

**Constantine P. Spanos, MD, PhD, FACS, FASCRS, MBA**

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**Fitziou 15, N791, Panorama-Thessaloniki 55236 Greece**

**PERSONAL INFORMATION:**

**U.S. Citizen**

Born June 2, 1968

Married, 3 children

**EDUCATION:**

M.D., *Aristotelian University School of Medicine*

Thessaloniki, Greece

November 1992

Ph.D., *Aristotelian University School of Medicine*

Thessaloniki, Greece

June 2005

M.B.A., *American College of Thessaloniki*

Thessaloniki, Greece

December 2017

**TRAINING:**

Fellow, Colon & Rectal Surgery, *University of Southern California*

Los Angeles, California

July 1, 2002 to June 30, 2003

Resident, General Surgery, *Tufts-New England Medical Center*

Boston, Massachusetts

July 1, 1996 to June 30, 2002

Resident, Preliminary Surgery, *Mayo Clinic*

Rochester, Minnesota

July 1, 1995 to June 30, 1996

Research Fellow, Department of Pharmacology and Experimental

Therapeutics, *Tufts University School of Medicine*

Boston, Massachusetts

March 1993 to June 1995

**CERTIFICATIONS:**

Fellow

American Society of Colon and Rectal Surgeons

May 2014

Fellow

American College of Surgeons

September 2012

Diplomate

American Board of Colon and Rectal Surgery

October 2004

Recertification, May 2012

Diplomate

American Board of Surgery

June 2003

Recertification, December 2011

USMLE exams passed:  
Part I, June 1994  
Part II, September 1993  
Part III, May 1997

Advanced Trauma Life Support  
March 1999

License to Practice Medicine  
Republic of Greece and European Union  
December 1992

California Medical License A78668  
2002. Renewed 2005, 2007, 2009, 2011, 2013, 2015, 2017

**ACADEMIC POSITIONS:**

Associate Professor of Surgery  
Aristotelian University, Thessaloniki  
November 2016-present

Assistant Professor of Surgery  
Aristotelian University, Thessaloniki  
June 2011-November 2016

Lecturer in Surgery  
Aristotelian University, Thessaloniki  
May 2006-June 2011

**WORK EXPERIENCE:**

Staff Surgeon, Papageorgiou Hospital  
Thessaloniki, Greece  
April 2004-present

Staff Surgeon, Blue Cross Clinic (private practice)  
April 2004-present

**PRESENTATIONS:**

“Diagnostic accuracy of benign anal pathology: the effect of colorectal outpatient clinic attendance by medical students”  
EACP 2012  
Vienna, Austria  
September 2012

“Colonic Obstruction”  
XIV Curso Internacional de Cirugía Colorrectoanal  
Hospital Italiano de Buenos Aires  
Buenos Aires, Argentina  
September 2012

“Managing Obstetric Injuries”  
XIV Curso Internacional de Cirugía Colorrectoanal  
Hospital Italiano de Buenos Aires  
Buenos Aires, Argentina  
September 2012

“Fertility, Fecundity in Colorectal Cancer”  
FICARE 2009  
Sao Paulo, Brazil

November 2009

“Anorectal Emergencies”  
XII Congresso Internacional de Cirurgia General  
Tijuana, B.C., Mexico  
March 2003

“Vascular Anomalies of the Colon”  
General Surgery Grand Rounds  
New England Medical Center  
Boston, Massachusetts  
April 2001

“Factors Associated with Discharge to Rehabilitation and  
Prolonged Hospital Stay in Cardiac Surgery Patients”  
5<sup>th</sup> Annual Research Presentation Day  
Department of Surgery  
Tufts University School of Medicine  
Boston, Massachusetts  
May 1999

“Intestinal Atresias”  
General Surgery Grand Rounds  
New England Medical Center  
Boston, Massachusetts  
March 1998

**OTHER ACTIVITIES:**

Deputy Secretary and Instructor, *International Symposium of  
Laparoscopic Surgery-State of the Art*  
Thessaloniki, Greece  
May 1999

**PUBLICATIONS:**

**Spanos CP**, Tsapas A, Abatzis-Papadopoulos M, Theodorakou E, Marakis GN. Medical student recognition of benign anorectal conditions: the effect of attending the outpatient colorectal clinic. *BMC Surg* 2014 Nov19; 14:95  
doi: 10.1186/1471-2482-14-95

