

BRIEF CURRICULUM VITAE

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Education

In 1998 I graduated from the Faculty of Medicine, Aristotle University of Thessaloniki (**M.D.**) and in 2005 I was awarded my **Ph.D.** from the Faculty of Medicine, Aristotle University of Thessaloniki.

Residency: In 2006, I was board certified in **Medical Biopathology**.

Visiting/Observer

In 1998 I was an observer in the **Laboratory for Lipid Metabolism, Institute of Clinical Chemistry, Munster, Germany** for training in the electrophoretic investigation of Apolipoprotein E phenotype. From 1998 till 2000 I was specialized in immunofluorescence and ELISA techniques in the **Immunology Department of Microbiology Laboratory, AHEPA University Hospital of Thessaloniki**. In 2007, I visited **George Wright Center** for Biomedical Proteomics, **Eastern Virginia Medical School, Norfolk, Virginia, USA** for two months as an observer in Proteomics. In 2011 till 2013 I was an observer in Laboratory for Inborn Errors of Metabolism, 1st Pediatric Department, Hippokraton Hospital of Thessaloniki, Greece. In 2013, I visited the **Laboratory of Biochemical Genetics St James's Hospital, Leeds**, under a **grant** of the European Research Network for evaluation and improvement of screening, Diagnosis and

treatment of Inherited Disorders of Metabolism (**ERNDIM**), for training in neonatal screening and in urine organic acid chromatography (GC-MS) and interpretation.

Main research activities

My areas of research have been oxidative stress, LDL oxidation, antioxidants, atherosclerosis, biomarkers, cardiovascular disease prevention, obesity, gestational diabetes mellitus, proteomics, gene polymorphisms and epigenetics, Inborn Errors of Metabolism.

Professional Career Milestones

In 2011, I was **elected Lecturer** in Medical Biochemistry, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki. In 2014, I was **appointed Lecturer** in Medical Biochemistry, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki. In 2016, I was **appointed Assistant Professor** in Medical Biochemistry-Clinical Biochemistry, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki. In 2018, I was **elected Head of the Laboratory of Biochemistry**, General Hospital of Thessaloniki "AHEPA", School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki. In 2020, I was **established as Assistant Professor** in Medical Biochemistry-Clinical Biochemistry, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki. In 2021, I was incorporated in **AUSoM Faculty**.

Publications in peer-reviewed journals

- **PubMed:** 50
- **Scopus:** 38
- **Others:** 10

H-index

- **Scopus:** 12, **ResearchGate:** 15, **Google Scholar:** 14

Citations

- **Scopus:** 287, **ResearchGate:** 501, **Google Scholar:** 1508

Chapters in Books: 11