipidou V. Skin involvement in a patient with resistant Hodgkin's disease. Poster. 15th Hellenic Congress on Hematology. Athens, Greece. November 2004.
- 163) Garipidou V, Perifanis V, Vakalopoulou S, Sampani K, Kaloutsi V, Zorbas I, Lefkou E, **Tziomalos K**. Development of multiple myeloma in a patient with chronic myeloid leukemia. Poster. 15th Hellenic Congress on Hematology. Athens, Greece. November 2004.
- 164) Lefkou E, Perifanis V, Vakalopoulou S, Kalovoulos M, Papagianni A, **Tziomalos K**, Venizelos I, Leontsini M, Garipidou V. Bilateral renal infiltration as the single sign of relapsed acute lymphoblastic leukemia. Poster. 15th Hellenic Congress on Hematology. Athens, Greece. November 2004.
- 165) Perifanis V, Sfikas G, Stamoulakatou A, **Tziomalos K**, Krikis N, Tsorlalis I, Vakalopoulou S, Garipidou V. Lead poisoning in a patient with hereditary spherocytosis. Poster. 15th Hellenic Congress on Hematology. Athens, Greece. November 2004.
- 166) Sampanis C, Didangelos T, **Tziomalos K**, Kehagia E, Nakou A, Karamitsos D. Congestive heart failure after treatment with thiazolidinediones.

- Oral presentation. 18th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2004.
- 167) Vassiliadis T, Nikolaidis N, Giouleme O, **Tziomalos K**, Grammatikos N, Patsiaoura K, Zezos P, Gisakis D, Theodoropoulos K, Orfanou E, Evgenidis N. Adefovir dipivoxil added to ongoing lamivudine in patients with lamivudine-resistant chronic hepatitis B. Poster. 24th Hellenic Congress on Gastroenterology. Athens, Greece. November 2004.
- 168) Moschou E, Xohelis M, **Tziomalos K**, Kakafika A, Sileli M, Ntona K, Krikis N, Sfikas G, Nakou A, Karagiannis A, Zamboulis C. Risk factors and course of 142 patients with stroke. Oral presentation. 19th Northern Hellenic Medical Congress. Thessaloniki, Greece. May 2004.
- 169) **Tziomalos K**, Karagiannis A, Krikis N, Sfikas G, Ntona K, Douloumpakas I, Kehagia E, Randou E, Semertzidis P, Zamboulis C. The value of the simultaneous measurement of blood pressure in both arms. Oral presentation. 19th Northern Hellenic Medical Congress. Thessaloniki, Greece. May 2004.
- 170) Perifanis V, Byzantiadis T, Vakalopoulou S, **Tziomalos K**, Garipidou V, Athanasiou-Metaxa M, Charsoulis F. The effect of zoledronic acid on beta thalassemia-associated osteoporosis. Oral presentation. 31st Hellenic Congress on Endocrinology and Metabolism. Athens, Greece. March 2004.
- 171) **Tziomalos K**, Lefkou E, Samara M, Theodoridou S, Perifanis V, Vakalopoulou S, Psomogeridou-Papakyriazi E, Garipidou V. CD20 as a prognostic factor in chronic lymphocytic leukemia. Poster. 14th Hellenic Congress on Hematology. Alexandroupolis, Greece. November 2003.
- 172) Perifanis V, Vakalopoulou S, **Tziomalos K**, Krikis N, Randou E, Venizelos I, Garipidou V. Coexistence of haematological malignancies and solid organ tumors. Poster. 14th Hellenic Congress on Hematology. Alexandroupolis, Greece. November 2003.
- 173) Perifanis V, Vakalopoulou S, **Tziomalos K**, Ntona K, Semertzidis P, Garipidou V. Management of Waldenstrom macroglobulinemia with rituximab. Poster. 14th Hellenic Congress on Hematology. Alexandroupolis, Greece. November 2003.
- 174) Vakalopoulou S, Dimitriadis D, Perifanis V, **Tziomalos K**, Sfikas G, Sevastidou T, Venizelos I, Garipidou V. Increased prevalence of pulmonary hypertension in patients with myeloproliferative diseases. Poster. 14th Hellenic Congress on Hematology. Alexandroupolis, Greece. November 2003.
- 175) Perifanis V, Byzantiadis T, Vakalopoulou S, **Tziomalos K**, Kousi A, Garipidou V, Athanasiou-Metaxa M, Charsoulis F. Management of beta thalassemia-associated osteoporosis with zoledronic acid. Poster. 14th Hellenic Congress on Hematology. Alexandroupolis, Greece. November 2003.
- 176) Gisakis D, Nikolaidis N, Giouleme O, Voutsas A, Patsiaoura K, **Tziomalos K**, Evgenidis N. Intestinal lymphangiectasia: experience of the last biennium. Poster. 23th Hellenic Congress on Gastroenterology. Thessaloniki, Greece. October 2003.
- 177) **Tziomalos K**, Vassiliadis T, Perifanis V, Vakalopoulou S, Rizopoulou D, Theodoridou S, Garipidou V. Preemptive lamivudine treatment in HBsAg positive patients undergoing chemotherapy for hematologic malignancies. Poster. 8th Hellenic Congress on Hepatology. Thessaloniki, Greece. May 2003.
- 178) **Tziomalos K**, Krikis N, Sfikas G, Karagiannis A, Antoniadis A, Kostopoulou E, Charsoulis F. Bilateral pheochromocytoma after the incidental

- diagnosis of hypertension in a young adult. Oral presentation. 8th Hellenic Congress on Hypertension. Thessaloniki, Greece. March 2003.
- 179) Perifanis V, **Tziomalos K**, Vakalopoulou S, Douloumpakas I, Garipidou V. Treatment of patients with idiopathic myelofibrosis with the administration of danazol. Poster. Endocrine and metabolic diseases. Diagnostic and therapeutic methods. Thessaloniki, Greece. October 2002.
- 180) **Tziomalos K**, Verrou E, Perifanis V, Vakalopoulou S, Douloumpakas I, Garipidou V. Treatment of patients with myelodysplastic syndromes with erythropoietin. Poster. Endocrine and metabolic diseases. Diagnostic and therapeutic methods. Thessaloniki, Greece. October 2002.
- 181) **Tziomalos K**, Perifanis V, Vakalopoulou S, Semertzidis P, Bantis C, Garipidou V. Treatment of malignant thrombocythemia with the administration of anagrelide. Poster. 13th Hellenic Congress on Hematology. Patra, Greece. October 2002.
- 182) Perifanis V, Vakalopoulou S, Venizelos I, **Tziomalos K**, Douloumpakas I, Garipidou V. Treatment of three patients with chronic myeloid leukemia with the administration of imatinib mesylate. Poster. 13th Hellenic Congress on Hematology. Patra, Greece. October 2002.
- 183) Perifanis V, **Tziomalos K**, Vakalopoulou S, Panagiotou A, Ntona K, Garipidou V. Polycythaemia vera in young adults. Our experience from five patients. Poster. 13th Hellenic Congress on Hematology. Patra, Greece. October 2002.
- 184) Theodoridou S, Vyzantiadis T, Vakalopoulou S, Perifanis V, **Tziomalos K**, Vyzantiadis A, Garipidou V. Serum vascular endothelial growth factor levels in patients with polycythemia vera. Poster. 13th Hellenic Congress on Hematology. Patra, Greece. October 2002.
- 185) Perifanis V, Vakalopoulou S, Vassiliadis T, **Tziomalos K**, Theodoridou S, Garipidou V. Prophylactic treatment with lamivudine in hematologic patients with chronic hepatitis B virus infection. Poster. 13th Hellenic Congress on Hematology. Patra, Greece. October 2002.

Invited lectures in Congresses

International Congresses

- 1) “Statin intolerance”. Atherosclerosis International Meeting. Organized by the Hellenic Atherosclerosis Society and the Turkish Society of Cardiology. Halkidiki, Greece. September 2018.
- 2) “Case presentation: An obese patient with stable angina and TGs 210 mg/dl”. Atherosclerosis International Meeting. Organized by the Hellenic Atherosclerosis Society and the Turkish Society of Cardiology. Halkidiki, Greece. September 2018.
- 3) “Role of triglycerides in the pathogenesis of microvascular complications of diabetes mellitus”. Joint International Scientific Meeting “Diabetes mellitus. From basic research to the day-to-day clinical practice”. Hellenic Association for the Study and Education on Diabetes Mellitus in cooperation with Universitats Klinikum Tubingen. Thessaloniki, Greece. May 2018.
- 4) “Update on nonstatin therapies and PCSK9 inhibitors”. European Atherosclerosis Society Advanced Course: Clinical Excellence in Lipidology and Prevention. Izmir, Turkey. September 2017.

