

BRIEF CURRICULUM VITAE

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Michael Chourdakis is an Associate Professor of Medical Nutrition - Hygiene at the School of Medicine of the Aristotle University of Thessaloniki – Greece, where he started as a lecturer in 2014.

He is the Director of the Postgraduate Program “Applied Nutrition and Health Promotion” which gives the opportunity to get a MSc in *Clinical/Medical Nutrition* or *Public Health Nutrition*. Moreover, he is the coordinator of the core course “*Medical/Clinical Nutrition*” (5th year) as well as of the elective Course “*Principles of Clinical Nutrition*” (3rd year).

He has a strong interest in clinical trials, and has participated in numerous RCTs, being the coordinator-PI of MINTS (Effects of Oral Nutrition Supplements in Children With Disease Associated Underweight-MIntS, NCT02383329), as well as the European Centres’ coordinator for RE-ENERGIZE (RandomizEd Trial of ENtERal Glutamine to minimize Thermal Injury, NCT00985205, PI Dr. Daren Heyland), the largest burn injured patients trial so far, investigating the role of glutamine between.

He has studied both Medicine (Mainz-Germany and Thessaloniki-Greece) and the Discipline of Nutrition and Dietetics (Athens-Greece), he holds a PhD in Medicine (with a scholarship from the Harokopio Foundation) and a Master of Public Health. He is specialized in Family Medicine and made post-PhD studies in Medical Nutrition in Austria and has worked at the Division of Metabolic and Nutritional Medicine (Dr. von Hauner Children’s Hospital at Ludwig, Maximilian’s-University of Munich) for 1 year (2013-14) having both clinical and scientific duties.

Michael Chourdakis is the co-author of over 85 original publications, is the Editor of 4 books in Clinical Nutrition (incl. the Greek version of the ESPEN Blue book 4th and 5th editions) and of several chapters in clinical nutrition book in Greek, English and German. He

is a reviewer for over 12 peer-reviewed journals and serves as an assistant editor to two peer reviewed journals. He is a member of various national and international societies, currently serving as the President of the Hellenic Society for Medical/Clinical Nutrition and Metabolism (GrESPEN) and was the IT-Officer of the European Society for Clinical Nutrition and Metabolism (ESPEN) between 2012-7. He currently serves as the Guidelines' Officer for ESPEN (2020-24).

He has served as member of the Board for "FSMPs and Nutritional Supplements" at the National Drugs Organization in Greece –EOF (2009-2011) and is the Deputy Chairman of the Board for "FSMPs and Nutritional Supplements" since 2011. He has participated in various national and international organizing and scientific congress committees and was the Chairman of the 1st Clinical Nutrition Congress that was held in Greece and the 24th ESPEN Course of Clinical Nutrition held for the first time in Greece in 2017.

He is a certified T-LLL teacher of the ESPEN LLL Program and is the co-author of the LLL module "Nutrition in Obesity". He has participated as a lecturer and/or speaker in numerous national and international congresses/workshops/courses/LLL in more than 15 countries in four continents. Finally, he has been multiply awarded in 2017, 2018, 2019 and 2020 from the Faculty of Health Sciences of the Aristoteles University of Thessaloniki receiving over 15 distinctions for his outstanding performance in various domains incl. publishing, funds gathering, etc.