

BRIEF CURRICULUM VITAE
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Undergraduate Studies

1996 M.D.

Medical School of Alexandroupolis, Democritus University of Thrace, Greece

Postgraduate Studies

2014-2015: “Training the Trainers”, School of Medicine, Aristotle University of Thessaloniki, Greece

2014-2015: “Postgraduate training in Lymphedema and Lymphatic Diseases”, European School of Lymphatic Diseases.

PhD Studies

2009 PhD

“The role of the intralesional injection platelet rich plasma at the morphometric characteristics of the healing of chronic ulcers - An experimental and clinical study”

School of Medicine, Aristotle University of Thessaloniki, Greece

Postdoctoral Studies/Fellowships

2006-2008: “Fellowship in Microsurgery”, The Queen Victoria Hospital, East Grinstead, UK

Professional Career Milestones

1997 – 1998: Serving in the Hellenic Army as Medical Doctor.

1998 – 2006: Resident in Plastic Surgery (training in General Surgery and Plastic Surgery at the General Hospital of Serres - Greece, The Queen Victoria Hospital, East Grinstead - UK, the Brighton & Sussex University Hospitals - UK, the Norfolk & Norwich University Hospital – UK, and the Papageorgiou Hospital, Thessaloniki – Greece).

2007: Board Certified Plastic Surgeon, Athens, Greece

2006 – 2008: Microsurgery Fellowship in The Queen Victoria Hospital, East Grinstead, UK

2008 – 2021: Clinical Fellow in Plastic Surgery, School of Medicine, Aristotle University of Thessaloniki, Papageorgiou Hospital, Greece

09-11/2011: Lymphedema training, Clinique Juvenet, Paris, France.

2012 – 2014: Senior Lecturer in Plastic Surgery, School of Medicine, Aristotle University of Thessaloniki, Greece

2014 – 2019: Assistant Professor in Plastic Surgery, School of Medicine, Aristotle University of Thessaloniki, Greece.

2017 – 2018: “Visiting Professor (Assist), Research in Lymphatic surgery”, Stanford University, USA (sabbatical 02/17-02/18 from AU)

2019 – today: Associate Professor in Plastic Surgery, School of Medicine, Aristotle University of Thessaloniki, Greece.

From 2021 I serve as a Faculty Member in AUSoM.

While my clinical work concerns the whole spectrum of Plastic Surgery, my particular scientific interest and research activities are focused on the treatment of lymphatic disorders, education in microsurgery, post mastectomy breast and functional nerve reconstruction.

International collaborations include lymphedema and nerve research activities with Stanford University, US, and de Duve Institute, UC Louvain, Belgium.

Publications

In peer review journals: 38

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Books: 2

Chapters in medical books: 9

Presentations at national and international society meetings (more than 200)

Lectures in Round Tables and Meetings (more than 50)

Instructor in hands-on courses (more than 30)

Honors/ Awards: 8 best papers presented in National or International Meetings.

Other Experience and Professional Memberships

National Examination Board in Plastic Surgery

Member of the Hellenic Examination Board in Plastic Surgery (March 2016 – Feb 2018) (Dec 2018 – today)

Committees of the Medical School of the Aristotle University of Thessaloniki

1. Member of the Advisory committee for PhD researchers
2. Member of the Examining committee for PhD researchers
3. Member of the Examining committee for Postgraduate Doctors
4. Member of the Standing Committee of Postgraduate Specialization Programs (Fellowships)
5. Member of the Medical Skills Committee
6. Member of the Working group for the Regulations of Postgraduate Programs

Organization of Congresses, Meetings, Seminars

Member of Conference Committee, Scientific Committee, or Chairman/President of the Organizing Committee

In 20 meetings

Professional Association

- Member of the Medical Association of Greece (since 1996)
- President of the Association of Junior Trainees of Serres (Sep 2000 - Jun 2001)
- Secretary of the Hellenic Society of Reconstructive Microsurgery (2010-2012)
- Member of the Hellenic Society of Surgery of the Hand (since 2004)
- Member of the Hellenic Society of Reconstructive Microsurgery (since 2004)
- Member of the Hellenic Association Plastic Reconstructive and Aesthetic Surgery (since 2010)

- Secretary General of the Hellenic Society of Surgery of the Hand and Upper Limb (Jan 2012 - Jan 2014)
- Member of the Hellenic Lymphology Society (since 2012)
- Member of the Scientific Committee of the Hellenic Lymphology Society (2016 - present)
- Secretary General of the Hellenic Society of Reconstructive Microsurgery (Jan 2016- Jan 2018)
- Vice President of the Hellenic Society of Reconstructive Microsurgery (Jan 2018 for 2 years)
- President of the Hellenic Society of Reconstructive Microsurgery (2020).
- Active Member of EURAPS (since 2015)
- Member of International Society of Lymphology (since 2017)
- Chair of EURAPS Research Council (May 2019-May2021)

Ongoing Research Studies

1. Clinical study “The role of SPECT-CT in harvesting an effective and functional lymph node flap for treating lymphedema”, Aristotle University of Thessaloniki, Greece, since 2017.
2. PI, “Training in microsurgical techniques” ongoing study in Aristotle University of Thessaloniki, since 2011.
3. Clinical study in “Genetic Studies in primary lymphedema patients”, collaboration in between the Department of Plastic Surgery, Aristotle University of Thessaloniki, Greece and the Laboratory of Human Molecular Genetics (GEHU) de Duve Institute (DDUV) Université catholique de Louvain (UCLouvain), Brussels, Belgium, since 2015.
4. Clinical study of the “Evaluation of bioactive agents related to pathogenesis of lymphedema”, collaboration in between the Department of Plastic Surgery, Aristotle University of Thessaloniki, Greece and the Institute of Pharmaceutical Sciences, ETH Zurich, Switzerland, since 2014.
5. “A Pilot Trial of BioBridge Collagen Scaffolds in Preventing and Treating Lymphedema”. (Stanford University)
6. Lymphedema predisposition in breast cancer patients, ongoing study in Aristotle University of Thessaloniki, since 2018.
7. PI, “Preclinical Studies in nerve regeneration with the use of collagen scaffolds”, ongoing study in Aristotle University of Thessaloniki, since 2018.
8. PI, “Lymphedema prevention in breast cancer patients”, ongoing study in Medical Centers in Greece, since 2020.

Completed Research Studies

1. Experimental study in chronic wound healing with the use of Platelet Rich Plasma.
Aristotle University of Thessaloniki, Greece
Completed in 2009
2. Experimental study in wound healing of skin grafts with the use of growth factors.
Aristotle University of Thessaloniki, Greece
Completed in 2013
3. Experimental study in incorporation of Biological skin substitutes with the use of negative pressure.
Aristotle University of Thessaloniki, Greece.
Completed in 2014