- 5) "Treatment of FH: diet and hypolipidaemic therapy". European Atherosclerosis Society Advanced Course on Familial Hypercholesterolaemia. Athens, Greece. October 2016.
- 6) "Clinical workshop: case presentations and treatment strategies". European Atherosclerosis Society Advanced Course on Familial Hypercholesterolaemia. Athens, Greece. October 2016.
- 7) "Patient with ischemic stroke and statin intolerance". European Society of Hypertension Working Group on Obesity, Diabetes and High Risk Patients & Hellenic Society for Medical Education. Satellite Symposium of the 2016 European Society of Hypertension Meeting. Porto Carras, Greece. June 2016.
- 8) "Cardiovascular diseases and lifestyle". European Regional Meeting 2016 of the International Federation of Medical Students Association. Thessaloniki, Greece. 22-24/4/2016.
- 9) "Women and stroke: what we know on causes and consequences". 2nd International Symposium on Advances in PCOS and Women's Health. Belgrade, Serbia. 14-16/4/2016.
- 10) "Recent advances in LDL-lowering therapies: lower is better? Lessons from the IMPROVE-IT trial". 2nd Joint Meeting on Lipids, Lipoproteins and Hypolipidaemic Therapy. Jointly organized by the European Atherosclerosis Society, Hellenic Atherosclerosis Society and the Turkish Society of Cardiology. Kos, Greece. 9-11/10/2015.
- 11) "Medical management of hypercholesterolemia". 8th DIETS-European Federation of the Associations of Dieticians Conference. Athens, Greece. October 2014.
- 12) "Diagnosis and management of resistant hypertension: when we should perform renal denervation in hypertension management". European Society of Hypertension Working Group on Obesity, Diabetes and High Risk Patients Satellite Symposium and Consensus Meeting. Thessaloniki, Greece. June 2014.
- 13) "Hypertension in the elderly". Satellite Symposium of the 2012 ESH London Hypertension Meeting on "Blood pressure monitoring in cardiovascular medicine and therapeutics". Thessaloniki, Greece. May 2012.
- 14) "Effect of plant stanol ester and a Mediterranean diet on serum lipids and on estimated CVD risk" in "Plant stanol esters – LDL cholesterol lowering and other health benefits". Official Educational Symposium at the 78th Congress of the European Atherosclerosis Society. Hamburg, Germany. June 2010.

Hellenic Congresses

- 1) "How to treat: A 55-years-old patient with hypertension and incidental identification of microischemic lesions in brain MRI". 8th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2018.
- 2) "Clinical seminar: new drugs. Anti-ANGLT3". 8th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2018.
- 3) "Thrombosis, nonalcoholic steatohepatitis and metabolic syndrome". Seminar titled "Splachnic vein thrombosis: diagnosis and treatment". Thessaloniki. November 2018.
- 4) "A 75-year-old patient with type 2 diabetes mellitus, hypertension and dyslipidemia experiences new-onset atrial fibrillation and has serum creatinine levels 1.7 mg/dl. How should he be managed?". 11th Summer School of the

- Hellenic Atherosclerosis Society on “Management of cardiometabolic risk factors in patients with comorbidities. Interactive discussion of clinical cases.”. Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens. June 2018.
- 5) “Cardiovascular risk and obesity: prevention and treatment”. 12th Macedonian Congress on Nutrition and Dietology. Thessaloniki. May 2018.
 - 6) “Adipose tissue beyond fat: which is the importance of metabolically healthy obesity?”. 45th Hellenic Congress on Endocrinology, Metabolism and Diabetes Mellitus. Thessaloniki. May 2018.
 - 7) “ABC of clinical research. How to structure and execute a research protocol”. 24th Congress of Greek Medical Students. Athens. April 2018.
 - 8) “ABC of clinical research. How to structure and execute a research protocol”. 4th Applied Basic Clinical Seminar with Scenarios for Students. Thessaloniki. April 2018.
 - 9) “Quantitative and qualitative analysis of medical data”. Interactive seminar on how to write a medical paper of Hippokratia. Thessaloniki. February 2018.
 - 10) “How to write a review paper”. Interactive seminar on how to write a medical paper of Hippokratia. Thessaloniki. February 2018.
 - 11) “LDL: The lower the better?”. 2018 Congress of the Hellenic Stroke Organization. Athens. March 2018.
 - 12) “The lower the LDL the better? Which are the desirable targets and in which patients?”. 18th Congress on New Trends in Cardiology. Thessaloniki. January 2018.
 - 13) “Lipid-lowering treatment: what does the future hold?” 7th Congress of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2017.
 - 14) “A patient who develops myalgias during treatment with statins”. 7th Congress of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2017.
 - 15) “Diabetic dyslipidemia: novel insights”. 31st Hellenic Congress of the Hellenic Society for the Study and Education of Diabetes Mellitus. Thessaloniki. November 2017.
 - 16) “Lipid-lowering treatment in patients with ischemic stroke” 5th Clinical Seminar on Pulmonary Hypertension and Thrombosis. Thessaloniki. November 2017.
 - 17) Seminar “How to write an original paper, a review and a case report”. 2^{7th} Educational Seminar of the Hellenic Atherosclerosis Society on “Prevention and management of cardiovascular risk”. Thessaloniki. September 2017.
 - 18) Seminar “Introduction in statistical analysis and the use of SPSS”. 27th Educational Seminar of the Hellenic Atherosclerosis Society on “Prevention and management of cardiovascular risk”. Thessaloniki. September 2017.
 - 19) “Clinical pharmacology of ezetimibe, coleselvelam and fibrates”. 10th Summer School of the Hellenic Atherosclerosis Society on “The use of agents for the prevention and treatment of cardiovascular diseases in everyday clinical practice”. Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens. June 2017.
 - 20) “A patient with new-onset atrial fibrillation and diabetic nephropathy”. 26th Educational Seminar of the Hellenic Atherosclerosis Society on “What is new in the management of dyslipidemia, diabetes mellitus, obesity and hypertension focusing on everyday clinical practice”. Halkidiki. June 2017.

- 21) "Dietary and pharmacological management of obesity". 5th Spring School of Internal Medicine of the Medical Society of Thessaloniki. Volos. June 2017.
- 22) "Natural history and management of familial hypercholesterolemia". 5th Spring School of Internal Medicine of the Medical Society of Thessaloniki. Volos. June 2017.
- 23) "Cost-effectiveness of PCSK9 inhibitors". 2nd Congress on Pharmacoepidemiology. Alexandroupoli. May 2017.
- 24) "Management of hypercholesterolemia in patients intolerant to statins". 20th Course of Continuous Education on Endocrinology: "Diabetes mellitus-Obesity-Lipids". Hellenic Endocrine Society. Athens. March 2017.
- 25) "Secondary dyslipidemias". 3rd Panhellenic Congress on Continuing Education in Internal Medicine. Thessaloniki, Greece. February 2017.
- 26) "Management of patients with hyperuricemia". 6th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2016.
- 27) "Diagnosis and management of familial hypercholesterolemia". 6th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2016.
- 28) "Management of familial hypercholesterolemia: Diet and pharmacotherapy". 6th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2016.
- 29) "From hypertension to stroke". Educational seminar of the Hellenic Society of Physiology on "Diabetes mellitus and comorbidities: from theory to practice". Konitsa. October 2016.
- 30) «Management of dyslipidemias in everyday clinical practice. Dilemmas, controversial topics, special populations». Educational seminar of the Hellenic Society of Physiology on "Diabetes mellitus and comorbidities: from theory to practice". Konitsa. October 2016.
- 31) «Hypertension: from diagnosis to prevention and treatment. Clinical cases». Educational seminar of the Hellenic Society of Physiology on "Diabetes mellitus and comorbidities: from theory to practice". Konitsa. October 2016.
- 32) "Dietetic and pharmacological management of obesity". Educational seminar on Gastroenterology and Hepatology of the Department of Northern Greece "Macedonia" of the Hellenic Society of Gastroenterology. Thessaloniki. September 2016.
- 33) "A 75-year-old patient with a history of hypertension, type 2 diabetes mellitus and dyslipidemia is newly diagnosed with atrial fibrillation and serum creatinine levels are 1.7 mg/dl. Which drugs and at what dose should be administered?" Educational Seminar of the Hellenic Atherosclerosis Society on "Current dilemmas in the management of cardiovascular risk factors". Preveza. September 2016.
- 34) "Is there a need for other cardiovascular risk factors besides the established risk factors?" 9th Summer School of the Hellenic Atherosclerosis Society on "Hot topics in the prevention and treatment of cardiovascular disease". Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens. June 2016.
- 35) "Metabolic disorders in patients with polycystic ovary syndrome". Educational Symposium on "Endocrine disorders in the everyday clinical practice of internists" of the Internal Medicine Society of Northern Greece and the Helllenic Endocrine Society. Thessaloniki. June 2016.
- 36) "Which unmet needs does the inhibition of PCSK9 with a fully humanized monoclonal antibody cover?" 42nd Hellenic Medical Congress. Athens. May 2016.

