

Christos Savopoulos

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Dr Christos Savopoulos was born in 1965, is married and father of 2 boys. He is Professor of Internal Medicine of Aristotle University of Thessaloniki who is working in 1st Medical Propedeutic Department of Internal Medicine at AHEPA University Hospital. He has graduated Medical School of Aristotle University of Thessaloniki in 1989, has specialized in Internal Medicine receiving his specialist degree in Internal Medicine in 1997 and he continued to serve the Medical School as an Affiliated Clinical and Research Associate in the 1st Propedeutic Dept of Internal Medicine of AHEPA Hospital until his election as Clinical Lecturer in Internal Medicine in 2002. In the year 2001 he received the European Hypertension Specialist degree from European Society of Hypertension, while in 2002 he received his PhD, Medical School, Aristotle University of Thessaloniki, with distinction, after his successful research project on "Sodium-lithium countertransport activity in healthy, dyslipidemic, and hypertensive individuals". After his appointment as Clinical Lecturer in the Medical School of Aristotle University of Thessaloniki in the year 2002, he served Internal Medicine with a special emphasis in the area of the management of Hypertension and the Stroke Unit patients. Since October of 2010 the Medical School decided to offer him the opportunity to further improve his Academic skills having an one year postgraduate appointment as Honorary Visiting Professor in the established and world famous International Centre for Circulatory Health in Imperial College of London at St Mary's Hospital, actively participating in all Clinical and Research activities (Head: Prof Neil Poulter). It was during the same period of time that he was exposed to the Stroke Unit Clinical and Research activities in the Charing Cross Hospital and St Mary's Hospital under the instruction of Dr Diane Ames for a 6 month period. His successful training has been confirmed soon after his return in the Aristotle University of Thessaloniki, where in October of the year 2011 he was one of the principal establishers of a Stroke Unit in the University Hospital of AHEPA, Thessaloniki Greece and thereafter the Head of this Stroke Unit. Under his direction this Unit has started to offer thrombolysis treatment and this happened for the first time in this

hospital. He continues his successful cooperation with International Centre for Circulatory Health in Imperial College of London after his return to Greece as a Honorary Visiting Professor of this Institute.

At present he is Director of 1st Propedeutic Medical Dept of Internal Medicine & Stroke Unit and Clinical Director in the Outpatient Clinic of Internal Medicine, Hypertension, Dyslipidaemia and Obesity.

He presents continuous unsupervised (independent) teaching, undergraduate and postgraduate, he participated in the Science Programme of Work under the Agreement on Scientific Cooperation, Department of International Relations, Aristotle University of Thessaloniki with the University of Varna in Bulgaria, and he delivered two postgraduate courses (hypertension, stroke) after invitation of the Drew Department Prof. Zhaneta Georgieva - Tynaeva. He was awarded even HONORARY DIPLOMA from Varna Rector, Prof Aneliya Klissarova. On the research field he participated, either as principal investigator or as co-investigator to 27 research programs/ projects/protocols/studies -single or multicenter. He is a member of 20 three-member advisory committee of doctoral theses (in the 9 as a supervisor) and he participated in 9 PhD Examination Committees doctoral theses. He is a member of 17 Greek or International Medical Scientific Societies, Associations or Working Groups, in fact founding 4 of them, in 1 of the Board member for 2 consecutive terms in 1 member of audit committee.

His writing and research contribution includes many projects including his doctoral thesis. In particular, apart his doctoral dissertation it includes 271 full paper publications. Of these, 136 are publications in international journals covered by PubMed & Scopus. His authorship also includes the writing of 27 books or book chapters or editorial support in Greek translated chapters of foreign language publications. In addition, 173 lectures and several oral presentations or posters in Greek and international conferences reflect his research and teaching activities. He is a reviewer in 21 Greek and/or International journals, Managing Editor of the Official Journal of Internal Medicine Society of Greece, member of 3 Scientific Committee Conferences, member of the Editorial Board of 1 Greek journal and member of the Editorial Board in 3 International. He participated as Chairman in 63 Round Table in International or Greek Conferences or Scientific Meetings, and also he was a member of the Organizing Committee of 59 Greek or International Conferences or workshops. Also, it worths noting that 5 of his research projects have received honours.