

BRIEF CURRICULUM VITAE Athanasia Pataka, MD, PhD

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Dr Pataka graduated from Aristotle University of Thessaloniki, School of Health Sciences, Faculty of Medicine with the grade 'excellent' in 2001. She performed her Suburban Clinical Practice in N. Brasna, Greece (2002-2003) and continued with a Clinical attachment in the Respiratory Failure Unit of General Hospital G. Papanikolaou, Thessaloniki (2003). She received her PhD title in 2007, entitled "Energy cost of ventilation in COPD patients" with the grade 'excellent'. She obtained a Scholarship of the Research Committee of Aristotle University of Thessaloniki for her thesis in 2004. She was specialised in Respiratory Medicine in the Department of Pulmonary Medicine of the University Hospital of Alexandroupolis (2004 –2008) and received her title in 2008. The same year she successfully passed the European Examination in Adult Respiratory Medicine (HERMES). For one year (2008- 2009) she made postgraduate studies working as a Research Fellow in the Department of Sleep Medicine in the Royal Infirmary of Edinburgh, Scotland in order to specialise in Sleep Disorders. In 2011, she participated in the 11th Training Program of Medical Educators of Aristotle University of Thessaloniki (Train the trainer). From 2011, she has been working in the Respiratory Failure Unit of G Papanikolaou Hospital, where she is responsible for the Clinic of Smoking Cessation, the Department and Clinic of Sleep Disorders. She is an advisor pulmonologist for other Departments of G Papanikolaou Hospital and other Hospitals in Thessaloniki. She has been a trainer in seminars regarding smoking cessation strategies in health professionals and has performed many presentations concerning smoking cessation and sleep disorders in Greek and international congresses. She actively participates in the training of the public regarding smoking cessation and sleep apnea. She is involved in the training of residents of respiratory medicine, internal medicine and other specialities (anaesthesiologists, dentists). She participates in the teaching of Pulmonology, Clinical Physiology, Emergency Medicine and Internal Medicine. She is responsible

for the postgraduate lesson of Medical Research Methodology: Evaluation of Sleep Disorders and participates in the postgraduate courses 'Applied Physiology of the respiratory tract' of the Aristotle University. She also participates with lectures in the Postgraduate Program of Studies "Sports and Health" of Aristotle University of Thessaloniki and "Sleep medicine" of Democritus University of Thrace. From 2004, she has been working as an investigator/subinvestigator in international multicentre clinical trials.

She is a Somnologist Expert in Sleep Medicine (European Sleep Research Society) from 2017. She has completed the Respiratory Sleep Certified Training Programme from the European Respiratory Society in 2018 and has received accreditation of Sleep Medicine Training from the Greek Ministry of Health in 2019. She was awarded from the Hellenic Thoracic Society for the success in the European Examination in Adult Respiratory Medicine (2009) and was also awarded in 8 Greek congresses for different announcements and presentations. She is an active member of the European Sleep Apnea Database (ESADA), a collaboration between European sleep centres from 2010. The main fields of her scientific activities are smoking cessation and sleep breathing disorders. As part of her academic work, she is a supervisor and participates in advisory committees for postgraduate and PhD students especially in topics related to sleep disorders and smoking cessation. She has participated in international and Greek conferences with announcements (90) and lectures (60) on pulmonological issues, mainly sleep disorders and smoking cessation. She has 83 publications in international journals (h index 16) and was involved in the writing of chapters in the books of Pulmonary Medicine (9 chapters), Pathophysiology (1 chapter), Internal Medicine (3 chapters) and Emergency Medicine (3 chapters) used for the training of medicals student of Aristotle University. She was also involved in the writing of 3 monographs of BMJ Best Practice. She is a reviewer in several international journals. She is a member of the European Respiratory Society (ERS), of the European Sleep Research Society (ESRS), of the Hellenic Thoracic Society (HTS), of National Group of Sleep and of Smoking Cessation, of the Hellenic Hypnology Society, of the Greek Society of Sleep Research, of the institute of Study, Research, Training and Technological Support of Sleep Apnea and concomitant disease, of the Home Mechanic Ventilation (HMV) Group and of the European Sleep Apnea Database (ESADA).