- 37) "New onset type 2 diabetes mellitus after treatment with statins". 4th Spring School of Internal Medicine of the Medical Society of Thessaloniki. Volos. March 2016.
- 38) "Nonalcoholic fatty liver disease". 4th Spring School of Internal Medicine of the Medical Society of Thessaloniki. Volos. March 2016.
- 39) "Basic principles of medical statistics and epidemiology". 2nd Hellenic Congress of Continuous Education in Internal Medicine. Thessaloniki. February 2016.
- 40) "How to search for medical literature". 1st Medical Career Forum of the Scientific Society of Medical School Students. Thessaloniki. December 2015.
- 41) "Peripheral arterial disease: diagnosis and management". 6th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2015.
- 42) "Initiation of pharmaceutical treatment and its interactions with dietary recommendations in patients with dyslipidemia". 13th Hellenic Congress on Nutrition and Dietetics and 3rd Hellenic Congress on Clinical Nutrition. Athens. November 2015.
- 43) "Advances in the management of NAFLD-NASH". Educational seminar on Gastroenterology and Hepatology of the Department of Northern Greece "Macedonia" of the Hellenic Society of Gastroenterology. Thessaloniki. November 2015.
- 44) "Statins and diabetes mellitus". 29th Congress of the Diabetologic Society of Northern Greece. Thessaloniki. November 2015.
- 45) "Novel developments in the management of iron-deficiency anemia". 7th Hellenic Educational Seminar of the Institute for the Study, Research and Education on Diabetes Mellitus and Metabolic Diseases. Volos. October 2015.
- 46) Seminar "How to write an original paper, a review and a case report". 25th Educational Seminar of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Thessaloniki. September 2015.
- 47) Seminar "Introduction in statistical analysis and the use of SPSS". 25th Educational Seminar of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Thessaloniki. September 2015.
- 48) "The role of PCSK9 inhibition in the management of dyslipidemias. Novel clinical data on evolocumab". 25th Educational Seminar of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Thessaloniki. September 2015.
- 49) "Glycemic control or multifactorial treatment in diabetic patients?" 7th Educational Seminar of the Society for the Study of Vascular Risk Factors. Ioannina. September 2015.
- 50) "Current concepts in the diagnosis and management of peripheral arterial disease". 8th Summer School of the Hellenic Atherosclerosis Society on "Metabolic and chronic diseases and their association with cardiovascular disease". Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens. June 2015.
- 51) "Nonalcoholic fatty liver disease: diagnosis and management". 24th Educational Seminar of the Hellenic Atherosclerosis Society on "Multifactorial management of cardiovascular risk". Halkidiki. June 2015.
- 52) "Antiplatelet treatment in ischemic stroke". 24th Educational Seminar of the Hellenic Atherosclerosis Society on "Multifactorial management of cardiovascular risk". Halkidiki. June 2015.

- 53) "Statins in primary prevention". 14th Northern Greece Cardiology Congress. Thessaloniki. May 2015.
- 54) "Antihypertensive treatment. When to start and with which target?" 23rd Educational Meeting of the Hellenic Atherosclerosis Society on "Multifactorial management of cardiovascular risk". Nafplio. May 2015.
- 55) "Statins and type 2 diabetes mellitus. Novel concepts and the role of pitavastatin". 23rd Educational Meeting of the Hellenic Atherosclerosis Society on "Multifactorial management of cardiovascular risk". Nafplio. May 2015.
- 56) "Novel aspects in the management of dyslipidemia. Results of the IMPROVE-IT trial". 3rd Spring School of Internal Medicine of the Hellenic Society of Medical Education on "Dilemmas and challenges in the management of common problems of Internal Medicine". Halkidiki. May 2015.
- 57) "Dyslipidemia and dementia". 9th Panhellenic Interdisciplinary Conference on Alzheimer's Disease & Related Disorders & 1st Mediterranean on Neurodegenerative Diseases. Thessaloniki. May 2015.
- 58) "Treatment of dyslipidemia: what, when and how". 7th International Congress of Internal Medicine of Central Greece. Larisa. March 2015.
- 59) "New-onset diabetes mellitus during treatment with statins". 2nd Winter School of Internal Medicine of the Hellenic Society of Medical Education on "Diagnosis and novel treatments of diabetes mellitus and its complications". Kastoria. February 2015.
- 60) "Hellenic guidelines for the management of dyslipidemias". 2nd Winter School of Internal Medicine of the Hellenic Society of Medical Education on "Diagnosis and novel treatments of diabetes mellitus and its complications". Kastoria. February 2015.
- 61) "Hypolipidemic, antidiabetic and antiplatelet/anticoagulant treatment in patients with chronic kidney disease". 6th Hellenic Congress on Atherosclerosis. Athens, Greece. December 2014.
- 62) "Diagnosis and management of hypokalemia". Seminar titled "Electrolyte and acid-base disorders". Thessaloniki, Greece. November 2014.
- 63) "Therapeutic interventions for reaching LDL cholesterol targets in the diabetic patient". 28th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2014.
- 64) "Combined atherogenic dyslipidemia: improving the total lipid profile". 28th Congress of the Diabetologic Society of Northern Greece. Thessaloniki, Greece. November 2014.
- 65) "Qualitative and quantitative analysis of medical data". Interactive seminar on "How to write a paper: from research hypothesis to publication". Thessaloniki. November 2014.
- 66) "How to write a review". Interactive seminar on "How to write a paper: from research hypothesis to publication". Thessaloniki. November 2014.
- 67) "Immune mechanisms in hypertension". 2nd Seminar in Internal Medicine on "Immunology as a diagnostic and therapeutic modality in Internal Medicine". Thessaloniki. October 2014.
- 68) "Nonalcoholic steatohepatitis: the role of diet and statins". Postgraduate Courses of the Northern Greece Section of the Hellenic Society of Gastroenterology. Thessaloniki. October 2014.
- 69) "Novel lipid-lowering agents: CETP inhibitors, mipomersen and lomitapide". 7th Summer School of the Hellenic Atherosclerosis Society on "Lifestyle

- changes and pharmacotherapy for the management of cardiovascular disease: dilemmas and perspectives". Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens. June 2014.
- 70) "Management of patients with combined dyslipidemia and chronic kidney disease". 22nd Educational Meeting of the Hellenic Atherosclerosis Society on "Multifactorial management of cardiovascular risk". Porto Heli. June 2014.
- 71) "Aggressive lipid-lowering treatment: when and in which patients?". 22nd Educational Meeting of the Hellenic Atherosclerosis Society on "Multifactorial management of cardiovascular risk". Porto Heli. June 2014.
- 72) "Lipid-lowering treatment in patients with elevated transaminase levels". 22nd Educational Meeting of the Hellenic Atherosclerosis Society on "Multifactorial management of cardiovascular risk". Porto Heli. June 2014.
- 73) "High-risk patients and treatment with statins: how early, how much aggressively?". 13th Northern Greece Cardiology Congress. Thessaloniki. May 2014.
- 74) "Statins in low-risk patients". 13th Northern Greece Cardiology Congress. Thessaloniki. May 2014.
- 75) "Management of resistant hypertension". 2st Spring School of Internal Medicine of the Hellenic Society of Medical Education on "Diagnosis and management of metabolic diseases: from physiology to pathology". Metsovo. May 2014.
- 76) "Diagnosis and management of hypokalemia". 1st Winter School of Internal Medicine of the Hellenic Atherosclerosis Society on "Acid-base and electrolyte disorders in high cardiovascular risk patients". Thessaloniki. January 2014.
- 77) "Treatment with statins in patients with chronic kidney disease". 19th Hellenic Congress of Internal Medicine. Athens. December 2013.
- 78) "Metabolic disorders in patients with polycystic ovary syndrome". Educational Symposium on "Endocrine disorders in the everyday clinical practice of internists" of the Internal Medicine Society of Northern Greece and the Helllenic Endocrine Society. Thessaloniki. December 2013.
- 79) "How to choose the appropriate journal for publishing a paper". Educational Seminar of the Annals of Gastroenterology titled "Current issues in medical research and publishing" at the 33rd Hellenic Congress of Gastroenterology. Thessaloniki. December 2013.
- 80) "Lipid-lowering, antihypertensive and antidiabetic treatment in patients with chronic kidney disease". 5th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. November 2013.
- 81) "A 74-year-old patient with ischemic stroke and newly diagnosed atrial fibrillation". 21st Educational Seminar of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Thessaloniki. September 2013.
- 82) "Guidelines for the management of dyslipidemia and their implementation in everyday clinical practice. Secondary prevention and presentation of interesting cases". 21st Educational Seminar of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Thessaloniki. September 2013.
- 83) "How to write a review and a case report". 21st Educational Seminar of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Thessaloniki. September 2013.

- 84) "Cardiovascular disease prevention in patients with chronic inflammatory diseases". 6th Summer School of the Hellenic Atherosclerosis Society on "Pharmacotherapy for the prevention and management of cardiovascular disease in special populations". Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens. June 2013.
- 85) "Antiplatelet agents. Groups – indications – dilemmas". Spring School of the Foundation of the Hellenic Hematologic Society on "Ph(-) myeloproliferative disorders – hemostasis". Alexandroupoli. June 2013.
- 86) "Is primary prevention of cardiovascular diseases with lipid-lowering agents necessary?". 1st Spring School of Internal Medicine of the Hellenic Atherosclerosis Society on "Diagnosis and management of metabolic diseases: from physiology to pathology". Kryopigi. May 2013.
- 87) "Erectile dysfunction in diabetic patients". Seminar of the Internal Medicine Society of Northern Greece titled "Diabetes mellitus: from theory to physicians' everyday clinical practice". Thessaloniki. May 2013.
- 88) "Reducing the cardiovascular risk by the immediate intervention of the general practitioner on dyslipidemia". 25th Hellenic Congress of General Practitioners. Kallithea, Greece. May 2013.
- 89) "The benefits of statins in primary and secondary prevention". 1st Western Greece Cardiology Congress. Ptolemaida. April 2013.
- 90) "Recent advances in stroke prevention in patients with atrial fibrillation. Novel anticoagulants in clinical practice". 5th Greek National Stroke Conference. Thessaloniki, Greece. March 2013.
- 91) "Dyslipidemia and dementia. Pathophysiological associations". 8th Hellenic Congress on Alzheimer's disease. Thessaloniki. March 2013.
- 92) "Stroke: pathogenesis, presentation and risk factors". Seminar of the Internal Medicine Society of Northern Greece and of the Orthopedic and Injury Society of Macedonia and Thrace titled "Common problems of internal medicine in the orthopedic patient". Thessaloniki. February 2013.
- 93) "Pathogenesis of diabetic nephropathy: advanced glycation end-products." 20th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. "Recent developments in diabetic nephropathy". Thessaloniki. February 2013.
- 94) "How to write a review article". 5th Hellenic Congress on Atherosclerosis. Athens. November 2012.
- 95) "Manifestations of the metabolic syndrome that are not included in its diagnostic criteria". 5th Hellenic Congress on Atherosclerosis. Athens. November 2012.
- 96) "Lipid-lowering treatment in patients with chronic kidney disease". 5th Hellenic Congress on Atherosclerosis. Athens. November 2012.
- 97) "A 59-year-old patient with dyslipidemia (LDL-C 165 mg/dl) and SGOT 42 IU, SGPT 51 IU, γGT=92 and fatty liver". 5th Hellenic Congress on Atherosclerosis. Athens. November 2012.
- 98) "Should patients with abnormal liver biochemistry due to nonalcoholic fatty liver disease be treated with statins?". 5th Hellenic Congress on Atherosclerosis. Athens. November 2012.
- 99) "A 65-year old patient with renal artery stenosis. Should he receive only pharmacological treatment or should he also undergo angioplasty?" 5th Hellenic Congress on Atherosclerosis. Athens. November 2012.