**Spanos CP**, Ktenidis K, Saratzis N, Lazaridis I, Kiskinis D. Laparoscopic ligation of splenic artery aneurysms: report of two cases and literature overview. *Updates Surg.* 2014 Mar; 66(1): 73-6

**Spanos CP**. Intersphincteric Resection for Low Rectal Cancer: An Overview.  
*Int J Surg Oncol.* 2012; 2012:241512.

**Spanos CP**. Anal Skin Tags: Removal Made Simple. *Colorectal Dis.* 2012;14(10):e747-8.

**Spanos CP**, Mikos T, Kastanias E, Georgantis G. Surgical repair of traumatic cloaca.  
*Arch Gynecol Obstet.* 2012; 286(3):815-8

**Spanos CP**, Tsoulfas G, Georgantis G, Melas N, Saratzis N, Ktenidis K, Lazaridis I, Mekras A, Syrakos T, Kiskinis  
Management of concurrent colorectal cancer and vascular disease in the endovascular era.  
*Tech Coloproctol.* 2011 Oct;15 Suppl 1:S55-8

**Spanos C**, Mikos T, Costantogiannis C, Georgantis G, Kiskinis D. Sacral nerve stimulation for fecal incontinence. First successful case in Greece. *Hippokratia* 2011 Oct; 15(4):366-9

**Spanos CP.** Sexual Function and Fertility Aspects in the Management of Hereditary Colorectal Cancer  
*Semin Colon & Rectal Surg* 2011;22(2): 141-145

**Spanos CP,** Mamopoulos A. Fertility preservation for young women with rectal cancer--a combined approach from one referral center. *J Gastrointest Surg.* 2010;14(9):1476.

**Spanos CP,** Syrakos T. Anal function and intersphincteric resection. *Dis Colon Rectum.* 2010;53(6):958-9.

**Spanos CP.** Letter 1: Randomized clinical trial of antibiotic therapy versus appendicectomy as primary treatment of acute appendicitis in unselected patients (Br J Surg 2009; 96: 473-481). *Br J Surg.* 2009; 96(10):1223-4.

**Spanos C,** Syrakos T. Terminology for fissure therapy. *Dis Colon Rectum.* 2009;52(1):168.

**Spanos CP,** Mamopoulos A, Tsapas A, Syrakos T, Kiskinis D. Female fertility and colorectal cancer.  
*Int J Colorectal Dis.* 2008; 23(8):735-43

**Spanos CP,** Asteriou S, Baddour A, Syrakos T. Infarction of the ileocecal fold of Treves: a case of right lower quadrant pain. *Surg Laparosc Endosc Percutan Tech.* 2008;18(1):98-101.

Charokopos N, Antonitsis P, **Spanos C,** Rouska E, Spanos P. Concomitant cholecystectomy and open heart surgery.  
*Surg Today.* 2007;37(8):638-41.

**Spanos CP,** Papaconstantinou P, Spanos P, Karamouzis M, Lekkas G, Papaconstantinou C. The effect of L-arginine and aprotinin on intestinal ischemia-reperfusion injury. *J Gastrointest Surg.* 2007; 11(3):247-55.

**Spanos CP,** Syrakos T: Bile leaks from the duct of Luschka (subvesical duct): a review.  
*Langenbeck's Archives of Surgery* 2006, vol 391(5), 441-447

**C. Spanos,** I. Moros, G. Spanos, I. Drakotou, H. Mavromanolis, P. Spanos: Elective resection of pheochromocytoma with concomitant abdominal aortic aneurysm repair. *Surgery Today* 2006;36(8):741-3.

Kaiser AM, **Spanos C.** An unusual cause of rectal bleeding.  
*British Journal of Radiology* 2005, vol 78, 373-375

**Spanos C,** Trigonis S, Aggelidou S, Efstratiou I, Kiskinis D, Syrakos T. Primary malignant fibrous histiocytoma of the jejunum metastatic to the spine. *International Journal of Gastrointestinal Cancer* 2005, vol 35(2), 143-145

Kiskinis D, **Spanos C,** Melas N, Efthimiopoulos G, Saratzis N, Lazaridis I, Gkinis G. Priority of resection in concomitant abdominal aortic aneurysm and colorectal cancer: review of the literature and experience of our clinic. *Techniques in Coloproctology* 2004, vol 8, S19-21

