

## **CURRICULUM VITAE**

### **TRIANTAFYLLOS DIDANGELOS**

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**Name:** Triantafyllos Didangelos

**Date of birth:** 11.02.1959

**Nationality:** Greek

**Home address:** 34 K.Paleologou Str, Panorama, Thessaloniki, 552 36, Greece

**Work address:** Diabetes Center, 1<sup>st</sup> Dept of Internal Medicine, Medical School,  
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**Present Position:** Associate Professor in Internal Medicine – Diabetology, Medical School, Aristotle University of Thessaloniki, Greece

Head of the Diabetes Center, 1<sup>st</sup>PropeudeticDepartment of Internal Medicine, Medical School, Aristotle University of Thessaloniki, University General Hospital of Thessaloniki ‘‘AHEPA’’

**Qualifications:** Diploma in Medicine (Aristotle University, Thessaloniki, July 1983),

Internal Medicine Specialist (Prefecture of Thessaloniki, May 1991),

Diabetology specialist (Diabetes Center, Hippocraton Hosp. of Thessaloniki, October 1996)

MD thesis, PhD entitled: ‘‘Effect of aldose reductase inhibition cardiovascular reflex tests in patients with definite Diabetic autonomic neuropathy over a period of two years’’ (Aristotle University of Thessaloniki, Feb 1998).

## **A. Training – Posts held**

**July 1983:** Diploma in Medicine (Medical School, Aristotle University of Thessaloniki).

**Aug 83- Aug 84:** Medical service in the Greek Army

**Sep 84 – Mar 86** Medical service for Greek government

**Mar 86- Nov 87** Resident in Internal Medicine, Thessaloniki, Hospital of Infectious Diseases, Dept. of Internal Medicine (Director: Dr A.Vougioukas).

**Dec 87- Mar 91:** Resident in Internal Medicine, 2<sup>nd</sup> Propeudetic Department of Internal Medicine, Medical School, Aristotle University of Thessaloniki,

“Hippokration” Hospital of Thessaloniki (Director: Prof. P. Metaxas).

**Mar 91- Jun 95:** Hon. Registrar in Internal Medicine, 2<sup>nd</sup> Dept. of Internal Medicine, Hippokration General Hospital, Thessaloniki (Director: Assoc. Prof. D. Karamitsos).

**Jun 95-Jun 99:** Consultant in Internal Medicine, 2<sup>nd</sup> Dept of Internal Medicine, General Hospital of Karditsa (Director: Dr A. Koumaditis).

**Jul 99 - Sep 06:** Consultant in Internal Medicine, Diabetes Center, 2<sup>nd</sup> Dept. Of Internal Medicine, Hippokration General Hospital, Thessaloniki (Director: Prof. C. Zampoulis).

**Feb 08 - Feb 11:** President of the Northern Greece Diabetes Association (NGDA)

**Oct 06 - Jan 11:** Lecturer of Internal Medicine – Diabetology, 1<sup>st</sup> Propeudetic Department of Internal Medicine, Medical School, Aristotle University of Thessaloniki, University General Hospital of Thessaloniki “AHEPA”, Director of the Outpatient Diabetic Clinic (Director: Prof. D. Grekas).

**Feb 11-Oct 2018 :** Assistant Professor in Internal Medicine - Diabetology. Director of the outpatient diabetic clinic since 2006. 1<sup>st</sup> Propeudetic Dept. of Internal Medicine, Medical School, Aristotle University Thessaloniki, University General Hospital of Thessaloniki “AHEPA”. (Director: Prof. A. Hatzitolios).

**April 14- May 2021:** Director of the Diabetes Center 1<sup>st</sup> Propeudetic Dept of Internal Medicine, Medical School, Aristotle University of Thessaloniki, University General Hospital of Thessaloniki "AHEPA".