- 100) "Choice of the 4th antihypertensive agents in patients with resistant hypertension". 5th Summer School of the Hellenic Atherosclerosis Society on "Combined treatment for the management of hypertension, dyslipidemia and diabetes mellitus". Endorsed by the European Atherosclerosis Society. Athens. July 2012.
- 101) "Guidelines for the management of dyslipidemia". 5th Summer School of the Hellenic Atherosclerosis Society on "Combined treatment for the management of hypertension, dyslipidemia and diabetes mellitus". Endorsed by the European Atherosclerosis Society. Athens. July 2012.
- 102) "Smoking". 11th Northern Greece Cardiology Congress. Thessaloniki. May 2012.
- 103) "Non-alcoholic fatty liver disease and cardiovascular disease: Is there an association? Does a common treatment exist? Novel concepts". 19th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on "Hypolipidemic agents and quality of life". Porto Carras. April 2012.
- 104) "A 67-year old patient with coronary heart disease, mixed dyslipidemia and chronic kidney disease". 19th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on "Hypolipidemic agents and quality of life". Porto Carras. April 2012.
- 105) "A patient with mixed dyslipidemia and statin intolerance". 18th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Heraklion. April 2012.
- 106) "The current management of mixed dyslipidemia". 18th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Heraklion. April 2012.
- 107) "How to write a review article". 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2011.
- 108) "Hypertension in the elderly". 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2011.
- 109) "Management of elderly patients with chronic kidney disease – antihypertensive treatment". 17th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. "Kidney diseases – Hypertension and Dyslipidemia in the elderly". Lefkada. October 2011.
- 110) "How to write a review article". 17th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Thessaloniki. September 2011.
- 111) "A 65-year old patient with renal artery stenosis: should he be treated only medically or should he undergo angioplasty?". 17th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on "Prevention and management of cardiovascular risk". Thessaloniki. September 2011.
- 112) "The use of vitamin K antagonists in clinical practice". 4th Summer School of the Hellenic Atherosclerosis Society on "Atherothrombosis: from pathophysiology to treatment". Endorsed by the European Atherosclerosis Society. Athens. July 2011.
- 113) "Management of dyslipidemias". 10th Northern Greece Cardiology Congress. Thessaloniki. May 2011.

- 114) "Urinary tract infections in the elderly". 16th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. "Nephrolithiasis and urinary tract infections". Katerini. May 2011.
- 115) "Primary and secondary prevention of cardiovascular disease". 6th Scientific Congress of the Medical School of the Aristotle University of Thessaloniki. Thessaloniki. April 2011.
- 116) "Does tight glycemic control reduce the risk for macrovascular complications?" 1st Hellenic Diabetologic Forum of the Hellenic Diabetologic Society and the Diabetologic Society of Northern Greece. Volos. January 2011.
- 117) "Dyslipidemia and obesity". Seminar of the Internal Medicine Society of Northern Greece titled "The importance of obesity in Internal Medicine". Thessaloniki. September 2010.
- 118) "Endocrine hypertension". 3rd Summer School of the Hellenic Atherosclerosis Society "Atherosclerosis and cardiovascular disease: from pathophysiology to clinical practice" on "Atherosclerosis and hypertension". Endorsed by the European Atherosclerosis Society. Athens. July 2010.
- 119) "Management of diabetic dyslipidemia". Meeting of Young Speakers of the Diabetologic Society of Northern Greece. Thessaloniki. May 2010.
- 120) "Pathophysiology and management of hypertension in the metabolic syndrome". 3rd Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2009.
- 121) "Fluid and electrolyte balance and nutrition during acute stroke". 4th Greek National Stroke Conference. Alexandroupolis. October 2009.
- 122) "How to treat: A diabetic patient with hypertension, hyperkalemia and chronic kidney disease". 15th 2-day Educational Course of the Hellenic Atherosclerosis Society. Thessaloniki. September 2009.
- 123) "How to treat: A 73-year-old woman with resistant hypertension". 3rd Hellenic Congress on Atherosclerosis. Athens. December 2008.
- 124) "Causes and treatment of hypokalemia". Seminar on Acid-base and Electrolyte Disorders. Thessaloniki. September 2006.

Invited lectures in webinars

- 1) "Elevated uric acid levels and cardiovascular risk". Advanced Course in Cardiovascular Prevention. Organized by the Hellenic Atherosclerosis Society. June 2018.
- 2) "The role of very-low density lipoprotein cholesterol and remnants in the pathogenesis of atherosclerosis – therapeutic implications". Excellence in Lipidology. Organized by the Hellenic Atherosclerosis Society. February 2018.
- 3) "Diabetic dyslipidemia". Organized by the Hellenic Diabetes Association. September 2016.
- 4) "Treatment targets and management of dyslipidemia in patients with type 2 diabetes mellitus". Webinar titled "Diabetes mellitus and its complications: comprehensive management of the diabetic patient in clinical practice". Organized by the Society for the Study of the Diseases of the Diabetic Foot. May 2014.

Referee in peer-reviewed journals

- 1) Lancet
- 2) Annals of Internal Medicine
- 3) European Respiratory Journal
- 4) Journal of Neurology, Neurosurgery and Psychiatry
- 5) Hypertension
- 6) Stroke
- 7) Diabetes Obesity & Metabolism
- 8) Metabolism
- 9) Journal of Clinical Endocrinology and Metabolism
- 10) American Journal of Obstetrics and Gynecology
- 11) Cell Death and Disease
- 12) Cellular Physiology and Biochemistry
- 13) Heart
- 14) Rheumatology
- 15) Cardiovascular Diabetology
- 16) Clinical Science
- 17) International Journal of Obesity
- 18) Aging and Disease
- 19) Human Reproduction
- 20) Journal of Thrombosis and Haemostasis
- 21) Pharmacological Research
- 22) Expert Opinion On Drug Discovery
- 23) Oral Oncology
- 24) European Journal of Neurology
- 25) Expert Opinion on Therapeutic Targets
- 26) Liver International
- 27) Atherosclerosis
- 28) Bone
- 29) European Journal of Endocrinology
- 30) Nutrients
- 31) American Heart Journal
- 32) Scientific Reports
- 33) Heart Failure Reviews
- 34) Current Neuropharmacology
- 35) International Journal of Cardiology
- 36) Therapeutic Advances in Endocrinology and Metabolism
- 37) Expert Opinion on Investigational Drugs
- 38) Biochemical Journal
- 39) Frontiers in Pharmacology
- 40) International Journal of Molecular Sciences
- 41) British Journal of Nutrition
- 42) Expert Opinion on Emerging Drugs
- 43) Molecular and Cellular Endocrinology
- 44) Acta Pharmacologica Sinica
- 45) Clinical Chemistry and Laboratory Medicine
- 46) Mediators of Inflammation
- 47) Frontiers in Neurology
- 48) Expert Opinion on Pharmacotherapy

- 49) Current Medicinal Chemistry
- 50) Frontiers in Physiology
- 51) Biochemical Society Transactions
- 52) Expert Review of Molecular Diagnostics
- 53) Maturitas
- 54) Nutritional Neuroscience
- 55) World Journal of Gastroenterology
- 56) International Journal of Biochemistry & Cell Biology
- 57) QJM: An International Journal of Medicine
- 58) Clinical and Experimental Rheumatology
- 59) Neurotoxicity Research
- 60) Endocrine
- 61) Journal of Endocrinological Investigation
- 62) Expert Opinion on Drug Metabolism and Toxicology
- 63) Acta Neurologica Scandinavica
- 64) Obesity Facts
- 65) Clinical Endocrinology
- 66) Annals of Nutrition and Metabolism
- 67) American Journal of Hypertension
- 68) Endocrine Connections
- 69) European Journal of Pharmacology
- 70) Annals of Medicine
- 71) Angiology
- 72) Prostaglandins and Other Lipid Mediators
- 73) Lupus
- 74) Expert Review of Gastroenterology & Hepatology
- 75) Disease Markers
- 76) Drug Design, Development and Therapy
- 77) Cerebrovascular Diseases
- 78) Journal of Diabetes Research
- 79) Digestive Diseases and Sciences
- 80) PLoS One
- 81) Expert Review of Clinical Pharmacology
- 82) Current Pharmaceutical Design
- 83) Journal of Sports Sciences
- 84) Journal of Human Nutrition and Dietetics
- 85) Current Medical Research and Opinion
- 86) Lipids in Health and Disease
- 87) Current Drug Metabolism
- 88) Acta Obstetricia et Gynecologica Scandinavica
- 89) American Journal of Cardiovascular Drugs
- 90) Journal of Clinical Hypertension
- 91) Journal of the American Society of Hypertension
- 92) European Journal of Haematology
- 93) Immunological Investigations
- 94) Biomed Research International
- 95) Molecular and Cellular Biochemistry
- 96) Hormone and Metabolic Research
- 97) Diabetes Research and Clinical Practice
- 98) Biomedical and Environmental Sciences