M. Albert, **C. Spanos,** S. Shikora: Morbid Obesity: The Value Of Surgical Intervention.  
*Clinics in Family Practice,* vol 4(2), 447, 2002

**Spanos CP,** Bojar R, Rastegar H, Warner K, Khabbaz K, Murphy R, Payne DD: Discharge After Cardiac Surgery: Where Do Patients Go and Why. *Current Surgery,* vol 57, 506, 2000

**Spanos CP,** Lessin M, Brisson P, Feins NR. Thoracoabdominal extralobar sequestration with an unusual combination of congenital anomalies in a neonate. *Surgical Rounds* 1999, vol 15, 2-6

Rozniecki JJ, Letourneau R, Sugiultzoglu M, **Spanos C,** Gorbach J, and Theoharides TC: Differential Effect of

Histamine-3 Receptor-Active Agents on Intracranial But Not Peritoneal, Mast Cell Activation. *J. Pharmacol Exp Ther.*, vol 290(3), 1427-35, 1999

M. Sheahan, S. Arebi, A. Banerjee, K. Khabbaz, **C. Spanos**, R. Connolly, J. Deiss-Shrem, D. Payne, K. Warner: Repeated Doses of Blood Cardioplegia Minimizes Tissue Acidosis and Preserves Ventricular Function In Infant Lambs. *American Heart Association, 72<sup>nd</sup> Scientific Sessions*, (Atlanta, November 1999)

J.C. Lantis II, **C. Spanos**, S.D. Schwaitzberg: A Laparoscopically Created Porcine Hemorrhagic Injury Model. *1999 SAGES Scientific Sessions*, (San Antonio, March 1999)

**C. Spanos**, X. Pang, K. Ligris, R. Letourneau, L. Alferes, N. Alexacos, G.R. Sant and T.C. Theoharides: Stress-Induced Bladder Mast Cell Activation: Implications for Interstitial Cystitis. *Journal of Urology*, Vol 157, 669-672, 1997

**C. Spanos**, M. El-Mansoury, R. Letourneau, P. Minogiannis, J. Greenwood, P. Siri, G.R. Sant and T.C. Theoharides: Carbachol Induced Bladder Mast Cell Activation: Augmentation by Estradiol and Implications for Interstitial Cystitis. *Urology*, vol 48, 809-816, 1996

T.C. Theoharides, **C.P. Spanos**, X. Pang, L. Alferes, K. Ligris, R. Letourneau, J.J Rozniecki, E. Webster and G. P. Chrousos: Stress-Induced Intracranial Mast Cell Degranulation. A Corticotropin-Releasing Hormone Mediated Effect. *Endocrinology*, vol 136, 5745-5750, 1995

**C. P. Spanos**, R. Letourneau, G.R. Sant and T.C. Theoharides: Degranulation of Rat Blader Mast Cells In a Non-Traumatic Stress Model: Implication for the Pathogenesis of Interstitial Cystitis. *Proceedings, 8<sup>th</sup> ICA/NIDDK Scientific Workshop*, p 110 (Bethesda, January 1995)

**C. P. Spanos**, J.J. Rozniecki, R. Letourneau and T.C. Theoharides: Dura Mast Cell Activation and Cerebrospinal Fluid Elevations of Rat Mast Cell Protease in a Rat Stress Model. *Canadian Journal of Physiology and Pharmacology*, vol 72 (suppl. 1), 409, 1994

P. Bakos, Y. Agelakas, R. Letourneau, **C.P. Spanos** and T. C. Theoharides: Increased Number of Mast Cells at Sites Of Abdominal Aortic Aneurysms. *International Journal of Immunopathology and Pharmacology*, vol 7, 153-162, 1994

J.J. Rozniecki, **C.P. Spanos**, R. Letourneau and T.C. Theoharides: Heterogeneity of Intracranial Mast Cells. *FASEB Journal*, vol 8, 108, 1994

M. El-Mansoury, B. Boucher, **C.P. Spanos**, G.R. Sant and T.C. Theoharides: Elevated Urinary Tryptase Levels in Interstitial Cystitis Patients. *Proceedings, 7<sup>th</sup> ICA/NIDDK Scientific Workshop*, p18 (Orlando, October 1993)