**Oct 2018 - May 2021.** Associate Professor of Internal Medicine Diabetology, 1<sup>st</sup>Propeudetic Department of Internal Medicine, Medical School, Aristotle University of Thessaloniki, University General Hospital of Thessaloniki "AHEPA", Head of the Diabetes Center 1<sup>st</sup> Propeudetic Dept of Internal Medicine, Medical School, Aristotle University Thessaloniki, University General Hospital of Thessaloniki "AHEPA". (Director: Prof. Ch. Savopoulos).

**Oct 2019 – May 2021:** Director of the Postgraduate Educational Program from the Medical School, Aristotle University Thessaloniki, entitled: "*Novel methods and technological developments in Treatment of Diabetes Mellitus*". Sixty (60) students participated during the first two years.

### **Brief Summary of Relevant Clinical Research Experience**

Investigator in 18 International multicenter clinical studies in the field of diabetes mellitus.

Author of 15 chapters in books, 150 original papers and reviews and 200 abstracts, the most of them in the field of diabetes mellitus.

Reviewer for many medical journals mainly in the scientific field of Diabetes Mellitus including Diabetes Care, Diabetologia, Diabetic Medicine, Diabetes Research and Clinical Practice and many others.

Educational leave (Sabbatical) as full time visiting Assistant Professor in the Department of Internal Medicine Division of Endocrinology, Diabetology, Nephrology, Vascular Disease and Clinical Chemistry, University of Tübingen, for a period of 7 months under the direct supervision of Professor H-U Haering

**REWARDS:** Many studies rewarded in meetings of Hellenic Diabetes Association and of Hellenic Association for the Study and Education of Diabetes Mellitus

### **PUBLICATION RECORD**

Hirsch (h) Factor: 23, Citations 2200

### **POSITIONS IN SCIENTIFIC ADVISORY BOARDS**

Feb 08 - Feb 11: President of the Northern Greece Diabetes Association (NGDA)

**Feb 14 - Feb 17:** President of the Northern Greece Diabetes Association (NGDA)

**2006 -2009 and 2017-2019.** Editor in Journal “Hellenic Diabetological Chronicles” published from Hellenic Association for the Study and Education of Diabetes Mellitus (former Northern Greece Diabetes Association)

**2011** Guest Editor in a special issue in the Journal “Diabetes Research and Clinical Practice” Vol 93, Suppl 1, S1-S136 entitled: “Insulin: from its discovery to its role in state-of-the-art management of Diabetes Mellitus”.

Fellow of the European Association for the Study of Diabetes

Fellow of the American Diabetes Association

Fellow of the Neurodiab

**Teaching:** I have been training medical students, interns and residents during their clinical studies in internal medicine since 1992

**Research:** Main research interests: Diabetes Mellitus, Diabetic Neuropathy, Insulin Therapy. I participated in more than 150 studies

### **Some recent publications:**

1. Improvement of metabolic control after 3-month use of real-time continuous glucose monitoring in patients with type 1 diabetes: a multicenter study in Greece.

Eleftheriadou I, Didangelos T, Pappas AC, Anastasiou E, Vasilopoulos C, Zoupas C, Manes C, Tsatsoulis A, Benroubi M, Pangalos E, Thomakos P, Gerasimidi-Vazeou A, Tentolouris N. *Hormones (Athens)*. 2019 Dec;18(4):443-450. doi: 10.1007/s42000-019-00153-1. Epub 2019 Nov 13.

2. Oral Semaglutide Versus Empagliflozin in Patients With Type 2 Diabetes Uncontrolled on Metformin: The PIONEER 2 Trial.

Rodbard HW, Rosenstock J, Canani LH, Deerochanawong C, Gumprecht J, Lindberg SØ, Lingvay I, Søndergaard AL, Treppendahl MB, Montanya E; PIONEER 2 Investigators. *Diabetes Care*. 2019 Dec;42(12):2272-2281

3. Incretin-Based Antihyperglycemic Agents for the Management of Acute Ischemic Stroke in Patients with Diabetes Mellitus: A Review.