- 99) Journal of the Neurological Sciences
100) Laryngoscope
101) BMC Public Health
102) BMJ Open
103) Diabetology & Metabolic Syndrome
104) Biomarkers in Medicine
105) International Journal of Endocrinology
106) Pharmacogenomics
107) International Journal of Medical Sciences
108) Journal of Medical Economics
109) Cardiovascular Therapeutics
110) Journal of Cardiovascular Pharmacology
111) Diabetes Therapy
112) Neuropsychiatric Disease and Treatment
113) Heart and Vessels
114) Journal of the American College of Nutrition
115) Archives of Virology
116) International Journal of Environmental Research and Public Health
117) Clinical Rheumatology
118) Blood Pressure
119) Journal of Women's Health
120) Current Vascular Pharmacology
121) Complementary Therapies in Medicine
122) Evidence-based Complementary and Alternative Medicine
123) Postgraduate Medicine
124) Journal of Investigative Medicine
125) Medicine
126) International Journal of Clinical Practice
127) Chemotherapy
128) Journal of Medical Virology
129) Biomarkers
130) Journal of Gastrointestinal and Liver Diseases
131) World Journal of Clinical Cases
132) Molecular Medicine Reports
133) International Journal of Laboratory Haematology
134) Gastroenterology Research and Practice
135) International Journal of Neuroscience
136) Human and Experimental Toxicology
137) BMC Cardiovascular Disorders
138) European Journal of Obstetrics & Gynecology and Reproductive Biology
139) Archives Of Physiology And Biochemistry
140) Clinical Neurology and Neurosurgery
141) Patient Preference and Adherence
142) Journal of Cardiovascular Medicine
143) Experimental and Clinical Endocrinology & Diabetes
144) Diagnostic and Interventional Radiology
145) International Journal of Dermatology
146) Endocrine Research
147) Gynecological Endocrinology

- 148) Human Fertility
149) Acta Haematologica
150) Journal of Clinical Laboratory Analysis
151) Anadolu Kardiyoloji Dergisi-The Anatolian Journal of Cardiology
152) Clinics
153) World Journal of Pediatrics
154) Cardiology Research and Practice
155) Medical Hypotheses
156) Journal of Pediatric Endocrinology and Metabolism
157) Archives of Endocrinology and Metabolism
158) Saudi Medical Journal
159) Personalized Medicine
160) Journal of International Medical Research
161) European Journal of Inflammation
162) Neurosciences
163) Acta Clinica Belgica
164) Clinical Lipidology
165) Hippokratia
166) British Journal of Medicine and Medical Research
167) Clinical Medicine Insights: Cardiology
168) Clinical Medicine Reviews in Therapeutics
169) Clinical Medicine Reviews in Vascular Health
170) Current Diabetes Reviews
171) Current Hypertension Reviews
172) Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy
173) Diabetes Management
174) Drug, healthcare and patient safety
175) European Medical Journal. Reproductive health
176) Expert Review of Cardiovascular Therapy
177) Expert Review of Clinical Pharmacology
178) Expert Review of Endocrinology and Metabolism
179) Expert Review of Obstetrics & Gynecology
180) Expert Review of Precision Medicine and Drug Development
181) Heliyon
182) Indian Heart Journal
183) Integrated Blood Pressure Control
184) International Journal of Biomedical Science
185) International Journal of Cardiovascular Research
186) International Journal of General Medicine
187) International Journal of Pediatrics
188) Journal of Diabetes and Metabolism
189) Journal of Epidemiology and Global Health
190) Journal of Inflammation Research
191) Journal of Obstetrics and Gynecology
192) Journal of the Turkish German Gynecological Association
193) Lipid Insights
194) Nutrition and Metabolic Insights
195) Open Journal of Nephrology
196) Pan African Medical Journal
197) Patient Related Outcome Measures

- 198) Pharmaceutical Patent Analyst
199) Primary Prevention Insights
200) SAGE Open Medicine
201) Springer Plus
202) The Open Cardiovascular Medicine Journal
203) The Open Conference Proceedings Journal
204) The Open Pharmacology Journal
205) Therapeutics and Clinical Risk Management
206) Vascular Health and Risk Management
207) World Journal of Cardiology
208) World Journal of Diabetes
209) World Journal of Experimental Medicine
210) World Journal of Gastrointestinal Pharmacology and Therapeutics
211) World Journal of Hepatology
212) World Journal of Hypertension
213) World Journal of Transplantation
214) Advanced Research in Biological Sciences
215) African Journal of Biotechnology
216) African Journal of Food Science
217) African Journal of Food Science and Technology
218) African Journal of Internal Medicine
219) African Journal of Microbiology Research
220) African Journal of Pharmacy and Pharmacology
221) Annals of Medical and Health Sciences Research
222) Asian Journal of Sports Medicine
223) Basic Research Journal of Medicine and Clinical Sciences
224) Biotechnology and Molecular Biology Reviews
225) Chronic Diseases and Translational Medicine
226) Clinical Medicine Insights: Endocrinology and Diabetes
227) Clinical Medicine Insights: Therapeutics
228) Clinical Practice
229) International Blood Research and Reviews
230) International Journal of Biochemistry and Biotechnology
231) International Journal of Diabetes and Clinical Research
232) International Journal of Fertility and Sterility
233) International Journal of Gynecology and Obstetrics Research
234) International Journal of Medical and Biomedical Sciences
235) International Journal of Medicine and Medical Sciences
236) International Journal of Nutrition and Metabolism
237) International Journal of Public Health and Epidemiology
238) International Journal of Public Health and Epidemiology Research
239) International Research Journal of Agricultural Science
240) International Research Journal of Biochemistry and Bioinformatics
241) International Research Journal of Microbiology
242) International Research Journal of Plant Science
243) Journal of Cancer and Clinical Oncology
244) Journal of Clinical Medicine and Research
245) Journal of Diseases and Disorders
246) Journal of Medical Genetics and Genomics
247) Journal of Medical Laboratory and Diagnosis

- 248) Journal of Medicinal Plants Research
- 249) Journal of Medicine and Medical Sciences
- 250) Journal of Neuroscience and Behavioural Health
- 251) Journal of Obesity & Weight Loss Therapy
- 252) Journal of Public Health and Epidemiology
- 253) Journal of Scientific Research and Studies
- 254) Journal of Symptoms and Signs
- 255) Journal of Women's Health, Issues and Care
- 256) Nepalese Heart Journal
- 257) Pharmaceutical Sciences
- 258) Progress in Health Sciences
- 259) Research in Endocrinology
- 260) Scientific Research and Essays
- 261) SRX Medicine
- 262) The Open Drug Safety Journal
- 263) The Open Hypertension Journal
- 264) WebPub Journal of Scientific Research
- 265) World Journal of Methodology
- 266) World Journal of Microbiology
- 267) World Journal of Obstetrics and Gynecology

The cumulative impact factor of the above-mentioned journals for the year 2016 is **563.795**.

Referee in e-books

- 1) Arteriosclerosis and cardiovascular medicine. Bentham Science Publishers.

Continuing medical education

Attendance of International Congresses

- 1) 3rd European Stroke Organization Conference. Prague, Czech Republic. May 2017.
- 2) 85th European Atherosclerosis Society Congress. Prague, Czech Republic. April 2017.
- 3) European Society of Cardiology Congress 2016. Rome, Italy. August 2016.
- 4) European Society of Hypertension Working Group on Obesity, Diabetes and High Risk Patients & Hellenic Society for Medical Education. Satellite Symposium of the 2016 European Society of Hypertension Meeting. Porto Carras, Greece. June 2016.
- 5) 84th European Atherosclerosis Society Congress. Innsbruck, Austria. May 2016.
- 6) International Symposium on Advances in PCOS and Women's Health. Belgrade, Serbia. April 2016.
- 7) European Society of Cardiology Congress 2015. London, United Kingdom. August 2015.
- 8) European Stroke Organization Conference 2015. Glasgow, United Kingdom. April 2015.

- 9) 83rd European Atherosclerosis Society Congress. Glasgow, United Kingdom. March 2015.
- 10) 9th World Stroke Congress. Istanbul, Turkey. Οκτώβριος 2014.
- 11) 8th DIETS-European Federation of the Associations of Dieticians Conference. Athens, Greece. October 2014.
- 12) European Society of Cardiology Congress 2014. Barcelona, Spain. August 2014.
- 13) Joint 24th European Meeting on Hypertension and Cardiovascular Protection and 25th Scientific Meeting of the International Society of Hypertension. Athens, Greece. June 2014.
- 14) European Society of Hypertension Working Group on Obesity, Diabetes and High Risk Patients Satellite Symposium and Consensus Meeting. Thessaloniki, Greece. June 2014.
- 15) 82nd European Atherosclerosis Society Congress. Madrid, Spain. June 2014.
- 16) 23rd European Stroke Conference. Nice, France. May 2014.
- 17) 18th Annual Meeting of the Israeli Society for Research, Prevention and Treatment of Atherosclerosis. Eilat, Israel. October 2013.
- 18) European Society of Cardiology Congress 2012. Munich, Germany. August 2012.
- 19) Satellite Symposium of the 2012 ESH London Hypertension Meeting on “Blood pressure monitoring in cardiovascular medicine and therapeutics”. Thessaloniki, Greece. May 2012.
- 20) ARTERY 2011. Paris, France. October 2011.
- 21) 79th Congress of the European Atherosclerosis Society. Gothenburg, Sweden. June 2011.
- 22) 78th Congress of the European Atherosclerosis Society. Hamburg, Germany. June 2010.
- 23) American College of Cardiology 57th Annual Scientific Sessions. Chicago, USA. March 2008.
- 24) American Heart Association Scientific Sessions 2007. Orlando, USA. November 2007.
- 25) 31st Annual Meeting of the European Thyroid Association. Naples, Italy. September 2006.
- 26) 40th Annual Meeting of the European Association for the Study of the Liver. Paris, France. April 2005.
- 27) 14th European Meeting on Hypertension. Paris, France. June 2004.
- 28) 9th Congress of the European Hematology Association. Geneva, Switzerland. June 2004.
- 29) 8th Congress of the European Hematology Association. Lyon, France. June 2003.

Attendance of Hellenic Congresses

- 1) 7th Congress of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2017.
- 2) 42nd Hellenic Medical Congress. Athens. May 2016.
- 3) 6th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2015.
- 4) 7th International Congress of Internal Medicine of Central Greece. Larisa. March 2015.

- 5) Heart, Vessels and Stroke Conference 2015. Athens. March 2015.
- 6) 6th Hellenic Congress on Atherosclerosis. Athens. December 2014.
- 7) 28th Congress of the Diabetologic Society of Northern Greece. Thessaloniki. November 2014.
- 8) 29th Northern Hellenic Medical Congress. Thessaloniki, Greece. March 2014
- 9) 27th Congress of the Diabetologic Society of Northern Greece. Thessaloniki. November 2013.
- 10) 21st Educational Seminar of the Hellenic Atherosclerosis Society on “Prevention and management of cardiovascular risk”. Thessaloniki. September 2013.
- 11) 2nd Educational Symposium of the Northern Greece Internal Medicine Society on “Guidelines for the reduction of cardiovascular risk in everyday clinical practice in diseases associated with increased cardiovascular risk”. Volos. September 2013.
- 12) 13th Hellenic Congress on Diabetes. Athens. March 2013.
- 13) 5th Hellenic Congress on Atherosclerosis. Athens. November 2012.
- 14) Educational Symposium of the Hellenic Society of Lipidology, Atherosclerosis and Vascular Disease on “Management of patients with coronary heart disease and type 2 diabetes mellitus”. Naousa. October 2012.
- 15) 11th Northern Greece Cardiology Conference. Thessaloniki, Greece. May 2012.
- 16) 19th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on “Hypolipidemic agents and quality of life”. Porto Carras. April 2012.
- 17) 18th Educational Seminar on Atherosclerosis of the Hellenic Atherosclerosis Society on “Prevention and management of cardiovascular risk”. Heraklion. April 2012.
- 18) 4th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2011.
- 19) 17th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. “Kidney diseases – Hypertension and Dyslipidemia in the elderly”. Lefkada. October 2011.
- 20) 32nd Hellenic Congress on Cardiology. Thessaloniki. October 2011.
- 21) 17th Educational Seminar of the Hellenic Atherosclerosis Society on “Prevention and management of cardiovascular risk”. Thessaloniki. September 2011.
- 22) 10th Northern Greece Cardiology Conference. Thessaloniki. May 2011.
- 23) 16th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. «Kidney stones and urinary tract infections». Katerini. May 2011.
- 24) 6th Scientific Congress of the Medical School of the Aristotle University of Thessaloniki. Thessaloniki. April 2011.
- 25) 12th Hellenic Congress on Hypertension. Athens. March 2011.
- 26) 1st Hellenic Diabetes Forum of the Hellenic Diabetes Society and the Northern Greece Diabetes Society. Volos. January 2011.
- 27) 24th Congress of the Diabetologic Society of Northern Greece. Thessaloniki. November 2010.
- 28) 4th Hellenic Congress on Atherosclerosis. Ioannina. October 2010.
- 29) Seminar of the Northern Greece Internal Medicine Society on «The significance of obesity in Internal Medicine». Thessaloniki. September 2010.

- 30) 15th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. «Emergencies in Nephrology». Xanthi. June 2010.
- 31) Seminar of young speakers of the Northern Greece Diabetes Society. Thessaloniki. May 2010.
- 32) Symposium on “Atrial fibrillation and stroke”. Athens, Greece. January 2010.
- 33) 3rd Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2009.
- 34) 23rd Congress of the Diabetologic Society of Northern Greece. Thessaloniki. November 2009.
- 35) 4th Greek National Stroke Conference. Alexandroupolis. October 2009.
- 36) 15th Hellenic Congress on Internal Medicine. Athens. October 2009.
- 37) 1st Congress on “New trends in diabetic nephropathy”. Thessaloniki. October 2009.
- 38) 15th Educational Course of the Hellenic Atherosclerosis Society. Thessaloniki. September 2009.
- 39) 3rd Hellenic Congress on Atherosclerosis. Athens. December 2008.
- 40) 2nd Hellenic Congress on Atherosclerosis. Athens. November 2006.
- 41) 6th Hellenic Congress on Obesity. Thessaloniki. November 2006.
- 42) 4th Hellenic Symposium on Hypertension. Thessaloniki. February 2006.
- 43) 1st Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2005.
- 44) 16th Hellenic Congress on Hematology. Thessaloniki. November 2005.
- 45) 19th Congress of the Diabetologic Society of Northern Greece. Thessaloniki. November 2005.
- 46) Treatment of risk factors for cardiovascular diseases. Educational Course of the Hellenic Atherosclerosis Society. Veria. October 2005.
- 47) 25th Hellenic Congress on Gastroenterology. Thessaloniki. October 2005.
- 48) 9th Hellenic Congress on Hepatology. Mykonos. May 2005.
- 49) 3rd Scientific Congress of the Medical School of the Aristotle University of Thessaloniki. Thessaloniki. April 2005.
- 50) 20th Northern Hellenic Medical Congress. Thessaloniki. April 2005.
- 51) 9th Hellenic Congress on Hypertension. Athens. March 2005.
- 52) 1st Hellenic Congress on Atherosclerosis. Athens. December 2004.
- 53) 15th Hellenic Congress on Hematology. Athens. November 2004.
- 54) 18th Congress of the Diabetologic Society of Northern Greece. Thessaloniki. November 2004.
- 55) 24th Hellenic Congress on Gastroenterology. Athens. November 2004.
- 56) 19th Northern Hellenic Medical Congress. Thessaloniki. May 2004.
- 57) 14th Hellenic Congress on Hematology. Alexandroupolis. November 2003.
- 58) 23th Hellenic Congress on Gastroenterology. Thessaloniki. October 2003.
- 59) 18th Northern Hellenic Medical Congress. Thessaloniki. May 2003.
- 60) 8th Hellenic Congress on Hepatology. Thessaloniki. May 2003.
- 61) 8th Hellenic Congress on Hypertension. Thessaloniki. March 2003.
- 62) 1st Scientific Symposium of the Hellenic Atherosclerosis Society. Athens. November 2002.
- 63) 13th Hellenic Congress on Hematology. Patra. October 2002.
- 64) Endocrine and metabolic diseases. Diagnostic and therapeutic methods. Thessaloniki. October 2002.

- 65) 16th Congress of the Diabetologic Society of Northern Greece. Thessaloniki. September 2002.
- 66) 2nd Seminar on Clinical Oncology. Thessaloniki. September 2002.
- 67) 17th Northern Hellenic Medical Congress. Thessaloniki. April 2002.
- 68) 22nd Hellenic Congress on Cardiology. Thessaloniki. November 2001.
- 69) "Autoimmune diseases for the non-expert". Thessaloniki. December 2001.
- 70) 15th Congress of the Diabetologic Society of Northern Greece. Thessaloniki. November 2001.
- 71) 1st Seminar on Clinical Oncology. Thessaloniki. September 2001.
- 72) 2nd Seminar of Continuing Medical Education in Nephrology. Alexandroupoli. March 2001.
- 73) 13th Congress of the Diabetologic Society of Northern Greece. Thessaloniki. November 1999.