Milonas D, Didangelos T, Hatzitolios AI, Tziomalos K.  
*Diabetes Ther*. 2019 Apr;10(2):429-435

4. A Comparative Assessment of Cardiovascular Autonomic Reflex Testing and Cardiac <sup>123</sup>I-Metaiodobenzylguanidine Imaging in Patients with Type 1 Diabetes Mellitus without Complications or Cardiovascular Risk Factors.

Didangelos T, Moralidis E, Karlafti E, Tziomalos K, Margaritidis C, Kontoninas Z, Stergiou I, Boulbou M, Papagianni M, Papanastasiou E, Hatzitolios AI.  
*Int J Endocrinol*. 2018 Mar 12;2018

5. Accelerated healing of a diabetic foot ulcer using autologous stromal vascular fraction suspended in platelet-rich plasma.

Didangelos T, Koliakos G, Kouzi K, Arsos G, Kotzampassi K, Tziomalos K, Karamanos D, Hatzitolios AI. *Regen Med*. 2018 Apr;13(3):277-281

6. Once-Weekly Insulin for Type 2 Diabetes without Previous Insulin Treatment.

Rosenstock J, Bajaj HS, Janež A, Silver R, Begtrup K, Hansen MV, Jia T, Goldenberg R; NN1436-4383 Investigators. *N Engl J Med*. 2020 Nov 26;383(22):2107-2116. doi: 10.1056/NEJMoa2022474. Epub 2020 Sep 22. PMID: 32960514 Clinical Trial.

7. TNF- $\alpha$  pathway and T-cell immunity are activated early during the development of diabetic nephropathy in Type II Diabetes Mellitus.

Lampropoulou IT, Stangou M, Sarafidis P, Gouliovaki A, Giamalis P, Tsouchnikas I, **Didangelos T**, Papagianni A. *Clin Immunol*. 2020 Jun;215:108423. doi: 10.1016/j.clim.2020.108423. Epub 2020 Apr 15. PMID: 32304735

8. Is HbA1c an ideal biomarker of well-controlled diabetes?

Kaiafa G, Veneti S, Polychronopoulos G, Pilalas D, Daios S, Kanellos I, **Didangelos T**, Pagoni S, Savopoulos C. *Postgrad Med J*. 2020 Sep 10;postgradmedj-2020-138756. doi: 10.1136/postgradmedj-2020-138756. Online ahead of print. PMID: 32913038

9. Impact of *Crocus Sativus L.* on Metabolic Profile in Patients with Diabetes Mellitus or Metabolic Syndrome: A Systematic Review.

Giannoulaki P, Kotzakioulafi E, Chourdakis M, Hatzitolios A, **Didangelos T**. *Nutrients*. 2020 May 14;12(5):1424. doi: 10.3390/nu12051424. PMID: 32423173

10. Efficacy and Safety of the Combination of Superoxide Dismutase, Alpha Lipoic Acid, Vitamin B12, and Carnitine for 12 Months in Patients with Diabetic Neuropathy.

**Didangelos T**, Karlafti E, Kotzakioulafi E, Kontoninas Z, Margaritidis C, Giannoulaki P, Kantartzis K. *Nutrients*. 2020 Oct 23;12(11):3254. doi: 10.3390/nu12113254. PMID: 33114210. Clinical Trial.

11. Vitamin B12 Supplementation in Diabetic Neuropathy: A 1-Year, Randomized, Double-Blind, Placebo-Controlled Trial.

**Didangelos T**, Karlafti E, Kotzakioulafi E, Margariti E, Giannoulaki P, Batanis G, Tesfaye S, Kantartzis K. *Nutrients*. 2021 Jan 27;13(2):395. doi: 10.3390/nu13020395. PMID: 33513879

12. Detection and Characterization of Phosphorylation, Glycosylation, and Fatty Acid Bound to Fetuin A in Human Blood.

Kovářová M, Kalbacher H, Peter A, Häring HU, **Didangelos T**, Stefan N, Birkenfeld A, Schleicher E, Kantartzis K. *J Clin Med*. 2021 Jan 22;10(3):411. doi: 10.3390/jcm10030411. PMID: 33499061