Attendance of International Seminars

- 1) 2nd Joint Meeting on Lipids, Lipoproteins and Hypolipidaemic Therapy. Jointly organized by the European Atherosclerosis Society, Hellenic Atherosclerosis Society and the Turkish Society of Cardiology. Kos, Greece. 9-11/10/2015.
- 2) 7th Annual Scientific Meeting. Cardiovascular Disease 2014. Clinical Master Class. Brussels, Belgium. 18-19/9/2014.
- 3) Cardiometabolic Summit. Athens, Greece. 31/1-1/2/2014.
- 4) International Hyperlipidemia Forum. Barcelona, Spain. 17-18/6/2013.
- 5) 6th EU Round Table on Familial Hypercholesterolemia. Berlin, Germany. 15-16/3/2013.
- 6) Advanced course in Clinical Excellence in Cardiovascular Prevention and Lipidology. Under the auspices of the European Atherosclerosis Society. Institute of Cardiology, Metabolism and Nutrition (ICAN), Pitie-Salpetriere University Hospital, Paris, France. 9-10/2/2012.
- 7) Advanced course in Clinical Lipidology. Under the auspices of the European Atherosclerosis Society. 14-15/4/2011. Bassini Hospital, Milano, Italy.
- 8) Changing face of cardiovascular disease – new developments in cardiovascular disease risk management. Madrid, Spain. March 2011.
- 9) Managing CV risk – familial hypercholesterolemia and an update from the ESC. London, England. 14/10/2008.
- 10) Advanced Course in Hypertension. Under the auspices of the European Society of Hypertension. Courmayeur, Italy. 21-27/3/2004.

Attendance of Hellenic Seminars

- 1) 26th cycle of the postgraduate courses of the Hellenic Immunology Society. Athens. December 2017.
- 2) 20th Course of Continuous Education on Endocrinology : "Diabetes mellitus-Obesity-Lipids". Hellenic Endocrine Society. Athens. March 2017.
- 3) 23rd Educational Meeting of the Hellenic Atherosclerosis Society on "Multifactorial management of cardiovascular risk". Nafplio. May 2015.
- 4) 3rd Spring School of Internal Medicine of the Hellenic Society of Medical Education on "Dilemmas and challenges in the management of common problems of Internal Medicine". Halkidiki. May 2015.

- 5) 2nd Winter School of Internal Medicine of the Hellenic Society of Medical Education on “Diagnosis and novel treatments of diabetes mellitus and its complications”. Kastoria. February 2015.
- 6) 22nd Educational Meeting of the Hellenic Atherosclerosis Society on “Multifactorial management of cardiovascular risk”. Porto Heli. June 2014.
- 7) 2st Spring School of Internal Medicine of the Hellenic Society of Medical Education on “Diagnosis and management of metabolic diseases: from physiology to pathology”. Metsovo. May 2014.
- 8) 1st Winter School of Internal Medicine of the Hellenic Atherosclerosis Society on “Acid-base and electrolyte disorders in high cardiovascular risk patients”. Thessaloniki. January 2014.
- 9) “How to write a research grant”. Seminar of the Research Committee of the Aristotle University of Thessaloniki. Thessaloniki. 14-17/6/2011.
- 10) “How to review a paper”. Seminar of the medical journal Hippokratia. Thessaloniki. April 2011.
- 11) Educational seminar on “Acid-base and electrolyte disorders”. Thessaloniki. June 2006.
- 12) Seminar on “Current concepts on the management of hypertension”. Athens. June 2006.
- 13) Educational Seminar on type 2 diabetes mellitus. Under the auspices of the Northern Greece Diabetes Society. Thessaloniki. October 2005 – May 2006.
- 14) Postgraduate Course in Endocrinology. Under the auspices of the Endocrinology Department of Hippokration Hospital. Thessaloniki. May 2004.
- 15) Seminar on “Obesity”. Under the auspices of the Hellenic Endocrine Society. Thessaloniki. December 2001.
- 16) Annual Postgraduate Course in Cardiology. Under the auspices of the First Cardiology Department of the Medical School of the Aristotle University of Thessaloniki. Thessaloniki. 2000-2001.

Member in the organization committee of congresses

- 1) Seminar titled “Splachnic vein thrombosis: diagnosis and treatment”. Thessaloniki. November 2018.
- 2) Coordinator of the 11th Summer School of the Hellenic Atherosclerosis Society on “Management of cardiometabolic risk factors in patients with comorbidities. Interactive discussion of clinical cases.”. Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens. June 2018.
- 3) 7th Congress of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2017.
- 4) 26th Educational Seminar of the Hellenic Atherosclerosis Society on “Multifactorial management of cardiovascular risk”. Halkidiki, Greece. June 2017.
- 5) Coordinator of the 10th Summer School of the Hellenic Atherosclerosis Society on “The use of agents for the prevention and treatment of cardiovascular diseases in everyday clinical practice”. Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens. June 2017.

- 6) 26th Educational Seminar of the Hellenic Atherosclerosis Society on “What is new in the management of dyslipidemia, diabetes mellitus, obesity and hypertension focusing on everyday clinical practice”. Halkidiki. June 2017.
- 7) 3rd Panhellenic Congress on Continuing Education in Internal Medicine. Organized by the Internal Medicine Society of Greece. Thessaloniki. February 2017.
- 8) Coordinator of the 9th Summer School of the Hellenic Atherosclerosis Society on “Hot topics in the prevention and treatment of cardiovascular disease”. Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens. June 2016.
- 9) 6th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Athens. December 2015.
- 10) Coordinator of the 8th Summer School of the Hellenic Atherosclerosis Society on “Metabolic and chronic diseases and their association with cardiovascular disease”. Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens. June 2015.
- 11) 24th Educational Seminar of the Hellenic Atherosclerosis Society on “Multifactorial management of cardiovascular risk”. Halkidiki, Greece. June 2015.
- 12) 6th Hellenic Congress on Atherosclerosis. Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens, Greece. December 2014.
- 13) Coordinator of the 7th Summer School of the Hellenic Atherosclerosis Society on “Lifestyle changes and pharmacotherapy for the management of cardiovascular disease: dilemmas and perspectives”. Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens, Greece. June 2014.
- 14) 5th Symposium of the Working Groups of the Hellenic Atherosclerosis Society. Endorsed by the European Atherosclerosis Society and by the International Atherosclerosis Society. Athens. December 2013.
- 15) 21st Educational Seminar of the Hellenic Atherosclerosis Society on “Prevention and management of cardiovascular risk”. Thessaloniki, Greece. September 2013.
- 16) Coordinator of the 6th Summer School of the Hellenic Atherosclerosis Society on “Pharmacotherapy for the prevention and management of cardiovascular disease in special populations”. Endorsed by the European Atherosclerosis Society. Athens, Greece. June 2013.
- 17) 17th Educational Seminar of the Hellenic Atherosclerosis Society on “Prevention and management of cardiovascular risk”. Thessaloniki, Greece. September 2011.
- 18) 15th Course of the Continuing Education in Nephrology and Hypertension Program of the Hellenic College of Nephrology and Hypertension. “Emergencies in Nephrology”. Xanthi, Greece. June 2010.
- 19) 1st Congress on ‘New trends in diabetic nephropathy’. Thessaloniki, Greece. October 2009.

Teaching

- 6/2018 Teaching in postgraduate students of the Yerevan Medical State University in Yerevan, Armenia, in the context of the Erasmus + program.
- 12/2017 Lecture in the 26th cycle of the postgraduate courses of the Hellenic Immunology Society on “Atherosclerosis: Inflammation and/or autoimmunity”.
- 10/2017 Lecture at the postgraduate courses of the Microbiology and Biochemistry Laboratory of AHEPA General Hospital of Thessaloniki on “Most important laboratory tests at the Emergency Department and their interpretation”.
- 7/2016 Lecture at the Summer School of the Second Propedeutic Department of Internal Medicine of the Medical School of the Aristotle University of Thessaloniki on “Nonalcoholic fatty liver disease”.
- 3/2016 “Cardiovascular diseases”. Heart Choices project. Hellenic Medical Students’ International Committee (HelMSIC).
- 2015-2016 Research Methodology, Literature Search and Biostatistics. Postgraduate Course on “Nutrition and Dietetics”. Department of Nutrition and Dietetics. Alexandrion Technological Institute of Thessaloniki, Greece.
- 2015-2016 Research Methodology and Biostatistics. Postgraduate Course on “Nutrition and Dietetics”. The Limassol College. Limassol, Cyprus.
- 2015-2016 Research Methodology and Biostatistics. Postgraduate Course on “Clinical Dietetics”. The Limassol College. Limassol, Cyprus.
- 12/2015 Seminar in SPSS. 1st Medical Career Forum of the Scientific Society of Medical School Students. Thessaloniki.
- 7/2015 Lecture at the Summer School of the Second Propedeutic Department of Internal Medicine of the Medical School of the Aristotle University of Thessaloniki on “Approaching the patient –medical history”.
- 12/2014 Lecture at the 5th Scientific Meeting of the Medical Society of Thessaloniki on “Nonalcoholic fatty liver disease”. Thessaloniki.
- 7/2014 Lecture at the Summer School of the Second Propedeutic Department of Internal Medicine of the Medical School of the Aristotle University of Thessaloniki on “Approaching the patient –medical history”.
- 5/2014 Lecture at the postgraduate courses of the Second Propedeutic Department of Internal Medicine of the Medical School of the Aristotle University of Thessaloniki on “Chronic liver diseases and lipid-lowering treatment”.
- 3/2014 Lecture at the postgraduate courses of the Macedonia-Thrace Department of the Hellenic Society of Hematology on “Current antiplatelet treatment. Groups – indications – dilemmas”. Thessaloniki.
- 2/2014 Lecture at the postgraduate courses of the Clinical Pathology Society of Northern Greece on “Management of dyslipidemias”.

1/2014	Lecture at the postgraduate courses of the First Department of Neurology of AHEPA General Hospital of Thessaloniki on “Management of stroke”.
12/2013	Lecture at the postgraduate courses of the Microbiology and Biochemistry Laboratory of AHEPA General Hospital of Thessaloniki on “Management of dyslipidemias”.
7/2013	Lecture at the Summer School of the Second Propedeutic Department of Internal Medicine of the Medical School of the Aristotle University of Thessaloniki on “Approaching the patient –medical history”.
9/2012	Lecture at the postgraduate courses of the Second Propedeutic Department of Internal Medicine of the Medical School of the Aristotle University of Thessaloniki on “Hellenic Guidelines for the management of dyslipidemias”.
4/2012	Lecture at the postgraduate courses of the Microbiology and Biochemistry Laboratory of AHEPA General Hospital of Thessaloniki on “Laboratory evaluation of patients with hypertension”.
2011-2012	Participation in the program of development of virtual patients “Ariadni” of the Medical School of the Aristotle University of Thessaloniki. Development of a virtual patient titled “Secondary Hypertension”.
11/2011	Lecture at the Postgraduate Course of Public Health in Northern Greece of the National School of Public Health on “Nutrition, hypertension and atherosclerosis”.
11/2011	Lecture at the postgraduate courses of the Second Propedeutic Department of Internal Medicine of the Aristotle University of Thessaloniki on “Hyper- and hypokalemia”.
3/2011 until today	Teaching “Internal Medicine I” to the students of the 6 th semester of the Medical School of the Aristotle University of Thessaloniki at the First Propedeutic Department of Internal Medicine at AHEPA General Hospital of Thessaloniki.
9/2010 until today	Teaching “Internal Medicine II” to the students of the 9 th semester of the Medical School of the Aristotle University of Thessaloniki at the First Propedeutic Department of Internal Medicine at AHEPA General Hospital of Thessaloniki.
6/2010 until today	Teaching “Internal Medicine” to the students of the 11 th and 12 th Semester of the Medical School of the Aristotle University of Thessaloniki at the First Propedeutic Department of Internal Medicine at AHEPA General Hospital of Thessaloniki.
8/2009 until today	Teaching “Thromboembolic Diseases” to the students of the 7 th semester of the Medical School of the Aristotle University of Thessaloniki.
8/2009 until today	Teaching “Basic Principles of Experimental Medicine” to the students of the 8 th semester of the Medical School of the Aristotle University of Thessaloniki.
8/2009 until today	Teaching at the Postgraduate Course “Medical Research Technology” of the Medical School of the Aristotle University of Thessaloniki.

8/2009-6/2010	Participation to the teaching of “Internal Medicine II” to the students of the 9 th semester of the Medical School of the Aristotle University of Thessaloniki while working as a Consultant at the First Propedeutic Department of Internal Medicine at AHEPA General Hospital of Thessaloniki.
8/2009-6/2010	Participation to the teaching of “Internal Medicine II” to the students of the 11 th and 12 th semester of the Medical School of the Aristotle University of Thessaloniki while working as a Consultant at the First Propedeutic Department of Internal Medicine at AHEPA General Hospital of Thessaloniki.
10/2001-7/2006	Participation to the teaching of “Internal Medicine I” to the students of the 6 th semester of the Medical School of the Aristotle University of Thessaloniki while working as a Resident in Internal Medicine at the Second Propedeutic Department of Internal Medicine at Hippokration General Hospital of Thessaloniki.
10/2001-7/2006	Participation to the teaching of “Internal Medicine II” to the students of the 9 th semester of the Medical School of the Aristotle University of Thessaloniki while working as a Resident in Internal Medicine at the Second Propedeutic Department of Internal Medicine at Hippokration General Hospital of Thessaloniki.

Member in advisory committees for doctorates

1. Doctoral candidate: K. Imprailos. Supervisor: M. Doumas, Assistant Professor of Internal Medicine. Members of the advisory committee: A. Karagiannis, Professor of Internal Medicine, **K. Tziomalos**, Assistant Professor of Internal Medicine.
2. Doctoral candidate: C. Boutari. Supervisor: V. Athyros, Associate Professor of Internal Medicine. Members of the advisory committee: **K. Tziomalos**, Assistant Professor of Internal Medicine, M. Doumas, Assistant Professor of Internal Medicine.
3. Doctoral candidate: S. Bouziana. Supervisor: A. Hatzitolios, Professor of Internal Medicine. Members of the advisory committee: **K. Tziomalos**, Lecturer of Internal Medicine, Antonios Goulas, Associate Professor of Pharmacology.
4. Doctoral candidate: A. Reklou. Supervisor: V. Athyros, Assistant Professor of Internal Medicine. Members of the advisory committee: A. Karagiannis, Professor of Internal Medicine, **K. Tziomalos**, Lecturer of Internal Medicine.
5. Doctoral candidate: A. Hatziapostolou. Subject: Neurophysiological evaluation with electromyography of the neuromuscular disorders associated with statin treatment. Supervisor: M. Arnaoutoglou, Assistant Professor of Neurology. Members of the advisory committee: V. Kosta, Professor of Neurology, **K. Tziomalos**, Lecturer of Internal Medicine.

Member in advisory committee for post-graduate diplomas

1. Post-graduate student: A. Sachinidis. Subject: Association between dietary patterns and acute ischemic stroke severity and in-hospital outcome.

Supervisor: **K. Tziomalos**, Assistant Professor of Internal Medicine. Members of the advisory committee: D. Panagiotakos, Professor of Biostatistics and Epidemiology of Nutrition, E. Polychronopoulos, Associate Professor of Dietology, Nutrition and Preventive Medicine.

2. Post-graduate student: A. Sachinidis. Subject: Quality of life in patients with acute ischemic stroke and age-matched controls. Supervisor: A. Hatzitolios, Professor of Internal Medicine. Members of the advisory committee: **K. Tziomalos**, Assistant Professor of Internal Medicine, C. Savopoulos, Associate Professor of Internal Medicine.
3. Post-graduate student: C. Mpoutari. Subject: Prognostic factors in patients with acute stroke. Supervisor: A. Hatzitolios, Professor in Internal Medicine. Members of the advisory committee: **K. Tziomalos**, Lecturer in Internal Medicine, Timoleon-Achilleas Vyzantiadis, Assistant Professor in Biopathology-Microbiology.
4. Post-graduate student: M. Grammatiki. Subject: Association between common carotid artery and femoral artery intima-media thickness ant the metabolic syndrome. Supervisor: A. Karagiannis, Professor in Internal Medicine. Members of the advisory committee: V. Athyros, Associate Professor in Internal Medicine, **K. Tziomalos**, Assistant Professor in Internal Medicine.

Participation in research projects

1. POSE study (A European, observational, three-year cohort comparative study on the safety of the fixed-dose combination pravastatin 40 mg/fenofibrate 160 mg (Pravafenix®) versus statin alone in real clinical practice). Sponsored by Laboratoires SMB (2016-today). Principal investigator.
2. PAGODA study (Effect of pitavastatin or atorvastatin on serum glucose levels in moderate to very high risk patients for developing diabetes mellitus). Sponsored by the Hellenic Atherosclerosis Society. (2016-today). Principal investigator.
3. The Hellenic Familial Hypercholesterolemia Registry. Sponsored by the Hellenic Atherosclerosis Society. (2016-today). Principal investigator.
4. PIONEER-2 study (Efficacy and safety of oral semaglutide versus empagliflozin in subjects with type 2 diabetes mellitus). Sponsored by Novo Nordisk. (2016-today). Sub-investigator.
5. CAROLINA trial (A Multicentre, International, Randomised, Parallel Group, Double Blind Study to Evaluate Cardiovascular Safety of Linagliptin Versus Glimepiride in Patients With Type 2 Diabetes Mellitus at High Cardiovascular Risk). Sponsored by Boehringer Ingelheim. (2016-today). Sub-investigator.
6. SUSTAIN-7 study (Efficacy and safety of semaglutide versus dulaglutide as add-on to metformin in subjects with type 2 diabetes). Sponsored by Novo Nordisk. (2016-today). Sub-investigator.
7. NAVIGATE-ESUS trial (Multicenter, randomized, double-blind, double-dummy, active-comparator, event-driven, superiority phase III study of secondary prevention of stroke and prevention of systemic embolism in patients with a recent Embolic Stroke of Undetermined Source (ESUS), comparing rivaroxaban 15 mg once daily with aspirin 100 mg (NAVIGATE ESUS)). Sponsored by Bayer. (2015-today). Sub-investigator.
8. ODYSSEY-OUTCOMES trial (A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group Study to Evaluate the Effect of

- SAR236553/REGN727 on the Occurrence of Cardiovascular Events in Patients Who Have Recently Experienced an Acute Coronary Syndrome). Sponsored by Sanofi. (2015-today). Sub-investigator.
9. Safety evaluation of adefovir dipivoxil in patients with chronic hepatitis B (2003). Sub-investigator.
 10. Safety evaluation of recombinant factor VIII Advate in patients with hemophilia A (2004). Sub-investigator.

Evaluator of research projects

1. Research project titled «Quantitative MRI for the assessment of fatty liver disease». Comision Nacional de Investigacion Cientifica y Tecnologica. Ministerio de Educacion. Gobierno de Chile.
2. Research project titled “Dissecting the mechanisms linking androgen excess and hepatic steatosis in polycystic ovary syndrome”. Medical Research Council.
3. Scholarship program in the context of the Action 10.2.2.03.01 titled «Support of human resources through doctorate research» ESPA 2014-2020, 1st cycle.